

**A text dump on Paladin Press**

# Contents

<b>Intro</b>	<b>29</b>
#1 . . . . .	29
#2 . . . . .	29
<b>Excerpts from Paladin Press Catalog Vol. 13, No. 5 (~1983)</b>	<b>32</b>
THE COMPLETE BOOK OF INTERNATIONAL SMUGGLING . . .	32
EVERYMAN'S GUIDE TO TAX HAVENS . . . . .	32
THE CONSTRUCTION OF SECRET HIDING PTACF-S . . . . .	33
NEW I.D. IN AMERICA . . . . .	33
DUTY FREE . . . . .	33
SAVE YOUR LICENSE . . . . .	33
IN SEARCH OF GOLD . . . . .	34
THE ARMCHAIR MILLIONAIRE . . . . .	34
PRIVACY . . . . .	34
THE ANARCHIST COOKBOOK . . . . .	35
<b>Excerpts from a Paladin Press Catalog (Unknown Date)</b>	<b>36</b>
PRINCIPLES OF SMALL ARMS . . . . .	36
STONER AUTOMATIC RIFLE . . . . .	36
SILENCERS! . . . . .	36
SILENCERS, SNIPERS & ASSASSINS . . . . .	36
SILENCERSIREPORT1896 . . . . .	37
MAXIM SILENCER CATALOG . . . . .	37
SNIPING & MARKSMANSHIP . . . . .	37
U.S. ARMY SNIPER TRAINING MANUAL . . . . .	37
COMBAT FIRING TECHNIQUES . . . . .	38
INFANTRY TRAINING . . . . .	38
AUTOMATIC RIFLE MARKSMANSHIP . . . . .	38
SNIPING IN FRANCE . . . . .	39
PRINCIPLES OF QUICK KILL . . . . .	39
HITS COUNT! . . . . .	39
COUNTERSNIPER GUIDE. . . . .	39
EXPLOSIVES & DEMO . . . . .	39
UNDERWATER DEMOLITION TEAM MANUAL . . . . .	39

ITALIAN & FRENCH EXPLO- -S-I-V-E—O-R-D NANCE? TM 9-1985-6 . . . . .	40
THE CHEMISTRY OF POWDER & EXPLOSIVES . . . . .	40
EXPLOSIVES AND DEMOLITIONS, FM-5-25, May 1967 . . . . .	40
HI-LOW BOOM . . . . .	40
EXPLOSIVE TRAINS . . . . .	41
UNCONVENTIONAL WARFARE DEVICES AND TECHNIQUES, TM 31-200-1 . . . . .	41
INCENDIARIES, TM 31-201-1 . . . . .	41
CLAYMORE . . . . .	42
SPECIAL FORCES DEMOLITION TECHNIQUES . . . . .	42
BOOBYTRAPS . . . . .	42
TACTICS & SURVIVAL . . . . .	42
FM 20-33 COMBAT FLAME OPERATIONS . . . . .	42
SPECIAL FORCES OPERATIONS, FM 31-21 . . . . .	43
PRINCIPLES OF PERSONAL DEFENSE . . . . .	43
COMBAT IN RUSSIAN FORESTS AND SWAMPS . . . . .	43
FIELD CRAFT, SNIPING, & INTELLIGENCE . . . . .	43
AMBUSH AND COUNTER AMBUSH . . . . .	44
SPECIAL FORCES OPERATIONAL TECHNIQUES, FM 31-20 . . . . .	44
LEADER'S GUIDE FOR OPERATIONS IN SOUTHEAST ASIA. . . . .	44
AFOOT IN THE DESERT . . . . .	44
COMBAT WITHOUT WEAPONS. . . . .	44
BRITISH COMMANDOS . . . . .	45
<i>SPECIAL FORCES HAND- BOOK</i> , ST 31-180 . . . . .	45
BASIC COLD WEATHER MANUAL . . . . .	45
RANGER HANDBOOK . . . . .	45
RANGER MOUNTAIN TECHNIQUES . . . . .	45
PATROLLING AND TRACKING . . . . .	46
URBAN & GUERRILLA WAR . . . . .	46
HANDBOOK FOR THE IRISH REPUBLICAN ARMY . . . . .	46
150 QUESTIONS FOR A GUERRILLA . . . . .	46
TOTAL RESISTANCE . . . . .	46
COUNTERGUERRILLA OPERATIONS, FM-31-6 . . . . .	47
MINI-MANUAL FOR THE URBAN GUERRILLA . . . . .	47
GUERRILLA WARFARE . . . . .	47
WE SHALL FIGHT IN THE STREETS . . . . .	47
MISCELLANEOUS . . . . .	47
SMALL ARMS AMMUNITION IDENTIFICATION GUIDE . . . . .	47
TM 9-2800 MILITARY VEHICLES, Oct. 1947 . . . . .	48
5.10 A ROCK CLIMBER'S ROUTE GUIDE TO BOULDER, COLORADO . . . . .	48

MAP & AERIAL PHOTOGRAPH READING . . . . .	48
DADDY OF 'EM ALL; . . . . .	48
THE TREASURE HUNTER'S MANUAL . . . . .	49
AMMUNITION GENERAL, TM 9-1900, 1956. . . . .	49
UNITED STATES MARTIAL & COLLECTORS ARMS . . . . .	49
THE WEAPONS MERCHANTS . . . . .	49
HOW TO BE A GOOD COMMUNIST . . . . .	49
CLASS B TITLES . . . . .	50
STORE PLANNING FOR RIOT SURVIVAL . . . . .	50
CONTROL OF STUDENT DISORDERS . . . . .	50
RUMORS. . . . .	50
RIOT AND CIVIL EMERGENCY GUIDE FOR CITY AND COUNTY OFFICIALS . . . . .	50
CONFRONTATIONS, RIOTS, URBAN WARFARE . . . . .	50
STURMGEGWEHR 44 (St G 44) . . . . .	50
GENERAL ARTICLE AND PRICE LIST NO. 3. FOR CLOTHING AND EQUIPMENT OF THE SCHUTZ-STAFFELN DER NS- DAP, 1938 . . . . .	51
<b>Paladin Press 2010 Catalog</b>	<b>52</b>
CONTENTS . . . . .	52
NEW TITLES . . . . .	52
WHERE TO FIND US . . . . .	54
PALADIN TURNS 40 . . . . .	54
Martial Arts . . . . .	56
THUNDERSTRIKES . . . . .	56
ULTIMATE COMBAT CONDITIONING: THE VIDEO . . . . .	56
ULTIMATE COMBAT CONDITIONING FOR THE STREET WAR- RIOR by Sensei Mike Reeves and Robert G. Yetman Jr. . . . .	56
POWER BREAKING FOR SPORT AND SELF-DEFENSE . . . . .	57
MEGA-GLADIATOR CONDITIONING AND GLADIATOR CONDI- TIONING COURSE . . . . .	58
SILENT PARTNER . . . . .	58
THE FLOOR BAG WORKOUT . . . . .	59
THE FIGHTER'S VIDEO GUIDE TO HARD-CORE HEAVY BAG TRAINING with Wim Demeere . . . . .	59
THE FIGHTER'S GUIDE TO HARD-CORE HEAVY BAG TRAINING	60
IMPROVISED FLEXIBLE WEAPONS . . . . .	60
COMBAT CONDITIONING The Classic U.S. . . . .	60
EXTREME COMBAT TRAINING W . . . . .	61
SILAT CONCEPTS . . . . .	61
ADVANCED SILAT CONCEPTS . . . . .	61

THE ARGUMENT OF MOVEMENT, PART TWO: . . . . .	62
THE ARGUMENT OF MOVEMENT, PART THREE: . . . . .	63
THE ART AND SCIENCE OF MOOK JONG The Club Set . . . . .	63
THE ART AND SCIENCE OF MOOK JONG . . . . .	64
THE ART AND SCIENCE OF MOOK JONG The Blade Set . . . . .	64
THE MOOK JONG SLAM SET Dynamic Wooden Dummy Training for All Martial Artists with Sifu Joseph Simonet & Addy Hernandez	65
MUAY THAI INTEGRATES THE USE OF LEGS AND FISTS IN ONE CLEAN, FLUID, YET SAVAGE STYLE. . . . .	66
MUAY THAI KICKBOXING . . . . .	66
FIGHTING SECRETS OF MUAY THAI The Art and Science of Thai Kickboxing, Vols. 1-3 with Bob Carver . . . . .	66
SECRETS OF HARIMAU . . . . .	66
BURMESE BOXING . . . . .	67
THE ULTIMATE STREETFIGHTER . . . . .	67
SPEED TRAINING . . . . .	67
THE ENCYCLOPEDIA OF DIM-MAK The Main Meridians . . . . .	68
THE ENCYCLOPEDIA OF DIM-MAK . . . . .	68
DIM-MAK'S 12 MOST DEADLY KATAS . . . . .	68
ULTIMATE DIM-MAK How to Fight a Grappler and Win . . . . .	68
SECRETS OF DIM-MAK . . . . .	68
SPEED TRAINING: Speed THE VIDEO . . . . .	69
TRAINING Developing . . . . .	69
Maximum Speed in Martial Arts Training with Loren W. Christensen . . . . .	69
ADVANCED DIM-MAK . . . . .	69
The Finer Points of Death-Point Striking . . . . .	69
DIM-MAK Death-Point Striking . . . . .	69
FIGHTING POWER . . . . .	70
STREET CHIN NA . . . . .	70
KYUSHO JUTSU STREET FIGHTING Practical Applications of Nerve-Attack Methods . . . . .	71
KYUSHO JUTSU FOR LAW ENFORCEMENT . . . . .	71
KELLY McCANN'S CRUCIBLE HIGH-RISK ENVIRONMENT TRAINING, VOLUME THREE . . . . .	71
COMBATIVE CONDITIONING . . . . .	71
; THE ENTIRE 6-VOLUME KELLY McCANN'S CRUCIBLE . . . . .	72
Keith O fetes 7tk Degree Black Belt . . . . .	72
THE COMPLETE BOOK OF TAEKWON DO FORMS . . . . .	72
EXTREME SHOOTFIGHTING . . . . .	72
PAD MAN . . . . .	72
GUGE GONGJI . . . . .	73

DRAGON'S TOUCH . . . . .	73
COMBAT SANSHOU: THE PUNISHING CHINESE FIGHTING ART	73
ADVANCED DRAGON'S TOUCH . . . . .	73
PART TWO: KICKING . . . . .	74
PART THREE: TAKEDOWNS, THROWS, AND FINISHING MOVES	74
BEYOND KENPO . . . . .	75
KATA BUNKAI . . . . .	75
DEATH TOUCH . . . . .	75
THE ANCIENT ART . . . . .	76
DEFENSE DANS LA RUE . . . . .	76
THE BLACK SCIENCE . . . . .	76
CUTTING TARGETS WITH THE JAPANESE SWORD . . . . .	77
EXPLORE THE DIVERSE ASPECTS OF JAPANESE STRATEGY INCLUDING IN-YO, MICHI, KI AND SUTEMI. . . . .	77
THE WAY AND THE POWER Secrets of Japanese Strategy by Fredrick J. Lovret . . . . .	77
PRESSURE POINT JUJITSU . . . . .	77
THE FIGHTING FORMS OF KUNTAO-SILAT . . . . .	78
FIGHTING ARTS OF INDONESIA . . . . .	78
THE FIGHTING FOOTWORK OF KUNTAO AND SILAT, VOL- UMES 1-4 . . . . .	79
INDONESIAN FIGHTING FUNDAMENTALS . . . . .	79
T.A.C.S.A.F.E. . . . .	80
FILIPINO KUNTAO . . . . .	80
PUKULAN PENTJAK SILAT . . . . .	80
HAPKIDO CANE . . . . .	80
SECRETS OF PANGAMOT . . . . .	81
CRASHING THE LINES . . . . .	81
CUTTING THE LINES . . . . .	81
SECRETS OF LIGHTNING SCIENTIFIC ARNIS . . . . .	81
BEYOND BRAZILIAN JUJITSU II . . . . .	83
BEYOND BRAZILIAN JUJITSU . . . . .	83
THE SUBMISSION ENCYCLOPEDIA, VOL. 1 . . . . .	84
THE COMPLETE GRAPPLER . . . . .	84
BELOW THE BELT . . . . .	85
THE ABCs OF NHB . . . . .	85
VOLUME 1: EXTREME BOXINGCHAIN DRILLS . . . . .	86
BUSTING THE LEGS . . . . .	86
CLEAN SWEEPS . . . . .	87
NO HOLDS BARRED FIGHTING . . . . .	87
MORE NO HOLDS BARRED FIGHTING . . . . .	87
ONE STRIKE, ONE KILL . . . . .	87

KISSAKI-KAI KARATE-DO . . . . .	88
THE LIFE AND LEGACY OF FRANK GOTCH . . . . .	88
WRESTLING BY FRANK GOTCH, WORLD’S CHAMPION . . . . .	88
CATCH WRESTLING . . . . .	89
CHAMPIONSHIP STREETFIGHTING . . . . .	89
CHAMPIONSHIP . . . . .	89
THE SAVAGE SCIENCE OF STREETFIGHTING . . . . .	90
THE SANDOW-LEWIS LIBRARY . . . . .	90
DOWN BUT NOT OUT . . . . .	90
DYNAMIC CHUX . . . . .	90
STREET SAMBO . . . . .	91
AMERICAN COMBAT JUDO . . . . .	91
THE COMPLETE PUGILIST . . . . .	92
ARMOR PLATED . . . . .	92
SAVAGE STRIKES . . . . .	93
BOXING MASTERY . . . . .	93
STREETFIGHTING ESSENTIALS . . . . .	94
MASTERS AND STYLES . . . . .	94
SECRETS OF PANKRATION . . . . .	94
Volume 1: KI Fighting Concepts with Joseph Simonet & Addy Hernandez	94
Volume 2: Jeet Kune Do Unlimited with Burton Richardson . . . . .	94
Volume 3: Doce Pares Eskrima with Christopher Petrilli . . . . .	94
WATER AND STEEL . . . . .	95
LA CANNE . . . . .	95
CHOKE ’EM OUT . . . . .	95
HOMEMADE MARTIAL ARTS TRAINING EQUIPMENT . . . . .	95
Self-Defense . . . . .	96
KEEP YOUR PIECE . . . . .	96
STREET KRAV MAGA . . . . .	97
DUELING WITH THE SWORD AND PISTOL . . . . .	97
MARTIAL CANE CONCEPTS . . . . .	98
ONE AGAINST MANY MOSS . . . . .	98
The World’s Deadliest Combatants throughout the Ages . . . . .	98
THE “WALKING STICK” METHOD OF SELF-DEFENCE . . . . .	98
BROADSWORD AND SINGLESTICK . . . . .	99
MORE OF THE DEADLIEST MEN WHO EVER LIVED . . . . .	99
STREET STICK COMBAT . . . . .	99
THE BRUTAL ART OF RIPPING, POKING, AND PRESSING VI-	
TAL TARGETS: THE VIDEO . . . . .	100
REAL WORLD SELF-DEFENSE . . . . .	101
ALL ENEMIES FOREIGN AND DOMESTIC . . . . .	101
SELF-DEFENSE BY CHARLES C. NELSON . . . . .	101

CHARLES NELSON'S SCHOOL OF SELF-DEFENSE . . . . .	102
KELLY McCANN'S CRUCIBLE HIGH-RISK . . . . .	102
VOLUME SIX . . . . .	102
GROUND KEM-'BA-TIVZ . . . . .	102
Street Solutions to Common MMA Set-Ups with Kelly McCann . . . . .	102
JIM GROVER'S SITUATIONAL "SELF-OFFENSE" . . . . .	103
COLLAPSIBLE BATON TACTICS . . . . .	103
the Combative . . . . .	103
JIM GROVER'S SITUATIONAL "SELF-OFFENSE" . . . . .	104
STREET SMARTS, FIREARMS, AND PERSONAL SECURITY Jim Grover's Guide to Staying Alive and Avoiding Crime in the Real World . . . . .	104
MINIMUM DAMAGE, MAXIMUM EFFECT . . . . .	104
COMBATIVES FOR STREET SURVIVAL . . . . .	104
Hard-Core Countermeasures for High-Risk Situations . . . . .	104
THE DIRTY DOZEN . . . . .	105
12 Nasty Fighting Techniques for Any Self-Defense Situation by Larry Jordan . . . . .	105
SURVIVAL DRIVING . . . . .	105
Staying Alive on the World's Most Dangerous Roads by Robert H. Deatherage Jr. . . . .	105
THE TACTICAL SKILLS OF HAND-TO-HAND COMBAT by Bradley J. Steiner . . . . .	106
SURVIVING A SCHOOL SHOOTING . . . . .	106
SURVIVING WORKPLACE VIOLENCE . . . . .	107
BARROOM BRAWLING . . . . .	108
Dealing with the Sucker Puncher, Streetfighter, and Ambusher . . . . .	108
UP CLOSE AND PERSONAL . . . . .	108
Fighting from the Clinch with Richard Nance and David Hallford . . . . .	108
STREET E & E Evading, Escaping, and Other Ways to Save Your Ass When Things Get Ugly . . . . .	108
A PROFESSIONAL'S GUIDE TO . . . . .	108
VIOLENCE, BLUNDERS, AND FRACTURED JAWS . . . . .	109
Advanced Awareness Techniques and Street Etiquette . . . . .	109
TAKING IT TO THE STREET . . . . .	109
Making Your Martial Art Street Effective . . . . .	109
SAFE IN THE STREET . . . . .	109
How to Recognize and Avoid Violent Street Crime . . . . .	109
(UN)ARMED AND DANGEROUS: EMPTY-HAND TACTICS AGAINST THE . . . . .	109
STREET COMBAT . . . . .	110

SIX SECONDS OF CONTROLLED INSANITY Fight-Stopping Techniques for Real Combat with Joseph Simonet and Addy Hernandez	110
See the Martial Arts and Knives & Knife Fighting sections for more titles from Simonet and Hernandez.	110
BLACK MEDICINE I The Dark Art of Death	110
BLACK MEDICINE III Low Blows	111
BLACK MEDICINE: THE VIDEO Vital Targets, Maximum Punishment with Peyton Quinn and Mike Haynack	111
THE MOMENT OF TRUTH How to Physically, Mentally, and Legally Survive a Street Fight with Luciano Silveira	111
WOMEN'S STREET COMBAT Predator Defense and Rape Prevention with Kimber Johnson	112
TURNING FEAR INTO POWER How to Prevail in Verbal Confrontations	112
THE MISSING LINK Self-Protection Through Awareness, Avoidance, and De-Escalation	112
FIERCE AND FEMALE Practical Rape Defense Tactics for Every Woman with Melissa Soalt, aka Dr. Ruthless®	112
FIGHT LIKE A GIRL A Woman's Guide to Transforming Cardio Kickboxing into Effective Self-Defense with Addy Hernandez	113
DEAD OR ALIVE: THE CHOICE IS YOURS The Definitive Self-Protection Handbook by Geoff Thompson	113
FIGHT MEDICINE Diagnosis and Treatment of Combat Sports Injuries for Boxing, Wrestling, and Mixed Martial Arts by Dr. Michael Kelly, D.O.	114
STRICTLY STREET STUFF	114
LIGHT HIM UP! Flashlight in Self-Defense with Steve Materkowski	114
FLASHLIGHT FIGHTING How to Make Your Pocket Flashlight a Take-Anywhere Self-Defense Weapon by Phil Elmore	114
I[[ <a href="https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/Flashlight_Fighting_Set/New_Product_Sets">https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/Flashlight_Fighting_Set/New_Product_Sets</a> ]] #FLSETDVD ]]\$22.50	115
BOB KASPER'S INDIVIDUAL CLOSE COMBAT Volume 1: Principles and Tactics, Volume 2: Stance and Movement by Bob Kasper; foreword by Kelly McCann	115
DESTROY, TRAP, LOCK	115

Secrets of Limb Destruction, Trapping, and Joint Locking with Datu Kelly S. Worden . . . . .	115
FIREARM ACQUISITION TACTICS with Rich Nance and David Hallford . . . . .	116
TACTICAL BATON . . . . .	116
Knives & Knife Fighting . . . . .	116
THE FIGHTING TOMAHAWK, VOLUME II . . . . .	116
THE FIGHTING TOMAHAWK An Illustrated Guide to Using the Tomahawk and Long Knife as Weapons . . . . .	117
THE FIGHTING TOMAHAWK THE VIDEO . . . . .	117
THE FIGHTING TOMAHAWK: . . . . .	117
THE VIDEO . . . . .	117
THE FIGHTING SWORD . . . . .	118
Illustrated Techniques and Concepts . . . . .	118
<sup>1</sup> For retail sales only. . . . .	119
ADVANCED BOWIE TECHNIQUES . . . . .	119
The Finer Points of Fighting with a Large Knife . . . . .	119
SLASHING THE LINES Deadly Techniques of Filipino Knife Combat with Christopher J. Petrilli . . . . .	119
AMERICAN SWORDMAKERS . . . . .	120
GERMAN SWORDS AND SWORD MAKERS by Richard H. Bezdek . . . . .	120
AMERICAN SWORDS AND SWORD MAKERS, VOL. II by Richard H. Bezdek . . . . .	120
AMERICAN SWORDMAKERS AND j AMERICAN SWORD AND SWORD j . . . . .	121
j MAKERS, VOL. II j . . . . .	121
j[[ <a href="https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/American_Swordmakers_Set/Sword_Guides_and_Making">https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/American_Swordmakers_Set/Sword_Guides_and_Making</a> ]] #ASWDSET ]]\$67.50 j . . . . .	121
For retail sales only. . . . .	121
SWORDS OF THE AMERICAN CIVIL WAR by Richard H. Bezdek . . . . .	121
Bezdek . . . . .	121
SWORDS AND SWORD MAKERS OF ENGLAND AND SCOTLAND . . . . .	121
THE MODERN SWORDSMAN . . . . .	122
Realistic Training for Serious Self-Defense by Fred Hutchinson . . . . .	122
THE LOVELESS LEGEND . . . . .	122
How to Make Custom Knives with R.W. Loveless and Jim Merritt . . . . .	122
KELLY McCANN'S CRUCIBLE HIGH-RISK ENVIRONMENT TRAINING, VOLUME ONE . . . . .	122
KEM-'BA-TIV KNIFE . . . . .	122
i THE ENTIRE 6-VOLUME KELLY . . . . .	123
McCANN'S CRUCIBLE I . . . . .	123

HIGH-RISK ENVIRONMENT TRAINING SET I [[ <a href="https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/Kelly_McCanns_Crucible_High-Risk_Environment_Training_Handguns">https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/Kelly_McCanns_Crucible_High-Risk_Environment_Training_Handguns</a> ]] #HRESETDVD ]]	7-Disc Set: \$249.00 . . . . .	123
CONNECTING THE SYSTEMS . . . . .		123
Combat Line Progressive Blade with Datu Kelly S. Worden . . . . .		123
VOLUME TWO: LONG BLADE FIGHTING . . . . .		123
PRACTICAL KNIFE FIGHTING . . . . .		123
FOR PERSONAL PROTECTION . . . . .		123
Vol. 1: Vital Concepts and Techniques . . . . .		123
Vol. 2:Advanced Concepts and Techniques . . . . .		123
VOLUME ONE: UNARMED . . . . .		124
URBAN KNIFE WARFARE . . . . .		124
Edged Weapon Combat for Military Personnel and Defense-Minded Civilians . . . . .		124
VOLUME 3: BLADE AGAINST BLADE [[ <a href="https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/21st_Century_Knife_Combat_Set/Knife_and_sword_Fighting">https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/21st_Century_Knife_Combat_Set/Knife_and_sword_Fighting</a> ]][#TFCSETDVD]		
BASIC MANUAL OF KNIFE FIGHTING by William L. Cassidy . . . . .		125
THE COMPLETE BOOK OF KNIFE FIGHTING by William L. Cassidy . . . . .		126
THE COMPLETE BLADESMITH . . . . .		126
Forging Your Way to Perfection . . . . .		126
How to Create Pattern-Welded Blades . . . . .		126
MASTER . . . . .		126
OF THE BLADE Secrets of the Deadly Art of Knife Fighting by Richard Ryan . . . . .		126
THE PATTERN- WELDED BLADE by Jim Hrisoulas . . . . .		127
HOME WORKSHOP KNIFEMAKING Making Utility and Defensive Knives on a Budget with Wally Hayes . . . . .		127
SECRETS OF SILAT . . . . .		127
Knife Fighting . . . . .		127
Techniques of Silat and Kuntao with Steve Gartin . . . . .		127
THE . . . . .		127
LEADING EDGE . . . . .		127
KATANA A Modern Craftsman’s Guide to Making a Japanese Sword with Wally Hayes . . . . .		128
KNIVES, KNIFE FIGHTING, AND RELATED HASSLES . . . . .		128
How to Survive a Real Knife Fight by Marc “Animal” MacYoung . . . . .		128
FIGHTING FOLDERS . . . . .		128
The Definitive Guide to Personal Defense . . . . .		128
Knives . . . . .		128

ADVANCED FIGHTING FOLDERS . . . . .	128
State-of-the-Art Training and Tactics for the Defensive Use of Tactical Folding Knives . . . . .	128
MASTERING FIGHTING FOLDERS . . . . .	129
Secrets of Reverse Grip Knife Fighting and Advanced Folding Knife Tactics	129
MAKING IT STICK How to Throw Edged and Improvised Weapons for Sport and Self-Defense . . . . .	129
MASTERING THE BALISONG KNIFE Revised . . . . .	129
and Updated . . . . .	129
COUNTER-BLADE CONCEPTS . . . . .	130
Realistic Empty-Hand Tactics . . . . .	130
KNIFE FIGHTING . . . . .	130
COMBAT KNIFE THROWING: THE VIDEO with Ralph Thorn . . .	130
COMBAT KNIFE THROWING . . . . .	131
LEGACY OF STEEL An Exclusive Look at James Keating’s Riddle of Steel Training Camp with James Keating Get an exclusive look at the 10 <sup>th</sup> anniversary Riddle of Steel, a four-day camp . . . . .	131
DEATH FROM THE SHADOWS . . . . .	131
Techniques of Sentry Stalking and Silent Elimination with Greg Walker	131
MANUAL OF THE BARATERO or the Art of Handling the Navaja, the Knife, and the Scissors of the Gypsies . . . . .	132
translated by James Loriega . . . . .	132
CONTEMPORARY KNIFE TARGETING Modern Science vs. W.E. Fairbairn’s Timetable of Death . . . . .	132
THE REALITY OF EDGED WEAPONS Life-Saving Tactics for Fight- ing with and against Edged Weapons . . . . .	132
DRAWPOINT VOLUME ONE . . . . .	132
DRAWPOINT VOLUME TWO . . . . .	133
DRAWPOINT VOLUME THREE Reverse-Grip Knife Fighting Strate- gies with James A. Keating . . . . .	133
BOB KASPER’S STING OF THE SCORPION A Fundamental Guide to Knife Combat by Bob Kasper; foreword by Kelly McCann . .	134
KNIVES OF WAR An International Guide to Military Knives from World War I to the Present by Gordon Hughes, Barry Jenkins, and . . . . .	134
Robert A. Buerlein . . . . .	134
ALLIED MILITARY FIGHTING KNIVES . . . . .	135
BALISONG The Lethal Art of Filipino Knife Fighting by Sid Campbell, Sonny Umpad and Gary Cagaanan . . . . .	135
Survival & Self-Reliance . . . . .	135
COMBAT FIRST AID . . . . .	135
MISSION-ESSENTIAL OFF-ROAD DRIVING with Chad Morman . .	136

KELLY McCANN'S CRUCIBLE HIGH-RISK ENVIRONMENT	
TRAINING SET . . . . .	136
WILDERNESS . . . . .	136
EVASION . . . . .	136
WILDERNESS EVASION . . . . .	136
LONG-TERM SURVIVAL IN THE COMING DARK AGE Preparing to Live after Society Crumbles by James Ballou; foreword by Ragnar Benson . . . . .	137
TOUGH TIMES SURVIVAL GUIDE, VOLUME 1 AND VOLUME 2 .	138
MAKING DO VOLUME ONE The Poor Man's Forge with Jason Hawk	139
TOUGH TIMES SURVIVAL GUIDE: VOLUME 2 . . . . .	139
☒ PALADIN BEST-SELLER ☒ . . . . .	140
TACTICAL MEDICINE . . . . .	140
An Introduction to Law Enforcement . . . . .	140
U.S. ARMY SPECIAL . . . . .	140
FORCES MEDICAL HANDBOOK . . . . .	140
SELF-RELIANCE DURING NATURAL DISASTERS AND CIVIL UNREST How to Handle Fires, Search and Rescue, and Other EmergencyResponse Situations on Your Own by George R. Bradford . . . . .	140
Emergency Care by Ian McDevitt . . . . .	140
PVC PROJECTS FOR THE OUTDOORSMAN . . . . .	141
SURVIVAL & SELF-RELIANCE . . . . .	141
MORE PVC PROJECTS FOR THE OUTDOORSMAN Building In- expensive Shelters, Hunting and Fishing Gear, and More Out of Plastic Pipe by Tom Forbes . . . . .	141
GOOD BOOZE RECIPE . . . . .	141
AND COOKBOOK . . . . .	141
DITCH MEDICINE Advanced Field Procedures for Emergencies by Hugh L. Coffee . . . . .	142
BUILDING A LOG CABIN RETREAT . . . . .	142
SURVIVAL . . . . .	142
DITCH MEDICINE: THE VIDEO SERIES Volume 1: Emergency In- travenous Therapy with Hugh L. Coffee . . . . .	142
DITCH MEDICINE.-THE VIDEO SERIES . . . . .	143
STARTING A NEW LIFE IN RURAL AMERICA . . . . .	143
21 Things You Need to Know Before You Make Your Move . . . . .	143
LIVE OFF THE LAND IN THE CITY AND COUNTRY . . . . .	143
NURSE . . . . .	143
THE SURVIVAL NURSE Running an Emergency Nursing Station . . .	143
RAGNAR'S TEN BEST TRAPS . . . . .	144
And a Few Others That Are Damn Good, Too . . . . .	144

DO-IT-YOURSELF MEDICINE . . . . .	144
How to Find and Use the Most Effective . . . . .	144
Antibiotics, Painkillers, Anesthetics, and . . . . .	144
Doctors' Prescriptions or Hospitals . . . . .	144
THE SURVIVAL RETREAT . . . . .	144
THE MODERN SURVIVAL RETREAT . . . . .	145
EATING CHEAP by Ragnar Benson . . . . .	145
SURVIVALIST'S MEDICINE CHEST . . . . .	145
MEDICINE CHEST . . . . .	145
RAGNAR BENSON . . . . .	145
DO-IT-YOURSELF MEDICINE AND . . . . .	145
For retail sales only. [ . . . . .	145
Survival Poaching was the first of Ragnar Benson's 42 Paladin books — 22 of which are still in print! Survival Poaching is Ragnar's best-selling title. . . . .	146
RAGNAR'S URBAN SURVIVAL . . . . .	146
THE WILD AND FREE COOKBOOK with a Special Roadkill Section by Tom Squier . . . . .	146
SHOESTRING SURVIVALISM . . . . .	146
How to Prepare for Bad Times on a Budget by Andy James . . . . .	146
HOW TO BURY YOUR GOODS The Complete Manual of LongTerm Underground Storage by Eddie the Wire . . . . .	147
FUGITIVE . . . . .	147
How to Run, Hide, and Survive . . . . .	147
CRITTER CONTROL . . . . .	147
THE INTERNET GUIDE TO SURVIVAL AND SELF-RELIANCE More Than 300 Web Sites to Help You Live Better, Live Cheaper, and Survive When Things Get Tough by Rich Gray . . . . .	148
4-WHEEL FREEDOM . . . . .	148
The Art of OffRoad Driving, Revised and Updated by Brad DeLong . . . . .	148
ADVANCED FUGITIVE . . . . .	148
Running, Hiding, Surviving, and Thriving Forever . . . . .	148
LIFE AFTER DOOMSDAY by Bruce D. Clayton, Ph.D. . . . .	149
TAPPAN ON SURVIVAL by Mel Tappan; new foreword by Bruce Clayton Life After Doomsday is the classic survival text of the Cold War era. It has been in print since 1980. . . . .	149
LIVING SAFELY IN DANGEROUS TIMES Defending Yourself and . . . . .	149
TERROR AT BESLAN . . . . .	149
Check out other Kelly McCann titles in the Combat Shooting, Self- Defense and Knives & Knife Fighting sections. . . . .	150

THE EXTREME SURVIVAL ALMANAC Everything You Need to Know to Live Through a Shipwreck, Plane Crash, or Any Outdoor Crisis Imaginable . . . . .	150
INTO THE PRIMITIVE Advanced Trapping Techniques by Dale Martin	150
THE TRAPPER'S BIBLE Traps, Snares, and Pathguards by Dale Martin	150
THE CONCERNED CITIZEN'S GUIDE TO SURVIVING NUCLEAR, BIOLOGICAL, AND CHEMICAL TERRORIST ATTACK . . .	151
THE CITIZEN'S GUIDE TO STOPPING . . . . .	151
LIVING WITH TERRORISM . . . . .	151
SUICIDE ATTACKERS . . . . .	151
EXTREME SELF-DEFENSE . . . . .	151
COUNTERAMBUSH DRIVING SKILLS . . . . .	152
AND EVASION TECHNIQUES . . . . .	152
TIDE OF TERROR America, Islamic Extremism, and the War on Terror by Carl Hammer . . . . .	152
Historical Arms & Combat . . . . .	152
HIGHLAND WEAPONS . . . . .	152
HIGHLAND MARTIAL CULTURE The Fighting Heritage of Scotland by Christopher Scott Thompson . . . . .	153
HIGHLAND KNIFE FIGHTING . . . . .	153
LESSONS ON THE ENGLISH LONGSWORD by Brandon P. Heslop & Benjamin G. Bradak . . . . .	153
HIGHLAND MARTIAL CULTURE AND . . . . .	154
POLEARMS OF PAULUS HECTOR MAIR . . . . .	154
THE ART OF MAIL ARMOR . . . . .	154
How to Make Your Own by Mary Brewer . . . . .	154
SIGMUND RINGECK'S KNIGHTLY ART . . . . .	155
OF THE LONGSWORD . . . . .	155
SIGMUND RINGECK'S . . . . .	155
KNIGHTLY ARTS OF COMBAT Sword-and-Buckler Fighting, Wrestling, and Fighting in Armor by David Lindholm and Peter Svard . . . . .	155
KNIGHTLY DUELING . . . . .	155
The Fighting Arts of German Chivalry by Jeffrey Hull, with Monika Maziarz and Grzegorz Zabinski . . . . .	155
THE ARMORER'S WORKSHOP, VOLS. 1 & 2 Volume 1: A Step-by-Step Guide to Making a Medieval Great Helm . . . . .	156
Volume 2: A Step-by-Step Guide to Making Hourglass Gauntlets . . . . .	156
I[[ <a href="https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/The_Armorers_Workshop_Set/Sword_Guides_and_Making">https://web.archive.org/web/20170201153457/http://www.paladinpress.com/product/The_Armorers_Workshop_Set/Sword_Guides_and_Making</a> ]]	
Both volumes come with full-scale patterns. Color, approx. 375 min. . . . .	156

THE DUELING SWORD by Claude La Marche; translated by Brian House . . . . .	156
TECHNIQUES OF MEDIEVAL ARMOUR REPRODUCTION . . . . .	157
The 14 <sup>th</sup> Century by Brian R. Price . . . . .	157
MEDIEVAL AND RENAISSANCE DAGGER COMBAT . . . . .	157
THE SINGLE SWORD . . . . .	157
OF HENRY DE SAINT-DIDIER . . . . .	157
MASTER OF DEFENCE . . . . .	158
The Works of George Silver by Paul Wagner . . . . .	158
Police Science . . . . .	158
MICRONESIAN BLUES . . . . .	158
EXECUTIVE PROTECTION . . . . .	159
MODERN BOUNTY HUNTING . . . . .	159
BEHIND PRISON WALLS . . . . .	159
HOOKERS, TRICKS, AND COPS . . . . .	159
RIOT PREVENTION AND CONTROL . . . . .	160
Police Science . . . . .	161
Death Investigator's Handbook . . . . .	161
HOW TO BECOME . . . . .	162
A PROFESSIONAL CON ARTIST by Dennis M. Marlock . . . . .	162
SURVIVING STREET PATROL by Steve Albrecht; . . . . .	162
GANGS AND THE IR TATTOOS . . . . .	163
GANG INVESTIGATOR'S HANDBOOK A Law-Enforcement Guide to Identifying and Combating Violent Street Gangs by Matthew David O'Deane, Ph.D. . . . .	163
GANG . . . . .	163
INTELLIGENCE MANUAL . . . . .	163
Identifying and Understanding Modern-Day Violent Gangs in the United States by Bill Valentine . . . . .	163
INTERROGATION . . . . .	164
Techniques and Tricks to Secure Evidence . . . . .	164
SWAT LEADERSHIP . . . . .	164
AND TACTICAL PLANNING . . . . .	164
SWAT BATTLE TACTICS by Pat Cascio and John McSweeney . . . . .	164
PRACTICAL HAND-TO-HAND COMBAT FOR THE POLICE OF- FICER with C.J. Caracci . . . . .	164
RURAL SURVEILLANCE . . . . .	165
LICENSE TO STEAL Traveling Con Artists: Their Games, Their Rules — Your Money by Dennis Marlock and John Dowling . . . . .	165
DEADLY FORCE ENCOUNTERS . . . . .	165
RESTRAINT . . . . .	165
AND CONTROL STRATEGIES . . . . .	165

RIOT . . . . .	166
Firearms . . . . .	166
THE WORLD'S ASSAULT RIFLES . . . . .	166
POOR MAN'S SCOUT RIFLE Revised and Updated by Bob Cashner .	167
THE OFFICIAL SOVIET MOSIN-NAGANT SNIPER RIFLE MANUAL	168
THE OFFICIAL SOVIET AK-74 MANUAL . . . . .	169
LETTERS FROM ELMER KEITH . . . . .	169
THE OFFICIAL SOVIET AKM MANUAL . . . . .	169
THE COMPLETE . . . . .	170
AR- 15/M16 SOURCEBOOK . . . . .	170
THE OFFICIAL SOVIET SVD MANUAL . . . . .	170
THE OFFICIAL SOVIET MOSIN- NAGANT RIFLE MANUAL . . . .	170
j THE COMPLETE AR-15/M16 SOURCE- j . . . . .	170
j BOOK AND THE TACTICAL AR-15 j . . . . .	170
For retail sales only. [ . . . . .	171
IKJNCAN LONG . . . . .	171
THE RUGER .22 . . . . .	171
AUTOMATIC PISTOL . . . . .	171
THE 100 GREATEST COMBAT PISTOLS Hands-On Tests and Eval- uations of Handguns from Around the World by Timothy J. Mullin	171
THE MINI-14 . . . . .	171
The Plinker, Hunter, Assault, and Everything Else Rifle . . . . .	171
THE ART OF THE RIFLE Special Color Edition . . . . .	172
FIREWORKS . . . . .	172
TO HIDE. . . . .	173
SHOOT STRRIGHT. . . . .	173
RNOSPERH . . . . .	173
THETRUTH . . . . .	173
TO RIDE, SHOOT STRAIGHT, AND SPEAKTHETRUTH . . . . .	173
THE CLASSIC M1 GARAND An Ongoing Legacy for Shooters and Collectors . . . . .	173
THETACTICAL 1911 . . . . .	173
The Street Cop's and SWAT Operator's Guide to Employment and Maintenance by Dave Lauck . . . . .	173
THE TACTICAL AR-15 . . . . .	174
High-Performance Techniques for Police, Military, and Practical Shoot- ers by Dave M. Lauck and Paul W. Hantke . . . . .	174
THE COMPLETE M1 GARAND . . . . .	174
AVTOMAT KALASHNIKOVA . . . . .	174
The AK-47/AKM Assault Rifles with Clark E. Hodges . . . . .	174
LIVING WITH THE BIG .50 The Shooter's Guide to the World's Most Powerful Rifle . . . . .	175

LIVING WITH THE AR-15 . . . . .	175
The Complete Guide to the World's Most Versatile Rifle for Civilians . . . . .	175
LIVING WITH THE 1911 . . . . .	175
LIVING WITH GLOCKS . . . . .	176
KELLY McCANN'S CRUCIBLE HIGH-RISK ENVIRONMENT TRAINING, VOLUME TWO . . . . .	176
POCKET PISTOLS . . . . .	176
THE WORKBENCH AR-15 PROJECT A Step-by-Step Guide to Building Your Own . . . . .	176
Legal AR-15 without Paperwork by D.A. Hanks . . . . .	176
HOMEMADE GUNS AND HOMEMADE AMMO by Ronald B. Brown	177
FULL-AUTO CONVERSION OF THE SKS RIFLE by Powder Burns . . . . .	177
THE DO-IT-YOURSELF GUNPOWDER COOKBOOK by Don McLean	177
Firearms in Desperate Times . . . . .	177
THE ULTIMATE RUGER 10/22 MANUAL AND USER'S GUIDE by Mark White . . . . .	177
A DO-IT-YOURSELF SUBMACHINE GUN It's Homemade, 9mm, Lightweight, Durable—and It'll Never Be on Any Import Ban Lists! . . . . .	178
HOME WORKSHOP GUNS FOR . . . . .	178
DEFENSE AND RESISTANCE . . . . .	178
Vol. IV, The 9mm Machine Pistol . . . . .	178
THE .50-CALIBER . . . . .	178
RIFLE CONSTRUCTION MANUAL . . . . .	178
HOME WORKSHOP GUNS FOR DEFENSE AND RESISTANCE Vol. I, The . . . . .	178
Submachine Gun . . . . .	178
HOME WORKSHOP GUNS FOR DEFENSE AND RESISTANCE . . . . .	179
Vol. II, The Handgun . . . . .	179
HOME WORKSHOP GUNS FOR . . . . .	179
DEFENSE AND RESISTANCE . . . . .	179
Vol. V, The AR-15/M16 . . . . .	179
HOME WORKSHOP GUNS FOR DEFENSE AND RESISTANCE Vol. III, The .22 Machine Pistol . . . . .	179
THE HOME WORKSHOP . . . . .	179
HOME WORKSHOP GUNS FOR . . . . .	180
DEFENSE AND RESISTANCE SET . . . . .	180
HOME WORKSHOP PROTOTYPE FIREARMS How to Design, Build, and Sell Your Own Small Arms . . . . .	180
A MASTER GUNMAKER'S GUIDE . . . . .	180
TO BUILDING BOLT-ACTION RIFLES . . . . .	180

THE .50-CALIBER RIFLE CONSTRUCTION MANUAL AND THE HOME WORKSHOP .50-CALIBER SNIPER RIFLE [[https:// /web.archive.org/web/20170201153457/http://www.paladin- press.com/product/50-Caliber_Sniper_Rifle_Set/Firearms]][#RCMKITDVD ]]\$41.00 . . . . .	180
HOME WORKSHOP WEAPONRY . . . . .	181
MILITARY SCIENCE . . . . .	181
MIKE HOARE'S ADVENTURES IN AFRICA by Mike Hoare . . . . .	181
CONGO MERCENARY by Mike Hoare . . . . .	182
THE ROAD TO KALAMATA A Congo Mercenary's Personal Memoir by Mike Hoare . . . . .	182
CONGO WARRIORS by Mike Hoare . . . . .	182
THE . . . . .	182
SEYCHELLES AFFAIR by Mike Hoare . . . . .	182
MIKE HOARE . . . . .	183
Interview with the World's Most Successful Mercenary with Mike Hoare	183
THREE YEARS WITH SYLVIA by Mike Hoare . . . . .	183
AMBUSH! . . . . .	184
A Professional's Guide to Preparing and Preventing Ambushes . . . . .	184
A QUICK AND DIRTY GUIDE TO WAR, 4TH EDITION . . . . .	184
150 QUESTIONS FOR A GUERRILLA . . . . .	185
Alberto Bayo . . . . .	185
THE DEFENCE OF DUFFER'S DRIFT A Lesson in the Fundamentals of Small Unit Tactics by Capt. E.D. Swinton . . . . .	185
SS WERWOLF COMBAT INSTRUCTION MANUAL . . . . .	185
GUERRILLAS IN THE MIST A Battlefield Guide to Clandestine Warfare	186
CLOSE-QUARTER COMBAT . . . . .	186
SILENT KILLING—NAZI COUNTERS TO FAIRBAIRN-SYKES TECHNIQUES The Annotated English Translation of the Classic German World War II Manual foreword by Phil Mathews	186
HAND-TO-HAND COMBAT with Wesley Brown, U.S. Navy . . . . .	186
THE USMC COMBAT CONDITIONING SERIES . . . . .	187
Bayonet, Club, and Knife Fighting . . . . .	187
I SPECIAL FORCES . . . . .	187
SCOTT WIMBERLEY . . . . .	187
SPECIAL FORCES GUERRILLA . . . . .	187
WARFARE MANUAL . . . . .	187
HAND-TO-HAND COMBAT . . . . .	187
United States Naval Institute . . . . .	187
GETTOUGH . . . . .	188
SCIENTIFIC SELF-DEFENCE . . . . .	188
DEFENDU foreword by Kelly McCann . . . . .	189

SCOUTING AND PATROLLING . . . . .	189
CLOSE COMBAT U.S. Marine Corps . . . . .	189
AN INFANTRYMAN'S GUIDE TO COMBAT IN BUILT-UP AREAS . . . . .	189
SOLDIERS ON SKIS A Pictorial Memoir of the 10 <sup>th</sup> Mountain Division by Flint Whitlock and Bob Bishop Here is the exciting story of the 10 <sup>th</sup> Mountain Division, the only U.S. troops specially trained for mountain warfare, as told by the veterans themselves. Vivid personal accounts and an outstanding collection of rare photographs capture the complete history of this remarkable unit. With a foreword by 10 <sup>th</sup> Mountain Division veteran Sen. Bob Dole. 1 1 x 8/, softcover, photos, illus., 244 pp. . . . .	190
COUNTERINSURGENCY . . . . .	190
FM 3-24 . . . . .	190
Gen. James F. Amos . . . . .	190
TACTICAL TRACKING OPERATIONS The Essential Guide for Military & Police Trackers by David Scott-Donelan . . . . .	190
THE GESTAPO AND SS MANUAL . . . . .	191
Translated by Carl Hammer . . . . .	191
U.S. MARINES CLOSE-QUARTERS COMBAT MANUAL: THE VIDEO SERIES with M.Sgt. Ronald Donvito, USMC (Ret.) . . . . .	191
ARWROLOGY . . . . .	191
All-Out Hand-to-Hand Fighting for Commandos, Military, and Civilians by Gordon E. Perrigard, M.D. . . . .	191
TOTAL RESISTANCE . . . . .	191
Get Tough! (p. 63); U.S. Army Sniper Training Manual (p. 80); and Total Resistance (above). . . . .	192
KILL OR GET KILLED . . . . .	192
COMBAT WITHOUT WEAPONS by Capt. E. Hartley Leather, R.C.A. . . . .	192
HOW TO FIGHT TOUGH . . . . .	193
THE PARTISAN'S COMPANION Deadly Techniques of Soviet Freedom Fighters during World War II translated by Paul J. Schmitt . . . . .	193
KILL OR GET KILLED . . . . .	193
KILL OR GET KILLED . . . . .	193
THE CLOSE-COMBAT FILES OF COLONEL REX APPEGATE . . . . .	194
EXTREME CQB . . . . .	194
COMBAT SHOOTING . . . . .	194
DEFENSIVE USE OF FIREARMS . . . . .	194
TRAINING THE GUNFIGHTER . . . . .	195
KELLY McCANN'S CRUCIBLE HIGH-RISK ENVIRONMENT TRAINING VOLUME FIVE EXPLODING HANDGUN MYTHS . . . . .	196
SHOOT HIM TO THE GROUND . . . . .	196
SECRETS OF MENTAL MARKSMANSHIP . . . . .	197

How to Fire Perfect Shots by Linda K. Miller & Keith A. Cunningham . . . . .	197
THE WIND BOOK . . . . .	197
FOR RIFLE SHOOTERS . . . . .	197
GUNS, BULLETS, AND GUNFIGHTS Lessons and Tales from a Modern-Day Gunfighter by Jim Cirillo . . . . .	198
SECRETS OF A MASTER GUNFIGHTER Jim Cirillo's Advanced Guide to Combat Shooting and Gunfight Survival with Jim Cirillo	198
TACTICAL DEFENSIVE TRAINING FOR REAL-LIFE ENCOUN- TERS Practical Self-Preservation . . . . .	199
EXTREME CLOSE-QUARTERS SHOOTING . . . . .	199
Contact-Distance Shooting Tactics . . . . .	199
INSIDE THE CRUCIBLE . . . . .	199
An Exclusive Look at Kelly McCann's Individual Protective Measures Course with Kelly McCann . . . . .	199
VOL. 1: COMBAT SHOOTING . . . . .	200
ESSENTIALS . . . . .	200
VOL. 3: SITUATIONAL COMBATIVES . . . . .	200
VOL. 2: COMBAT SHOOTING REALITIES . . . . .	200
VOL. 4: CLOSEQUARTERS SHOOTING . . . . .	200
AND COMBATIVE PISTOL SKILLS . . . . .	200
VOL. 5: SITUATIONAL COMBAT SHOOTING SKILLS AND HAND- GUN TACTICS . . . . .	201
KELLY McCANN'S TACTICAL CARBINE A No-Nonsense Guide to the Combat Use of the Tactical Carbine with Kelly McCann . . . . .	201
COMBATIVE PISTOL . . . . .	201
Jim Grover's Guide to Extreme Close-Quarters Shooting . . . . .	201
BULLSEYES DON'T SHOOT BACK . . . . .	202
The Complete Textbook of Point Shooting for Close Quarters Combat by Col. Rex Applegate and Michael D. Janich . . . . .	202
PRINCIPLES OF PERSONAL DEFENSE by Jeff Cooper, foreword by Louis Awerbuck . . . . .	203
FIGHTING HANDGUNS . . . . .	203
GUNS OF THE OLD WEST . . . . .	203
CUSTOM RIFLES . . . . .	204
HANDGUNS AFIELD . . . . .	204
THE TACTICAL ADVANTAGE A Definitive Study of Personal Smal- lArms Tactics . . . . .	205
THE TACTICAL ADVANTAGE: THE VIDEO A Fighter's Guide to Practical Handgun Tactics . . . . .	205
THE TACTICAL ADVANTAGE:THE VIDEO . . . . .	205
THE TACTICAL PISTOL . . . . .	205
Advanced Gunfighting Concepts and Techniques . . . . .	205

LA PISTOLA TACTICA . . . . .	206
Tecnicas y Conceptos Avanzados por Combate con Pistola [[https:// /web.archive.org/web/20170201153457/http://www.paladin- press.com/product/La_Pistola_Tactica/Handguns][[#TPESP]] . . . . .	206
THE TACTICAL RIFLE . . . . .	206
The Precision Tool for Urban Police Operations . . . . .	206
FORCE-ON-FORCE . . . . .	206
GUNFIGHT TRAINING . . . . .	206
The Interactive, Reality-Based Solution . . . . .	206
TACTICAL PISTOL MARKSMANSHIP How to Improve Your Com- bat Shooting Skills . . . . .	207
THE TACTICAL SHOTGUN . . . . .	207
The Best Techniques and Tactics for Employing the Shotgun in Personal Combat . . . . .	207
FORCE-ON-FORCE HANDGUN DRILLS . . . . .	207
TACTICAL REALITY An Uncommon Look at Common-Sense Firearms Training and Tactics by Louis Awerbuck . . . . .	207
MORE TACTICAL REALITY Why There’s No Such Thing as an “Ad- vanced” Gunfight . . . . .	208
THE COMBAT SHOTGUN Concepts, Skills, and Tactics for Employing Shotguns in Personal Combat with Louis Awerbuck . . . . .	208
HIT OR MYTH, REVISED . . . . .	208
AND UPDATED An Analysis of Target Systems for Practical Training in Defensive Shooting . . . . .	208
HIDDEN IN PLAIN SIGHT A Practical Guide to Concealed Handgun Carry . . . . .	209
CLOSE-RANGE GUNFIGHTING Reality-Based Firearms Training for Realistic Situations . . . . .	209
ADVANCED MASTER HANDGUNNING Secrets and . . . . .	210
Surefire Techniques to Make You a Winner by Charles Stephens . . . . .	210
FORENSIC ANALYSIS OF THE APRIL 11, 1986, FBI FIREFIGHT by W. French Anderson, M.D. . . . .	210
HOW TO SHOOT YOUR M16/AR-15 IN TRAINING AND COMBAT SHOOTING by J. Henry FitzGerald forewords by T.J. Mullin & Kevin Williams . . . . .	211
ADVANCED FIGHTING WITH FIREARMS Concepts, Skills, and Tactics for the Advanced Combat Shooter . . . . .	211
FIGHTING WITH FIREARMS . . . . .	212
Combat Handgun, Shotgun, and Rifle Skills for the . . . . .	212
Real World . . . . .	212

[[ <a href="https://web.archive.org/web/20170201153457/http://www.paladin-press.com/product/Fighting_with_Firearms_Set/Hand-guns_Firearms">https://web.archive.org/web/20170201153457/http://www.paladin-press.com/product/Fighting_with_Firearms_Set/Hand-guns_Firearms</a> ]] #FWFSETDVD ]]	\$29.95 . . . . .	212
For retail sales only. . . . .		212
COMBAT RIFLE CRAFT . . . . .		212
The Ultimate Guide to Equipping, Handling, and Firing the Combat Rifle		212
MARTIAL MARKSMANSHIP A Fighter's Guide to Close-Quarters Handgunning with Andy Stanford and Michael D. Janich . . . . .		212
FIGHT AT NIGHT . . . . .		213
Tools, Techniques, . . . . .		213
Tactics, and Training . . . . .		213
for Combat in Low Light and Darkness . . . . .		213
SURGICAL SPEED SHOOTING . . . . .		213
How to Achieve High-Speed Marksmanship in a Gunfight . . . . .		213
COMBAT RIFLE MARKSMANSHIP EXERCISES . . . . .		213
SHOTS IN . . . . .		213
THE DARK . . . . .		213
Tactical Use of Laser Sights . . . . .		214
COMBAT HANDGUNNING . . . . .		214
RIFLE MARKSMANSHIP . . . . .		214
U.S. Marine Corps . . . . .		214
THE COMPLETE BOOK OF COMBAT HANDGUNNING . . . . .		214
WINNING A HIGH-SPEED, CLOSE-DISTANCE GUNFIGHT . . . . .		215
Elite Units . . . . .		215
SPECIAL FORCES HANDBOOK . . . . .		215
U.S. NAVY SEAL PATROL LEADER'S HANDBOOK . . . . .		215
SOG . . . . .		215
SOG . . . . .		216
SOE SECRET OPERATIONS MANUAL . . . . .		216
RUNNING RECON . . . . .		216
SPECIAL FORCES OPERATIONAL TECHNIQUES . . . . .		217
SOG MEDIC . . . . .		217
ALL ROADS LEAD TO BAGHDAD . . . . .		217
THE BUSH WAR IN RHODESIA . . . . .		217
SHADOW WAR The CIA's Secret War in Laos by Kenneth Conboy . . . . .		218
KGB ALPHA TEAM TRAINING MANUAL How the Soviets Trained for Personal Combat, Assassination, and Subversion . . . . .		218
RHODESIA REMEMBERED by Rhodesian Light Infantry Regimental Association (U.K. Branch) . . . . .		218
IN AFGHANISTAN . . . . .		219

U.S. NAVY SEAL COMBAT MANUAL . . . . .	220
FIREFORCE . . . . .	220
One Man's War in the Rhodesian Light Infantry by Chris Cocks . . . .	220
Sniping . . . . .	220
THE ULTIMATE SNIPER . . . . .	220
ULTIMATE SNIPER: THE VIDEO . . . . .	221
ADVANCED ULTIMATE SNIPER State-of-the-Art Tactics, Tech- niques, and Equipment for Military and Police Snipers with Maj. John L. Plaster, USA (Ret.) . . . . .	222
THE ULTIMATE SNIPER EN ESPANOL Un Manual Avanzado para Francoti- radores Militares y Policiales por Mayor John L. Plas- ter, USA (Ret.) y Eduardo Abril de Fontcuberta,[[http://C.L.H][ C.L.H.]] . . . . .	222
THE HISTORY OF SNIPING AND SHARPSHOOTING by Maj. John L. Plaster, USA (Ret.) . . . . .	223
SHARPSHOOTING IN THE CIVIL WAR by Maj. John L. Plaster, USA (Ret.) . . . . .	223
U.S. ARMY SNIPER . . . . .	224
TRAINING MANUAL . . . . .	224
SNIPER TRAINING . . . . .	224
FM 23-10 . . . . .	224
U.S. MARINE CORPS SCOUT/ SNIPER TRAINING MANUAL . . . .	224
U.S. ARMY SPECIAL OPERATIONS TARGET INTERDICTION COURSE Sniper Training and Employment . . . . .	225
THE INVISIBLE ADVANTAGE WORKBOOK Ghillie Suit Construc- tion Made Simple by Tom Forbes . . . . .	225
; THE INVISIBLE ADVANTGE DVD j AND THE INVISIBLE AD- VANTAGE . . . . .	225
SNIPER ACE From the Eastern Front to Siberia by Bruno Sutkus . . .	225
THE GERMAN SNIPER: 1914-1945 by Peter Senich . . . . .	226
THE ONE-ROUND WAR . . . . .	226
THE LONG- RANGE WAR Sniping in Vietnam by Peter R. Senich . .	227
THE COMPLETE BOOK OF U.S. . . . .	227
SNIPING . . . . .	227
U.S. MARINE CORPS SCOUTSNIPER . . . . .	227
SIMPLE SNIPER . . . . .	227
SIMPLE SNIPER SET [[https://web.archive.org/web/20170201153457/ http://www.paladin-press.com/product/Simple_Sniper_TheSet/ Sniping][#SSNIPSETDVD ]]\$59.95 . . . . .	228
SIMPLE SNIPER . . . . .	228
Sniper Fundamentals in association with Shadow Consulting, LLC . . .	228
NOTES OF A RUSSIAN SNIPER . . . . .	228

CARLOS HATHCOCK: . . . . .	229
MARINE SNIPER . . . . .	229
THE COMPLETE .50-CALIBER . . . . .	229
SNIPER COURSE . . . . .	229
Hard-Target Interdiction . . . . .	229
Espionage & Investigation . . . . .	230
SPOOK SCHOOL . . . . .	230
SPOOKSCHOOL . . . . .	230
THE WHOLE SPY CATALOG by Lee Lapin . . . . .	231
THE HOME WORKSHOP SPY Spookware for the Serious Hobbyist by Nick Chiaroscuro . . . . .	232
SCANNERS . . . . .	232
AND SECRET FREQUENCIES by Henry L. Eisenson . . . . .	232
THE BUG BOOK . . . . .	232
BE A BIG TIME, BIG DEAL PRIVATE EYE ... and Make Money at It in Today's Business World by Russ Bubas . . . . .	233
SURVEILLANCE COUNTERMEASURES A Serious Guide to Detecting, Evading, and Eluding Threats to Personal Privacy by ACM IV Security Services . . . . .	233
SECRETS OF SURVEILLANCE A Professional's Guide to Tailing Subjects by Vehicle, Foot, Airplane, and Public Transportation by ACM IV Security Services . . . . .	233
RUNNING A RING OF SPIES . . . . .	233
THE SAFE HOUSE Setting Up and Running Your Own Sanctuary by Jefferson Mack . . . . .	233
COUNTERING HOSTILE SURVEILLANCE . . . . .	234
THE ART AND SCIENCE OF MONEY LAUNDERING Inside the Commerce of the International Narcotics Traffickers by Brett F. Woods . . . . .	234
RAGNAR'S GUIDE TO INTERVIEWS, INVESTIGATIONS, & . . . .	234
INTERROGATIONS . . . . .	234
DO YOU SEE WHAT I'M SAYING? . . . . .	234
THE HAYDUKE SILENCER BOOK Quick and Dirty Homemade Silencers . . . . .	235
Silencers . . . . .	235
IMPROVISED SUPPRESSORS . . . . .	235
WHISPERING DEATH . . . . .	235
SILENT BUT DEADLY . . . . .	235
HOW TO BUILD MILITARY GRADE SUPPRESSORS .22 THRU .50 BMG by Keith Anderson . . . . .	235
HOW TO BUILD PRACTICAL FIREARM SUPPRESSORS by Keith Anderson . . . . .	236

SILENCER HISTORY . . . . .	236
AND PERFORMANCE, VOL. 2 . . . . .	236
FIREARM SUPPRESSOR PATENTS . . . . .	237
HOW TO MAKE A SILENCER . . . . .	237
HOW TO MAKE A SILENCER FOR A .45 . . . . .	237
NEW ID & PERSONAL FREEDOM . . . . .	237
THE MODERN IDENTITY CHANGER . . . . .	238
IDENTITY, PRIVACY, AND PERSONAL FREEDOM . . . . .	238
SECRETS OF A BACK-ALLEY ID MAN Fake ID Construction Tech- niques of the Underground . . . . .	238
COMPUTER SECURITY GUIDE . . . . .	238
THE I.D. MASTER . . . . .	239
COVER YOUR TRACKS . . . . .	240
WHO ARE YOU? . . . . .	240
RAGNAR'S ACTION ENCYCLOPEDIA OF . . . . .	240
DRUG SMUGGLING . . . . .	241
INVISIBLE . . . . .	241
ACQUIRING NEW ID . . . . .	241
THE FREEDOM . . . . .	242
THE BIG BOOK OF SECRET HIDING PLACES by Jack Luger . . . . .	242
HOW TO HIDE ANYTHING by Michael Connor . . . . .	242
THE QUICK AND DIRTY GUIDE TO LEARNING LANGUAGES FAST by A.G. Hawke . . . . .	242
THE PRIVACY HANDBOOK Proven Countermeasures for Combating Threats to Privacy, Security, and Personal Freedom by Michael Chesbro . . . . .	243
HOW TO START YOUR OWN COUNTRY by Erwin S. Strauss . . . . .	243
SPEAK LIKE A NATIVE . . . . .	243
THE PALADIN BOOK OF . . . . .	243
METHODS OF DISGUISE . . . . .	244
ADVENTURE TRAVEL IN THE THIRD WORLD Everything You Need to Know to Survive in Remote and Hostile Destinations by Jeff Randall and Mike Perrin . . . . .	245
A PROFESSIONAL'S GUIDE TO PYROTECHNICS Understanding and Making Exploding Fireworks by John Donner . . . . .	245
DRINK AS MUCH AS YOU WANT AND LIVE LONGER . . . . .	245
EXOTIC WEAPONS . . . . .	245
BLOWGUNS . . . . .	245
BREATH OF DEATH . . . . .	246
DISGUISED WEAPONS . . . . .	246
BLOWGUNS The Breath of Death by Michael Janich . . . . .	246

IMPROVISED MODIFIED FIREARMS by J. David Truby and John Minnery . . . . .	246
THE NEW BULLWHIP BOOK by Andrew Conway . . . . .	246
BAD . . . . .	247
THE SLING . . . . .	247
BAZOOKA How to Build Your Own by Anthony Lewis . . . . .	247
ZIPS, PIPES, AND PENS Arsenal of Improvised Weapons by J. David Truby . . . . .	247
BACKYARD CATAPULTS . . . . .	247
Locksmithing . . . . .	247
THE COMPLETE GUIDE TO LOCK PICKING . . . . .	248
HOW TO OPEN LOCKS WITHOUT KEYS OR PICKS . . . . .	248
B AND E: A TO Z How to Get in Anywhere, Anytime . . . . .	248
PICK GUNS . . . . .	248
SUPERPICKING . . . . .	248
SECRETS OF LOCK PICKING by Steven Hampton . . . . .	249
ADVANCED LOCK PICKING SECRETS . . . . .	249
B AND EA TO Z AND B AND E:A TO Z j . . . . .	249
HIGH-SPEED ENTRY . . . . .	249
IMPROVISED LOCK PICKING Secrets from the Master by Steven Hampton . . . . .	249
MODERN HIGH-SECURITY LOCKS . . . . .	250
ADVANCED LOCK PICKING SECRETS j AND SECRETS OF LOCK PICKING j . . . . .	250
AFFORDABLE HOME SECURITY A Do-It-Yourself Guide to Pro- tecting Your Home, Business, and Automobile by Steven Hampton	250
EXPERT LOCK PICKING State-of-the-Art Lock Picking Secrets with Ron Reed . . . . .	250
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Financial Freedom . . . . .	251
LIVING WELL ON PRACTICALLY . . . . .	251
HOW TO GET RICH AS A TELEVANGELIST OR FAITH HEALER by Bill Wilson . . . . .	251
THE ART AND SCIENCE . . . . .	251
DUMPSTER DIVING: . . . . .	251
BESTCREDIT . . . . .	252
THE BOOK ON BOOKIES An Inside Look at a Successful Sports Gam- bling Operation by James Jeffries as told to . . . . .	252
DEEP . . . . .	253
THE INSIDE . . . . .	253
RAGNAR'S GUIDE TO THE . . . . .	253

Revenge & Humor . . . . .	253
GET EVEN . . . . .	254
GET EVEN 2 More Dirty Tricks from the Master of Revenge . . . . .	254
GET EVEN The Video of Dirty Tricks . . . . .	254
HIGH-TECH HARASSMENT . . . . .	254
PRINCIPIA DISCORDIA Or How I Found Goddess and What I Did to Her When I Found Her by Malaclypse the Younger and Omar Khayyam Ravenhurst . . . . .	255
DON'T GET MAD — GET EVEN by Jane Inder and Hilary Eyre . . .	255
TECHNIQUES OF HARASSMENT . . . . .	255
OUT OF BUSINESS Force a Company, Business, or Store to Close Its Doors ... For Good! . . . . .	255
Index . . . . .	255
A . . . . .	255
B . . . . .	257
C . . . . .	258
D . . . . .	259
E . . . . .	260
F . . . . .	261
G . . . . .	262
H . . . . .	262
I . . . . .	263
J . . . . .	264
K . . . . .	264
L . . . . .	265
M . . . . .	265
N . . . . .	266
O . . . . .	266
P . . . . .	267
Q . . . . .	267
R . . . . .	268
S . . . . .	268
T . . . . .	271
U . . . . .	272
V . . . . .	272
W . . . . .	272
Z . . . . .	273
Ordering Information . . . . .	273

# Intro

## #1

**Title:** Paladin Press [Review]

**Subtitle:** Vol. 29, No. 3 Catalog

**Author:** James Mann

**Source:** Print Reviews, Ink19. <<https://ink19.com/1999/07/magazine/print-reviews/w4dvur-paladin-press>>

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Reaping fortune from blind fear and delusions of mercenary grandeur, Paladin Press caters to the weekend warrior, basement bomb maker, and general “cloak and dagger” wannabes. With titles along the lines of *Contingency Cannibalism*, *Dead Clients Don’t Pay*, and my favorite, *Improvised Explosives — How to Make Your Own*, this is a no man’s land of paranoia. If you seriously need a book on *Floor Fighting* (the art of maiming an attacker who has, by some fluke, actually put your potbellied ass on the barroom floor), then you need to hang out in a better class of place. Founded by the publisher of *Solder of Fortune*, I bet that most sales from this catalog come from pasty-faced men who live with their parents, imagining the world outside as one big kill zone, and who want to be ready when the deal goes down.

This issue of the catalog focuses on Y2K, touted as something just shy of Armageddon, an event that requires advanced knife skills, wire-tapping, and the ability to “go undercover.” That information will come in real handy, I’m sure, when the power flickers. If not, then I’m sure quite a few men will use the books to skip on child support and unpaid parking tickets. Yes, we have freedom of speech – and this stuff is certainly protected by such concepts – and of course they don’t mean for anyone to actually go out and kill someone using the tools they sell. A clever disclaimer of “for academic study only” pussies them out of any responsibility, as I’m sure their legal team has assured them. This is likely the most reading many folks can master in a month. Thank heavens for that. Keeps the bookstore aisles clear of gun battles.

## #2

**Title:** Lone Wolf Terror and the Rise of Leaderless Resistance [Excerpt]

**Author:** George Michael

**Source:** <[thetedkarchive.com/library/george-michael-lone-wolf-terror-and-the-rise-of-leaderless-resistance](http://thetedkarchive.com/library/george-michael-lone-wolf-terror-and-the-rise-of-leaderless-resistance)>

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Leaderless resistance continues to have currency on the extreme Right, and a number of loose cannons ignored Pierce's admonitions for restraint. An undated essay posted on several extreme Right websites in the first decade of the twenty-first century, titled "Advice for Lone Wolves," counseled activists on the approach. The anonymous author asserts that for the past thirty years the movement has failed to produce any tangible results. Barring any major economic or social disruption, the author argues, the movement's only hope is for small groups or individuals to commit acts of resistance on their own. These lone wolves should keep illegality to a minimum and avoid petty crimes, the author writes. They should hold jobs that allow them time to engage in revolutionary acts. When committing acts of terrorism, activists should not announce them to the media—such communication provides a link between perpetrator and act that police can use in their investigations. In order to blend in and avoid detection, lone wolves should eschew things like tattoos that would make them identifiable. They should adopt the mind-set that once they inflict significant damage, the enemy—the "Iron Heel"—will never stop hunting them. If captured, they should remain silent and never grovel, so as not to discredit the movement.

In a libertarian vein, Jefferson Mack made a contribution to leaderless resistance theorizing in a book published by Paladin Press, *Invisible Resistance to Tyranny*. The book offers advice to so-called invisible resisters, who Mack counsels should choose their own course of action depending on opportunities available to them. By being "bad citizens," people can undermine the government. To prevent being identified as a troublemaker, resisters should avoid direct confrontation with law enforcement and other authorities. By appearing as good citizens, they can sabotage the system from within, especially if they work for the government and have access to confidential information. Mack advances a leaderless strategy implemented by like-minded individuals. Despite advocating small cells, he counsels that it is important to have a network of sympathizers who can provide support, intelligence, and safe houses should the need arise. Rather than advertising meetings or creating membership organizations, Mack recommends, resisters should meet local fellow travelers and gather informally so they do not raise suspicion. He argues that the most effective "freedom fighters" would be organized into squad-sized units of five to eight persons, all of whom would know each other well (and have known each other for a long time). To be effective, he points out, freedom fighters do not have to engage in violence. To mislead authorities they can claim to be members of an outlawed group, thus causing the police to chase a phantom organization. Similarly they could take credit for things they do not even do. For example, if a politician dies in an automobile accident, they could claim responsibility even

when they had nothing to do with the incident. For targets, Mack identifies political leaders and their staffs, leaders of “anti-freedom special interest groups,” military and police personnel involved in the “suppression of political dissidents,” known collaborators, and foreign occupation troops (e.g., United Nations personnel), but counsels that resisters should avoid targeting ordinary citizens and police officers.

Despite the popularity of leaderless resistance, some counsel that the approach is wrongheaded and will never seriously challenge the status quo. These people advance a traditional insurgent strategy that involves building a cadre of guerrillas.

# Excerpts from Paladin Press Catalog Vol. 13, No. 5 (~1983)

**Source:** Federal Bureau of Investigation (FBI) files on Paladin Press, 1972–1998.  
<archive.org/details/fbi-file-on-paladin-press-1972-1998>

**Date:** Some Vol. 11 issues of the catalog came out in 1981 and some Vol. 29 issues came out in 1999. So, I assume the date of this catalog was somewhere around 1983.

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SILENCERS  
SNIPING  
SURVIVAL & SELF-RELIANCE  
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54

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Made in America

## PALADIN TURNS 40

### Paladin's Survival Plan for the Next 40 Years

This September, Paladin Press turns = 40. On past anniversaries we have taken a : moment to look back and reflect, but this i time we'd like to look *forward* at what's

i in store for Paladin — and for you. Here : are just of a few of the ways we plan to i continue as your source for indispensable : books and videos.

**Internet** — The Internet has fundamentally changed the way we do business. Most of our orders now come from the Internet, and much of our communication with customers, dealers, and authors is electronic. You can read the Paladin Planet blog and eNewsletter for information about books and videos in progress, latest releases, author news, special promotions, and commentary on topics of interest to Paladin readers. Want a sneak preview of a new Paladin video before deciding whether to buy it? Look on our website or on the Paladin YouTube channel. In the coming year we're planning FREE information graphics and instructional video tutorials on such topics as how suppressors work, how to escape a headlock, and improvised weapons.

**E-Publish or Perish** — For those who want their books instantly, Paladin now offers eBooks. Amazon sells Paladin eBooks for the Kindle, and other sites offer Paladin eBooks for other reading devices. In the fall, you will be able to order downloadable pdfs directly from Paladin (we will post the available titles on our website, and the list will be revised regularly). We're also exploring "enriched books," which combine eBooks with video or audio inserts for an interactive reading experience. i

**Social Networking** — Check out Paladin Press on Facebook for new releases, special promotions, contests, video clips, group discussions, special giveaways, and news about your favorite authors. You can also follow Paladin on Twitter. We encourage you to use these sites to tell us what you like and dislike, and what you'd like to see from us.

**New Authors, New Topics, New Perspectives** — We are committed to attracting a new generation of authors, especially Iraq and Afghanistan veterans who have a new perspective on battle techniques and modern warfare. We also are working on new martial arts titles for MMA enthusiasts. And that zombie book you've been asking for? Stay tuned. If you'd like to try your hand at writing for Paladin, email us at [editorial@paladin-press.com](mailto:editorial@paladin-press.com). For video inquiries, contact [davidd@paladin-press.com](mailto:davidd@paladin-press.com).

Of course, in the future you can also expect more of what has worked well for the past 40 years. We have a new set of videos from Kelly McCann and his Crucible staff in the works, and John Plaster is writing a new field handbook for snipers.

We have always known that the real key to Paladin's success is excellent customer service, and that will *not* change because we couldn't have stayed in business this long without you. Thanks to all the loyal customers, dealers, authors, and others who have contributed immeasurably to our success. Paladin is looking forward to another 40 years of providing you with information unavailable anywhere else.

# Martial Arts

## THUNDERSTRIKES

**How to Develop One Shot, One Kill Striking Power *with Sensei Mike Reeves and Robert G. Yetman Jr.***

### PALADIN CRASH COURSE SERIES

Paladin Crash Course Series

In today's volatile economy, hard- to-find information on a variety of subjects can be both very expensive and difficult to obtain. That's why Paladin Press has grouped its value- priced videos into a single series: the Paladin Crash Course series. From self-defense to combat shooting to knife fighting and more, this series brings you the quality information you've come to expect from our collection of world-renowned experts. Check our website for the complete list of Paladin Crash Course DVDs.

*Sensei Mike Reeves is a nine-time International Sport Karate Association World Karate Champion, as well as a four-time Guinness-certified world record holder in breaking. He has worked as a professional bodyguard as well as a martial arts instructor to key members of both local and federal law enforcement agency SWAT teams and other special operations units.*

*Professional freelance writer Robert G. Yetman Jr. is co-owner and vice president of Lone Wolf Personal Defense Systems, Inc.*

Listen to Reeves and Yetman on The Paladin Podcast, Episode 20.

## ULTIMATE COMBAT CONDITIONING: THE VIDEO

**The Street Warrior's Guide to Fighting Fitness *with Sensei Mike Reeves and Robert G. Yetman Jr.***

Learn how to maximize your flexibility with a punishing regimen of stretches that will prepare you for the movements of real fighting. The author's unique "Superman" conditioning system will help you develop explosive speed and natural body armor that will protect you against the most vicious strikes and kicks. Color, approx. 65 min.

**#UCCDVD\$19.95**

## ULTIMATE COMBAT CONDITIONING FOR THE STREET WARRIOR by Sensei Mike Reeves and Robert G. Yetman Jr.

These hard-core exercises for total selfdefense can be done anywhere and don't require a gym or high- tech equipment. 8/ x 11, softcover, photos, 112 pp.

**#UCC\$19.95**

SAVE \$9.95 WHEN YOU BUY ULTIMATE COMBAT CONDITIONING: THE VIDEO AND ULTIMATE COMBAT CONDITIONING FOR THE STREET WARRIOR

**#UCCSETDVD\$29.95**

**For retail sales only.**

APPLY THE SAME STRIKES THAT SHATTER BRICKS.

## **POWER BREAKING FOR SPORT AND SELF-DEFENSE**

The Ultimate Guide to Breaking Bricks, Boards, and Bones with Sensei Mike Reeves and Robert G. Yetman Jr.

Turn your hands and elbows into true striking weapons; test the power of your punches, strikes and kicks on pine boards and concrete blocks; and apply the same strikes that shatter bricks and boards to practical self-defense. Color, approx. 60 min.

**#PBDVD\$19.95**

SAVE \$10 WHEN YOU BUY POWER BREAKING FOR SPORT AND SELF-DEFENSE AND POWER BREAKING

**#PBSETDVD\$28.95**

**For retail sales only.**

Mark Hatmaker's years of grappling experience are in plain view here as he not only demonstrates dozens and dozens of escapes and counters to submissions, pins and rides, but more importantly shows you how to put these moves together into combinations. Just as you chain your offensive moves, you must learn to chain your defenses to react fluidly to your opponent's onslaught, and in *Great Escapes* you will learn escapes as sequences; you will learn how your opponent is going to flow so you can think three or four defensive movements ahead.

Whether you're a grappler looking to cover every base or a nongrappler who's realizing that his game is incomplete, this DVD set will teach you a multitude of new ways to get out of bad situations. Color, approx. 360 min.

**#GESCDVD4-Disc Set:\$94.95**

**MEGA-GLADIATOR CONDITIONING The Next Level of Combat Fitness**

Whether you have practiced Mark Hatmaker's best-selling Gladiator Conditioning course and are ready for something tougher, or are in elite condition already and need to push yourself to the limits and beyond, this video production and spiral-bound companion workbook from Paladin Press have what you're looking for. This workout regimen is designed to make you into the strongest of the strong, focusing on building functional muscle and developing incredible endurance for any realm of combat, from

the ring to the octagon or the street. Workbook is 8/ x 1 1, photos, 88 pp. DVD is color, approx. 130 min.

**#MGCSET2-Disc & Workbook Set: \$49.95**

GLADIATOR CONDITIONING COURSE Fitness for the Modern Warrior

Get the ultimate combat fitness package with Paladin's exclusive Gladiator Conditioning Course! Includes Mark Hatmaker's *Gladiator Conditioning DVD* (with 30 minutes of bonus footage), plus his 88-page *Gladiator Conditioning Workbook*, with additional tips, exercise variations, advanced routines and training logs that will put you on track to achieving all your fitness training goals. Color, approx. 100 min.

**#GCKITDVD(DVD & Workbook): \$49.95**

: SAVE \$25 WHEN YOU BUY I

## **MEGA-GLADIATOR CONDITIONING AND GLADIATOR CONDITIONING COURSE**

**;;#MEGASET\$74.95 ;**

**For retail sales only. ;**

**For retail sales only.**

*Mark Hatmaker is a lifelong student of the martial arts with more than 24 years of experience in Western boxing, wrestling and no-holds-barred fighting. Known as "The Professor of Grappling," he is widely recognized for his pragmatic, results-oriented approach to combat training. Hatmaker conducts regular seminars across the country and can be visited at his website: [www.extremeselfprotection.com](http://www.extremeselfprotection.com).*

CONDITIONING TITLES BY MARK HATMAKER

## **SILENT PARTNER**

### **A Video Guide to Solo Training with a Throwing Dummy**

If you want to train to fight and win in the octagon or on the street, there are some techniques you just can't practice on a live partner, and a floor bag falls short for most throwing and takedown techniques. That's where the throwing dummy comes in, and in this comprehensive video production from Paladin Press, veteran grappler Mark Hatmaker teaches you conditioning exercises that not only build endurance but also burn basic grappling skills into muscle memory. From there, he demonstrates throwing and takedown skills all groundfighters need to know. He also includes a special section on suplexes, showing you which muscles you need to develop to do a proper suplex (also called a backcast) from both the front and the back, and how to perform them without injuring yourself. Color, approx. 185 min.

**#SPDVD\$49.95**

## THE FLOOR BAG WORKOUT

### **The Ultimate Solo Training for Grapplers and Groundfighters**

Find out how to use an ordinary heavy bag to tune your grappling skills, especially for techniques that are too dangerous to drill with a live partner. Color, approx. 85 min.

**#FLOODVD\$29.95**

Listen to Mark Hatmaker on The Paladin Podcast, Episode I. Go to our website: [www.paladin-press.com](http://www.paladin-press.com) and click on Features & Extras. You can also listen on iTunes or Podcast Alley.

### 40 YEARS

The son of Paladin author Sifu Al Dacascos is acclaimed movie star and former *Dancing with the Stars* semifinalist Mark Dacascos.

*Born in Hawaii of Chinese-Filipino heritage, Al Dacascos devoted his life to learning, practicing and teaching the arts of self-defense. Training with other legends of his time, he has defined his path through the Wun Hop Kuen Do style of Kajukenbo. From Black Belt magazine's 1977 Kung Fu Artist of the Year to United International Kung Fu Federation's Hall of Fame, Grand Master Dacascos holds many honors.*

Founder of the brutal Wun Hop Kuen Al Dacascos is no stranger to real-world teaches you how to bridge the gap between dojo-based martial arts and gutter-based self-defense. Basing his techniques on what works on the street, and *only* on what works on the street, he shows functional, vicious attacks and counterattacks to keep your opponent in pain, off-balance and wishing he'd picked on somebody else.

In ***Volume One: Introductory Concepts***, you will learn the basics of range, attack angles and how to target your attacker's weak spots. Dacascos then turns up the heat in ***Volume Two: Fundamental Techniques***, teaching hard-hitting attack and defense drills, feints and deceptions, hand trapping and more. Wrapping it up with ***Volume Three: Real-World Applications***, he shows you defenses and counterattacks against many common street assaults, including dealing with multiple opponents.

Fighting is a nasty business: learn from Dacascos' decades of experience rather than the risk of trial and error. Color, 2 discs, approx. 180 min.

**#DTSDVD\$49.95**

## THE FIGHTER'S VIDEO GUIDE TO HARD-CORE HEAVY BAG TRAINING with Wim Demeere

In this Paladin Press video production, Wim Demeere shows you how to make a heavy bag come alive so you can master the critical skills needed to survive a fight. Learn the five types of impacts and how to make the best use of them; innovative

drills to maximize your fitness level and fighting ability; creative ways to grapple a heavy bag, including chokes, takedowns and armbars; the 10 most common mistakes people make in heavy bag training — and how to avoid them; solid information on how to choose the right bag for your needs, how best to hang it and how to care for it so it lasts for years. Whatever your fighting art or goal, this dynamic DVD will take your fighting and martial arts skills to a whole new level. Color, approx. 264 min.

**#HBTDVD2-Disc Set: \$59.95**

## **THE FIGHTER'S GUIDE TO HARD-CORE HEAVY BAG TRAINING**

by Wim Demeere with Loren Christensen

This companion manual to Wim Demeere's new DVD can help you develop all the attributes you need as a martial artist or fighter: power, form, speed, timing, endurance and explosiveness. What other training tool can make that claim? 5/ x 8/, softcover, photos, 262 pp.

**#HBT\$29.00**

**SAVE \$24 WHEN YOU BUY *THE FIGHTER'S VIDEO GUIDE TO HARD-CORE HEAVY BAG TRAINING* AND *THE FIGHTER'S GUIDE TO HARD-CORE HEAVY BAG TRAINING* #HBTSET\$64.95**

**For retail sales only.**

## **IMPROVISED FLEXIBLE WEAPONS**

A Video Guide to Using Whips, Ropes, and Other Flexible Weapons for Self-Defense with

***Scott Homschek***

Learn how to take common items we see every day — power cords, belts, trash bags — and turn them into invaluable tools for self-defense. Color, approx. 120 min.

**#IFWDVD\$29.95**

## **COMBAT CONDITIONING The Classic U.S.**

**Marine Corps Physical Training and Hand-to- Hand Combat Course**

This USMC combat conditioning course, as taught at the Officer Candidate School, includes not only hard-core physical training but instruction in unarmed combat; knives, clubs and silent weapons; pistol disarming; and more. 5/ x 8/, softcover, photos, illus., 368 pp.

**#COMBATC\$35.00**

## **EXTREME COMBAT TRAINING W**

### **Volume One: Unarmed Skills and Tactics**

*with Joseph Simonet*

Just knowing self-defense techniques won't be enough to save you in a fight for your life: you need to drill them and burn them into your muscle memory to make them work. In this video, lifelong martial artist and best-selling author Joseph Simonet shows you how to put together a personal protection system designed with your needs in mind, as well as how to train this system effectively, efficiently and with 100-percent intensity.

Simonet begins by giving you the tools: a short series of offensive and defensive techniques that includes straight punching, clinched knees and

vicious elbow strikes that will absolutely devastate your opponent. In the next section, he focuses on pad drills and partner training to teach you to

work these movements hard and fast against a moving target. Finally, he goes into solo training, demonstrating hard-core, full-force bag drills that you can't practice on a live partner without causing serious injury.

In a real fight, you won't have time to remember a technique: you have to fight instinctively and react in an instant. This video will teach you to do that. Color, approx. 90 min.

**#ECTDVD\$39.95**

ft EXCLUSIVE

*Joseph Simonet is a certified instructor in five different martial arts and the founder of the innovative martial system KI Fighting Concepts. He is featured in a number of Paladin titles. Visit his website at [www.kifightingconcepts.com](http://www.kifightingconcepts.com).*

## **SILAT CONCEPTS**

**Discovering the Fight within  
the Form of Pentjak Silat**

*with Joseph Simonet and Addy Hernandez*

Get private instruction in the first six jurus (solo hand forms) of Indonesian Pentjak Silat, silat's distinctive lower-

## **ADVANCED SILAT CONCEPTS**

### **SECRETS OF SINAWALI**

**A Video Guide to Filipino Stick Drills** *with Joseph Simonet and Addy Hernandez*

body movements, and the geometric platforms that hold the key to all silat footwork. Color, approx. 150 min.

**#SCDVD**

**2-Disc Set: \$49.95**

Step-by-step instruction in the remaining 12 jurus (hand forms) of traditional Pentjak Silat, including the key structures and body mechanics that form the basis of Modern Pentjak Silat. Color, approx. 180 min.

**#ASCDVD**

**2-Disc Set: \$49.95**

Sinawali, or doublestick training, is the foundation of the Filipino martial arts. This amazing training method develops striking power, coordination, line familiarity and the ability to use two weapons simultaneously. Its lightning fast movements also hold the secrets of

SAVE \$24.95 WHEN YOU BUY SILAT CONCEPTS AND

***ADVANCED SILAT CONCEPTS* #SILATSETDVD\$74.95**

**For retail sales only.**

advanced fighting skills, teaching the practitioner to quickly identify and destroy vulnerable targets on an opponent's body the instant they become available.

This dynamic video presents step-by-step instruction in 27 sinawali drills, as well as how to modify these drills to include half-beat strikes, reverse-grip strikes and dozens of combinations and variations. Color, approx. 157 min.

**#SSINDVD2-Disc Set: \$49.95**

**THE ARGUMENT OF MOVEMENT: PARTS ONE, TWO AND THREE**

*Joseph Simonet is one of the most accomplished practitioners of the Indonesian art of Pentjak Silat in the United States. He is a certified instructor in five different martial arts systems and founder of Modern Pentjak Silat.*

## **THE ARGUMENT OF MOVEMENT, PART TWO:**

High-Intensity Flow Drills for Real Combat *with Joseph Simonet and Addy Hernandez*

If you want to fight, and fight well, you need to perform the right movements so quickly and fluidly that you don't have to think about how to put them together: you just do it. In this fast-paced video production, Joseph Simonet teaches you the

10 flow drills every competent fighter needs to know to keep his skills at the highest level possible. He starts with the foundational drill of hubud, showing the most combat-effective way to perform it and why so many martial artists get it wrong. From there he teaches you how to burn other key drills into your muscle memory and extract their true combative applications. Simonet also shows how each drill can be linked to any other, simulating the chaos of a real fight. Color, approx. 160 min.

**#AOM2DVD2-Disc Set: \$49.95**

SAVE \$36.90 WHEN YOU BUY THE ARGUMENT OF MOVEMENT PART 1, PART 2, AND PART 3

#AOMSETDVD5-Disc Set: \$112.95

For retail sales only.

## THE ARGUMENT OF MOVEMENT, PART THREE:

### POINT/COUNTERPOINT

#### High-Intensity Knife Training for Real Combat

Nobody in his right mind wants to get into a knife fight. But when you're faced with a lethal force situation and the only weapon you have is your trusty folder, you have to know how to use it.

In this no-holds-

barred video production from Paladin Press, master martial scientist Joseph Simonet has taken his street-proven Argument of Movement form and made it even more effective by adding the blade. Simonet's combination of in-your-face intensity and grim pragmatism shows you the true seriousness of fighting with a knife and how, if you want to survive, you can't just fight — you must act with skilled, lethal determination. This isn't an adaptation of previous material, but an evolution of combative technique that combines rhythm disruption, use of both edge and point, striking with the handle, vicious takedowns and pain compliance into a knife combat system suitable for any encounter requiring the use of deadly force with a blade.

Don't think that just owning a knife makes you competent in its combat use: you have to train, and train properly. This video teaches you how to do that. Color, approx. 95 min.

#AOM3DVD\$49.95

## THE ART AND SCIENCE OF MOOK JONG The Club Set

Drawing from the functional, combat-ready movements of his best-selling *Mook Jong Slam Set* video, master martial artist

Joseph Simonet teaches you a simple, brutal stick fighting system. In it, he focuses on teaching a streamlined version of the Slam Set, adding a stick rather than just going empty-handed. Taking best advantage of this novel approach to wooden dummy training, Simonet shows you how you can train full speed and full force on a partner that won't complain, get injured or quit.

This isn't the fancy stick-dancing you may have seen in other instructional videos: it's a hard-core, street-ready fighting system that teaches crippling strikes with both the business end and the handle end; close-range attacks that can lead to applying chokes, locks and takedowns; two-handed stick hits to your opponent's most vital areas; and more.

If you're looking for complicated flow drills and finesse-filled techniques, go elsewhere. *The Club Set* is all about finishing your opponent using the simplest of weapons in the easiest, most effective way. Color, approx. 110 min.

#ASM1DVD\$49.95

## THE ART AND SCIENCE OF MOOK JONG

Slam Set Evolutions with Joseph Simonet

In 1999, master martial artist Joseph Simonet took the world by storm with his best-selling *Mook Jong Slam Set* video, teaching a style of dynamic wooden dummy training based on functional movement and explosive power, not martial arts dogma. *The Art and Science of Mook Jong: Slam Set Evolutions* builds on that foundation of technique, taking your fighting skills to the next level and beyond.

New skills Simonet teaches in this Paladin

Press video production include a series of counter-grappling techniques designed to demolish a seasoned groundfighter; takedown defenses that will not only stun your opponent, but also set him up for a devastating throw; stand-up defenses against even the strongest punches and kicks; and an improved *putar kepala* throw guaranteed to both disorient and destroy an attacker. To be a true martial artist, a true *warrior*, you need to refine your fighting skills to the highest level: this evolution of the Slam Set form can put you on the path to combat excellence. Color, approx. 230 min.

## THE ART AND SCIENCE OF MOOK JONG The Blade Set

One of the most innovative minds in martial arts today, Joseph Simonet is always learning, always refining, always improving. Now, he has taken his best-selling *Mook Jong Slam Set* material and adapted it to create a functional knife fighting program suitable for any type of combat involving edged weapons.

Wooden dummy training allows you to perform techniques full force and at full speed, simulating a real fight in the way practicing with a live partner can't without inflicting serious injury. Using that as a guiding principle, Simonet prepares you for a real knife fight by teaching a short form on the dummy that burns in simultaneous block and attack, moving through your opponent to disrupt his base, lightning-fast slashing attacks, initial stunning strikes to set up a fight-stopping cut and much more.

Every movement in this form is designed to damage or cripple your attacker, ending the fight once and for all. Color, approx. 110 min.

#ASM2DVD\$49.95

SAVE WITH SIMONET VIDEO SETS ART & SCIENCE PACKAGE ! SAVE \$49.90 WHEN YOU BUY ! *THE ART AND SCIENCE OF MOOK JONG:*

- *SLAM SET EVOLUTIONS*
- *THE CLUB SET*
- *THE BLADE SET* | #ASMSETDVD\$119.95 ☒

For retail sales only.

SLAM SET PACKAGE  
SAVE \$49.95 WHEN YOU BUY THE ART AND SCIENCE OF MOOK JONG:  
SLAM SET EVOLUTIONS AND THE MOOK JONG SLAM SET  
#MOOKSETDVD

**\$79.95**

For retail sales only.

See above for a full description of *The Mook Jong Slam Set*.

## **THE MOOK JONG SLAM SET Dynamic Wooden Dummy Training for All Martial Artists with Sifu Joseph Simonet & Addy Hernandez**

The mook jong, or wooden dummy, is the most effective training aid available to the martial artist, allowing you to practice fullpower blocks, strikes and kicks with the same realism as training with a partner. Color, approx. 180 min.

#MOOKDVD

**2-Disc Set: \$59.95**

**A Complete Guide to Hard-Core Mook Jong, Partner, and Full-Contact  
Training Drills with Joseph Simonet and Addy Hernandez**

Detailed instruction

in all the critical skills of

combative wing chun, including body position and stance, footwork, rapid-fire straight punching, combat trapping and blocking. All the drills are demonstrated solo on the mook jong (wooden dummy), with a training partner and finally in full-speed, full-contact sparring scenarios. Color, approx. 150 min.

#EWCDVD2-Disc Set: \$49.95

SAVE \$31.95 WHEN YOU BUY EXTREME WING CHUN, THE MOOK JONG  
CONSTRUCTION MANUAL, AND THE MOOK JONG SLAM SET I

#MOOKKITDVD\$97.95 |

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40 YEARS

When he saw Joseph Simonet's Slam Set video proposal, Paladin's video director at the time remarked that he would have paid money for the *submission tape*. This was the first of the Joseph Simonet titles.

## **MUAY THAI INTEGRATES THE USE OF LEGS AND FISTS IN ONE CLEAN, FLUID, YET SAVAGE STYLE.**

FIGHTING STRATEGIES OF MUAY THAI Secrets of Thailand's Boxing Camps by Kru Pedro Solana Villalobos and

*Mark Van Schuyver*

These sport fighting strategies and tactics, as taught in the boxing camps in Thailand, are invaluable for martial artists of all styles. 8/ x 11, softcover, photos, 156 pp.

**#FMT\$30.00**

## **MUAY THAI KICKBOXING**

*Rebac*

Shot on location in professional gyms around Thailand, this groundbreaking video provides an inside look at the brutal techniques of Muay Thai and the strategies and tactics for using them in the ring. It also includes a detailed look at the training regimens used by Thai boxers to develop their phenomenal power and stamina. Color, approx. 50 min.

**#THAIDVD\$39.95**

**The Ultimate Guide to Conditioning,**

Training, and Fighting *by Chad Boykin*

Inside information for novice and experienced fighters alike on conditioning exercises; brutal elbow and knee strikes, punches, clenches and kicks; and blocks and evasion techniques. 8/ x 11, softcover, 430 photos, illus., 216 pp.

**#MTK\$45.00**

## **FIGHTING SECRETS OF MUAY THAI The Art and Science of Thai Kickboxing, Vols. 1–3 with Bob Carver**

All the tools and training you need to quickly master Muay Thai's savage techniques. Volume 1 develops the building blocks of stance, footwork, the jab, the cross, straight knee and round kick. Volume 2 applies them to foot jabs, hooks, elbow strikes, uppercuts and clinches. Volume 3 brings it all together with high-speed pad drills, sparring and advanced offensive and defensive combinations. Color, approx. 245 min.

**#FSMTDVD**

3-Disc Set: \$49.95

## **SECRETS OF HARIMAU**

**The Explosive Art of Pencak**

Silat Harimau Minangkabau *with Guru Richard Crabbe de Bordes*

First master the basic postures (*kudas*) and footwork patterns (*langkhas*) and then combine them to take your opponent to the ground — and keep him there. Color, approx. 50 min.

**#HARIDVD\$29.95**

## **BURMESE BOXING**

**The Last Gladiators of Asia** *produced by Zoran Rebac*

This amazing video takes you inside the forbidden world of Burmese boxing and features a look at its history, as well as rare footage of boxing demonstrations by Burmese masters. Color, approx. 50 min. **#BBDVD\$39.95**

## **THE ULTIMATE STREETFIGHTER**

**Kelly Worden's Natural Spirit: The Way of Renegade Jeet Kune Do** *with Datu Kelly S. Worden*

Kelly Worden's Natural Spirit is what Bruce Lee's jeet kune do was meant to be: a martial art attitude geared toward combining sound martial arts technique with street-proven tactics to develop one's own

personal fighting ability.

Color, approx. 180 min.

**#USDVD2-Disc Set: \$29.95**

**ERLE MONTAIGUE REVEALS THE MYSTERIES OF DIM-MAK!**

*One of the world's foremost authorities and authors on the deadly art of dim-mak and taijiquan, Erle Montaigne was the first Westerner to be granted the degree*

**PALADIN BEST-SELLERS ☒**

## **SPEED TRAINING**

**How to Develop Your Maximum Speed for Martial Arts** *by Loren W. Christensen*

Loren Christensen uses his hard-learned lessons from the dojo and the streets to show of "Master" in *dim-mak*. you how to acquire instantaneous reflexes and explosive speed for punching, kicking, grappling and police defensive tactics. Learn how to stay a step ahead of your opponents in the dojo or on the streets. 5/ x 8/, softcover, photos, 258 pp.

**#SPEED\$24.00**

**PALADIN BEST-SELLERS**

## **THE ENCYCLOPEDIA OF DIM-MAK The Main Meridians**

*by Erle Montaigne and Wally Simpson*

This essential reference covers the 12 main energy meridians, giving the exact locations, effect of striking them from every directions, set-up points for enhancing the effect of the major point strike, antidotes and healing applications. 8/ x 11, softcover, photos, illus., 430 pp. #DME\$50.00

## **THE ENCYCLOPEDIA OF DIM-MAK**

*The Extra Meridians, Points, and More by Erle Montaigne and Wally Simpson*

This companion volume covers all the extras: the 8 extraordinary meridians, the extra and new points, and invaluable insight that one might only hope to gain after years of training with a master. 8/ x 11, softcover, photos, illus., 136 pp. #DME2\$25.00

## **DIM-MAK'S 12 MOST DEADLY KATAS**

**Points of No Return**

A shortcut to precise training in 12 deadly dim-mak patterns, and how to apply the techniques to common attacks. 5/ x 8/, softcover, photos, illus., 222 pp.

#DM\$25.00

## **ULTIMATE DIM-MAK How to Fight a Grappler and Win**

Find out how to apply five foolproof "sleeper holds" from dim-mak to counter any move a grappler might use. 5/ x 8/, softcover, photos, illus., 256 pp.

#UDM\$35.00

## **SECRETS OF DIM-MAK**

**An Instructional Video**

See the power of dim-mak through actual knockout blows so that you can learn the proper angle, direction and hand positioning for each acupoint strike. You will also discover how to summon explosive animal power to master the deadliest strikes in the dim-mak arsenal. Color, approx. 94 min.

#SDMDVD\$29.95

SAVE \$19 WHEN YOU BUY THE 2-VOLUME ENCYCLOPEDIA OF DIM-MAK SET #DMESET\$56.00

**For retail sales only.**

## **SPEED TRAINING: Speed THE VIDEO**

### **TRAINING Developing**

#### **Maximum Speed in Martial Arts Training with Loren W.**

##### **Christensen**

Learn how to “cheat” speed by improving your timing and accuracy in both punching and kicking through a series of dirty tricks that will have your opponent wondering just what hit him. Includes drills, exercises and principles that will increase your natural fighting speed and help you develop not only instantaneous reflexes but also explosive quickness and power in all of your strikes. Color, approx. 130 min.

**#SPEEDDVD\$39.95**

## **ADVANCED DIM-MAK**

### **The Finer Points of Death-Point Striking**

Advanced dim-mak techniques for street survival, including knife defenses. 5/ x 8/, softcover, photos, illus., 326 pp.

**#ADM\$35.00**

## **DIM-MAK Death-Point Striking**

Erle Montague reveals the deadly strikes to vital acupuncture points that make up dim-mak. 5/ x 8/, softcover, photos, illus., 240 pp.

**#DIM\$25.00**

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TAKE 'EM APART  
JOINT BY JOINT.]]

D

VINCE MORRIS

## STREET CHIN NA

Joint Locking and Bone Breaking Techniques for the Street *with Willie "The Bam" Johnson*

The street predator is more skilled than he used to be, and with this brutal video production from Paladin Press, you'll learn how to take him apart joint by joint. Award-winning martial artist and self-defense expert Willie "The Bam" Johnson starts off with the Chin Na warm-up: several grueling, heart-pumping exercises designed to increase grip strength, condition your limbs to withstand incredible punishment and build overall toughness. From there, he shows you how to exploit the weak parts of

the human body, not through the arcane art of pressure points and acupuncture, but using body mechanics and joint manipulation; teaches you high-level sparring drills to prepare you for that one moment where you'll have to fight to save your life; instructs you in principles of motion that will teach you how to deal with any grab or strike your opponent might throw; and much more.

This package includes the *Chin Na/Street Combat Fusion* program, a bonus DVD combining his Street Chin Na and Street Combat fighting programs into a fighting system that combines street attitude and devastating technique. Color, approx. 130 min.

#SCNDVD2-Disc Set: \$49.95

*Seven-time world champion Willie "The Bam" Johnson has earned a fifth-degree black belt in karate and a seventh-degree black belt in kung fu. Proclaimed by Black Belt magazine as a Kung Fu Instructor of the Year, he has appeared in numerous*

*movies and television programs and is the founder and spokesman for the Stronger Than Drugs Foundation.*

TWO KYUSHO TITLES IN ONE PACKAGE.

## **KYUSHO JUTSU STREET FIGHTING Practical Applications of Nerve-Attack Methods**

Both of these videos were shot during live seminars with Vince Morris. Properly applied, even light blows to the body's vital points can produce extreme pain and seemingly effortless knockouts. This video will teach you how to use this devastating fighting art against the most common street attacks. Color, approx. 60 min.

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In the ugly reality of a street fight with a determined attacker, you'll need to get vicious as quickly as possible to keep yourself alive. The last thing you want is to run out of gas in the first few seconds against a thug on meth. John Garman, the Crucible's fitness expert, distills years of research and personal experience of real-world violence into a video designed to teach you how to develop long-term cardiovascular endurance, fast-twitch muscle

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See pages 27, 37, 42, 58 and 66 for additional volumes in the series.

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*Master Hei Long is one of the pioneers of adapting martial arts skills for the street. He is the author of nine books for Paladin Press.*

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by Wim Demeere

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**#CS3DVD**

**2-Disc Set: \$49.95**

There's an old saying in the brutal, lightning-fast world of Thai boxing: "A good pad man is worth a million dollars." In *Pad Man: A Video Guide to Full-Contact Partner Training*, master martial artist Wim Demeere teaches you

how to join that "million-dollar" league, no matter what combat art you practice.

In this comprehensive four-disc DVD set, Demeere uses focus mitts, Thai pads, and kicking shields of all sizes to show you how to train your partner for anything from a high-powered MMA match to a street fight. Using the tricks of the trade that he learned the hard way, he'll teach you the body mechanics that will let you avoid injury and prepare your partner to strike and kick his hardest against a reactive and rock-solid target. If you can't stand up to your partner's toughest moves, you're only giving him half a workout.

Demeere will train you to handle high-line and low-line punches and kicks, ground fighting techniques, shoulder slams, stomps, and rising strikes—basically every move that your partner needs to burn into his muscle memory to compete at the highest level.

There's more to being a good training partner than just standing there and taking a hit— that's what dummies are for. Wise up and learn things about pad training that you don't even realize you need. Color, approx. 390 min.

**#PADDVD4-Disc Set: \$49.95**

*Wim Demeere has practiced a variety of martial arts for more than 20 years, studying mainly Chinese systems and full-contact fighting styles such as sanshou and Muay Thai. Wim's competitive years saw him win four national titles and a bronze medal at the 1995 World Wushu Championships. He is the former national coach of the Belgian Wushu fighting team and still trains fighters for international competitions. Reach him at [wWw.wimdemeere.com](http://wWw.wimdemeere.com).*

Listen to Wim Demeere  
on The Paladin Podcast,  
Episode 7.

## BEYOND KENPO

Secrets of Advancing the Art and Science of Kenpo Karate Joseph Simonet and Addy Hernandez

Hidden applications of some of kenpo's most popular techniques, including how to "link the lines" and blend kenpo's many movements into a superior fighting method. Color, approx. 155 min.

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*foreword by*  
*Erle Montaigne*

An osteopathic physician and experienced dim-mak practitioner uses medical science to explain how striking specific points or groups of points can devastate the body's organs and cardiovascular system. 5' A x 8/2, softcover, photos, illus., 184 pp.

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In the early 20<sup>th</sup> century, vicious Parisian gang members calling themselves “The Apaches” were all but uncontrollable. The fighting system called Defense Dans La Rue — created specifically to combat these thugs by developing techniques more brutal than the criminals could think of — turned the tide against them.

This presents a detailed breakdown of the savate street-kicking techniques of this combat system, combining it with conditioning exercises and modern pressure drills tailored to the needs of anyone inter

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**#DDLRDVD\$44.95**

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Learn the secrets that will allow you to tell when someone is lying, implant false memories, tailor your attack by using the specific keys to each individual's mind, use verbal patterns and body language to earn your foe's utter trust, hypnotize your prey, interrogate using unbeatable psychological methods and much more. 5^ x 8^, softcover, illus., 190 pp.

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HARD-CORE FIGHTING SKILLS FROM BOB ORLANDO

## THE FIGHTING FORMS OF KUNTAO-SILAT

with Bob Orlando

Before you skip over it, wait: this isn't just another forms video. In fact, it's nothing like any form you've ever seen. Rather than showing you a dry collection of martial arts moves that have no basis in real-world combat, best-selling author Bob Orlando and Paladin Press have put together a video production that teaches hard-core fighting skills in a format that's easily learned, repeatable and practical. Drawn from the best elements of the Indonesian combat art of kuntao-silat, this video shows you the only two forms you'll ever need.

Combining the author's logical, detailed instruction with multiple camera angles and slow-motion photography, you will learn two of the most fundamental forms of kuntao-silat: Enam Mat-jan and Elbow Exercise. Both teach the important combat basics of angle, leverage and body positioning to win any fight, including dealing with multiple assailants or fighting from a disadvantaged

position. In addition, Orlando shows strikes with both the open hand and the fist that will literally stun your opponent with pain and leave him open to devastating leg destructions to disrupt his base.

This is the forms video for people who don't like forms and is a must-have for any complete combat library. The video set includes a 46-page workbook on Enam Matjan and Elbow Exercise. Color, approx. 185 min.

**#FORMDVD**

**2-Disc & Workbook Set: \$79.95**

## FIGHTING ARTS OF INDONESIA

Combat Secrets of Silat and Kuntao with Bob Orlando

This video brings the teachings of *Indonesian Fighting Fundamentals* to life. Discover how concepts such as adhe

sion, whiplash, gyroscopic rotation, seating and shearing can be used to maximize the body's fighting potential and destructive power, as well as how these principles can be applied with devastating effect against common street attacks. Color, approx. 110 min.

**#FIGHTDVD\$39.95**

Listen to Bob Orlando on The Paladin Podcast, Episode 8. Go to our website: [www.paladin-press.com](http://www.paladin-press.com) and click on Features & Extras. You can also listen on iTunes or Podcast Alley.

## THE FIGHTING FOOTWORK OF KUNTAO AND SILAT, VOLUMES 1–4

**A Complete Guide to the Tactical Legwork of Kuntao, Silat, and Kuntao-Silat**

*with Bob Orlando*

One of the most distinctive aspects of the Indonesian martial arts is their destructive legwork. While a kuntao or silat practitioner's hands are busy parrying, trapping and striking, his legs are applying their own tactics to trap, unbalance and destroy an opponent's lower body. Bob Orlando spent years analyzing Indonesian legwork and organizing it into a true martial science. Now he makes this information available to you.

### INDONESIAN FIGHTING FUNDAMENTALS

The Brutal Arts of the Archipelago by Bob Orlando

Get a deeper understanding of the selfdefense applications of the Indonesian fighting arts by exploring their

underlying principles. 8/ x 1 1, softcover, photos, illus., 200 pp.

**#IFF\$40.00**

VOLUME 1

Critical elements of silat, kuntao and hybrid kuntao-silat legwork • Mechanics of trapping and unbalancing an opponent with your legs • First two *langkahs* (lower-body training drills) of Orlando's system. Color, approx. 90 min.

VOLUME 2

Mechanics of the third and fourth *langkahs* of Orlando's system and the subtleties of their

VOLUME 3

How to integrate the critical skills of *langkahs* 1–4 of his kuntao- silat system into *langkahs* 5 and 6, the most advanced drills of the art • Strategies and tactics of advanced Indonesian legwork • How to relentlessly pursue an attacker, constantly trapping, locking and destroying his legs as you pummel him with hand techniques. Color, approx. 75 min.

VOLUME 4

silat, kuntao and kuntao-silat variations • Secrets of the true fighting function of silat's distinctive cross-legged or "twist" stance • How to coordinate your upper-body technique with the traps, grinds, knee-wrenches and off-balancing maneuvers that are the heart of the 1 *angkahs*. Color, approx. 65 min.

Muscle-burning exercises and drills to develop the strength and stamina necessary to employ kuntao-silat footwork effectively in combat • How to integrate strength training with reflex and technique practice through revolutionary training methods • How to adapt the traps, grinds and locks in the first three volumes of the series

into a knee-breaking, ankle-popping arsenal of low-line kicks. Color, approx. 60 min.  
**#FOOTKITDVD4-Disc Set: \$69.95**

*Bob Orlando is a longtime student of Dutch- Indonesian Master Willem de Thouars. His Indonesian fighting secrets can help you develop the blinding speed, lightning reflexes and spontaneous reactions that are the mark of a true fighter. Visit Bob Orlando's website: [www.orlandokuntao.com](http://www.orlandokuntao.com).*

## **T.A.C.S.A.F.E.**

### **Practical Filipino Kuntao Defenses Against Firearms and Edged Weapons with Professor Rick Hernandez**

Tactical Awareness and Control Strategies Against Firearms and Edged Weapons is a dynamic program of empty-hand weapon defenses based on the combat-proven techniques of Filipino kuntao. Rick Hernandez was a senior student of Flo- rendo "Professor Vee" Visitacion. Color, approx. 150 min.

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## **FILIPINO KUNTAO**

The Art of Jing Shen Jie Fang "Free Spirit" Fighting with Professor Rick Hernandez

This brutally effective fighting art combines the crippling low-line kicks of Filipino sikaran with the dynamic footwork and punishing rapid-fire strikes of the Chinese martial arts.

Color, approx. 150 min.

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## **PUKULAN PENTJAK SILAT**

The Devastating Fighting Art of Bukti Negara-Serak with Guru Stevan Plinck

When attacked, pukulan pentjak silat practitioners close rapidly with their opponent, simultaneously deflecting and smothering the weapons of the upper body while destroying and immobilizing the lower body. Color, approx. 65 min.

**#PPSDVD \$29.95**

## **HAPKIDO CANE**

Big Stick Fighting from the Dojo to the Street *with Alain Burrese*

Maximize the combative use of the cane by stripping away the flashy martial arts moves; utilizing the rapid, vicious strikes that take advantage of the cane's size and heft, and then transitioning seamlessly into brutal combinations of striking and blocking. Color, approx. 150 min.

**#HAPCDVD2-Disc Set: \$39.95**

## SECRETS OF PANGAMOT

### **The Brutal Filipino Art of Unarmed Combat**

An inside look at *Pangamot* focusing on the “three Ds”: defend, disarm and disable. Color, approx. 300 min.

**#PANGDVD3-Disc Set: \$59.95**

## CRASHING THE LINES

The Art and Science of Doce Pares Eskrima

A distillation of Japanese aikido, Indonesian silat and Filipino Doce Pares eskrima into an elevated system of stick fighting that goes far beyond anything previously captured on video. Color, approx. 305 min. **#CRASHDVD3-Disc Set: \$69.95**

## CUTTING THE LINES

### **The Vicious Compression Locks of Doce Pares Eskrima**

Building on information presented in *Crashing the Lines*, this video unveils a new series of locks, throws and chokes that will give you the upper hand no matter what position you find yourself in during a fight. Color, approx. 180 min.

**#CUTDVD2-Disc Set: \$49.95**

*Former U.S. Army Ranger Christopher Petrilli is an 8<sup>th</sup>-degree black belt in Doce Pares eskrima under the legendary Grandmaster Ciriaco “Cacoy” Canete. He is also an expert practitioner of Indonesian pentjak silat and Japanese aikido.*

**See page 35 for Slashing the Lines, also by Christopher Petrilli.**

## SECRETS OF LIGHTNING SCIENTIFIC ARNIS

The Dynamic Filipino Art of Self-Defense with Alfredo “Rico” L. Acosta

Learn the Thirteen Lethal Strikes of Lightning Scientific Arnis (LSA) and their accompanying blocks, how to combine them with body angling and footwork to yield a series of high-speed flow drills, and the Twelve Fighting Methods: striking combinations and *espada y daga* techniques that make up the heart of LSA. Color, approx. 95 min.

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CATCH WRESTLING FOR  
STREETFIGHTING AND SELF-DEFENSE.  
VOLUME FOUR: STRIKING  
VOLUME ONE: FUNDAMENTALS

Learn the vitals of stance and footwork that will keep you stable enough to throw a powerful punch, but mobile enough to foil a takedown attempt. From there, discover the penetration step that will put you in perfect position for a takedown or throw, as well as how to turn pum- meling into an effective tool to develop superior hand placement and dominant body positioning. Color, approx. 90 min.

**#SNT1DVD\$29.95**

There's more to catch than grappling, and to be effective on the street, you need to have your striking game wired tight; this video will teach you to do that. First you'll perfect your punch by learning how to properly roll a fist to minimize or eliminate hand injuries; proper body mechanics to derive maximum power; and the bread- and-butter jab, hook and uppercut. Then you'll see how to develop your close-range weapons and kicks. Color, approx. 160 min.

**#SNT4DVD2-Disc Set: \$59.95**

VOLUME FIVE: STANDING SUBMISSIONS

VOLUME TWO:TAKEDOWNS AND THROWS

This video teaches you how to put someone onto the pavement and keep him there without compromising your balance. You will also learn how to perform fireman's carries and the duck under, one of catch wrestling's least understood but most powerful moves, and how to execute throws from various positions that can cause serious injury or even death. Color, approx. 130 min. **#SNT2DVD2-Disc Set: \$49.95**

When you can't afford to take your opponent to the ground, Cecchine teaches the crippling double wrist lock (shown for the first time on video in its most effective form), the figure-4 front choke and front face lock, the rear naked choke that will have your attacker unconscious in mere seconds, the brutal side head lock and the true full nelson. Color, approx. 140 min.

**#SNT5DVD2-Disc Set: \$49.95**

VOLUME SIX: GROUND FIGHTING

Hand fighting is the true grappler's way of both achieving an unbreakable grip and breaking the grip of any opponent, no matter how strong he is. Cecchine demonstrates catch's most effective takedown defenses, showing you how to stay on your feet in a real-life violent encounter and avoid being slammed to the pavement. Color, approx. 100 min.

**#SNT3DVD\$39.95**

SAVE \$129.70 WHEN YOU BUY THE 7-VOLUME SET FUNDAMENTALS, TAKEDOWNS AND THROWS; HAND FIGHTING AND TAKEDOWN DEFENSES; STRIKING; STANDING SUBMISSIONS; GROUND FIGHTING; AND DRILLS, PAIN TOLERANCE, AND MENTAL CONDITIONING.

**#SNTSETDVD\$199.95**

**For retail sales only.**

Prevail in any encounter that ends up on the ground. This video teaches you how to master a series of rapid escape and reversal techniques, develop maximum power when

striking on the ground whether you're on your back or on top, and administer vicious ground submissions designed to cripple your opponent and end the fight quickly. Color, approx. 240 min.

**#SNT6DVD3-Disc Set: \$69.95**

Get the skills you need to survive any street encounter whether you're on your feet or on the pavement. You'll learn to condition your body and burn in catch's fundamental techniques, withstand the searing agony of such submissions as the double wrist lock and heel hook long enough to effect a counter or reversal, and attain the mind-set of a true streetfighter. Color, approx. 80 min.

**#SNT7DVD\$29.95**

*Arguably the most brutal mixed martial art practiced today, catch wrestling's devastating arsenal of strikes, takedowns, throws, flesh-tearing rips and bone-shattering hooks has been copied by many but mastered by few. In this extraordinary video series from Paladin Press, expert catch wrestler Tony Cecchine teaches you catch's most street-worthy techniques, combining hard-core grappling with brutal striking to provide you with a turnkey self-defense system that will make you unbeatable on the street.*

Listen to Tony Cecchine on The Paladin Podcast, Episode 18.

MORE TITLES FROM

PALADIN BEST-SELLER

MARK HATMAKER, THE "PROFESSOR OF GRAPPLING"

## BEYOND BRAZILIAN JIJITSU II

Escaping, Countering, and Defeating a Formidable Combat Art

While the first volume in Mark Hatmaker's best-selling *Beyond Brazilian Jujitsu* series focused on the differences in approach from Western wrestling to Brazilian jujitsu, this explosive video production from Paladin Press specifically addresses how to defeat BJJ's formidable combat arsenal using Western scientific wrestling. There aren't any tricks or gimmicks here, but rather a collection of escapes and counters to Brazilian jujitsu's most effective moves, taught with Hatmaker's typical attention to detail and specificity. Included are arm bar beats from various body positions; choke counters, including several triangle and rear naked choke escapes; and a collection of foot lock counters. An experienced BJJ player is no joke, but you don't have to fear him: know what he's capable of and beat him at his own game. Color, approx. 150 min.

**#BBJ2DVD**

2-Disc Set: \$59.95

## BEYOND BRAZILIAN JIJITSU

Redefining the State of the Art in Combat Grappling

Find out how Brazilian jujitsu stacks up against the techniques of Western scientific wrestling with a point-by-point analysis of more than a dozen of BJJ's most popular techniques. Color, approx. 120 min.

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## **THE SUBMISSION ENCYCLOPEDIA, VOL. 1**

The Ultimate Guide to the Techniques and Tactics of Submission Fighting

Mark Hatmaker's comprehensive no-holds-barred combat system integrates the best of Eastern and Western fighting styles into eight different submission chains. For each chain, you'll learn a submission technique, the counter for that technique and another technique to overcome that counter. Color, approx. 120 min.

**#SUBDVD2-Disc Set: \$39.95**

## **THE COMPLETE GRAPPLER**

**The Definitive Guide to Fighting and Winning on the Ground**

What do you really need to know to be a good grappler? Mark Hatmaker has dedicated his life to the research and practice of the world's wrestling systems and boiled that answer down to 380+ essential skills that form the core of *The Complete Grappler*. Through more than 10 hours of video and a fully illustrated companion workbook, Hatmaker presents detailed instruction in every technique of the system and reveals how they collectively create the strategies and tactics of true scientific wrestling. You will learn not only the fundamentals but all the ins and outs and tricks of the trade of Hatmaker's highly acclaimed approach to the grappling arts.

Primarily new material not in his other videos, this turnkey course is not only the most exhaustive one-stop source of practical grappling information ever compiled, it is a landmark achievement in the history of the wrestling arts. Color, approx. 10 hours, 496-page workbook.

**#CGSETDVD6-Disc Set and**

**Workbook: \$229.95**

40 YEARS

"I find everyone I've been involved with at Paladin to be quite respectful and a pleasure to work with. I add this last observation for anyone who looks over their inventory and wonders what sort of people supply such products. As it turns out, it's good people." —Mark Hatmaker

## BELOW THE BELT

**A Complete Arsenal of Low Kicks for MMA and the Street *with Mark Hatmaker***

### THE BELT

After years of being asked, “Don’t you guys ever kick?” renowned grappling expert Mark Hatmaker finally unleashes his vast arsenal of low kicks for MMA and self-defense in this comprehensive video.

Stressing the high-percentage kicks that will work almost every time, Hatmaker demonstrates kicks from the outside range and the clinch; the brutal “Ax Murderer” series; back kicks to get out of a rear-clinch situation; cut-kicking; painful and surprising point kicks; and defenses against any kick imaginable. For the complete fighter, he launches into an exhaustive display of kicking combinations followed by kicking and upper-body tool combinations that show you how to mesh Western boxing strikes with kicking attacks to the thighs, shins, and ankles. To burn it all in, he gives you kicking chain drills, kicking conditioning drills, and leg conditioning drills that rely on sparring contact, not kicking trees because “the Thais don’t do it, and neither should you.”

Simply put, Hatmaker proves that if you want to be on top of your game, you have to go low. Color, approx. 205 min.

**#BBELTDVD2-Disc Set: \$69.95**

Listen to Mark Hatmaker on The Paladin Podcast, Episode 1. Go to our website: [www.paladin-press.com](http://www.paladin-press.com) and click on Features & Extras. You can also listen on iTunes or Podcast Alley.

### MORE TITLES FROM MARK HATMAKER

MASTER TAKEDOWN DEFENSES AND MOUNT ESCAPES THAT WORK UNDER PRESSURE.

**Restraint and Submission**

## THE ABCs OF NHB

### High-Speed Training for No-Holds-Barred Fighting

No-holds-barred fighting is the most realistic and demanding combat sport in existence today, and it is also one of the few “sport” activities that effectively develops real-world self-defense skills. The key to success in NHB and on the street is being a total fighter. And the key to becoming that fighter is Mark Hatmaker’s explosive new NHB training series.

### VOLUME 2: SHOOT AND TAKEDOWN PROGRESSIONS

The secrets of the shoot and double-leg takedown — the most basic yet critical skill for all serious mixed martial arts practitioners; little-known secrets that will improve your stance, footwork, entries and finishes and tremendously improve your shooting skills; and the most effective counters to double-leg takedowns. Color, approx. 120 min.

**#ABC2DVD\$29.95**

**Techniques for the Street** *by Loren W. Christensen*

This book isn't about sport fighting, flashy moves or how to become a better person through a martial art. It presents highly efficient, legally defensible grappling techniques designed to control and restrain through the application of pain to the joints of the body. Its

## **VOLUME 1: EXTREME BOXINGCHAIN DRILLS**

Twenty high-speed chain drills that consist of a prearranged sequence of strikes and counters that closely simulate the dynamics of a real fight while scientifically programming spontaneous combat reflexes. Color, approx. 120 min.

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### **VOLUME 3: GRAPPLING AND SUBMISSION PROGRESSIONS**

The key to submission chains — a series of techniques that combine joint-wrenching submission holds into natural progressions. When applied in a fight, they enable you to automatically apply the best submission technique for the situation, as well as to counter your opponent's counters. Color, approx. 120 min.

**#ABC3DVD\$29.95**

purpose is to provide today's modern warrior — the self-defense-oriented martial artist, combat soldier or law enforcement officer — with easy-to-apply techniques that first restrain and then, if taken to their maximum potential, inflict severe physical injury, including torn ligaments and tendons, broken bones and even paralysis or death in extreme cases. 5/ x 8/, softcover, photos, 204 pp.

**#EJL\$21.00**

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## **CLEAN SWEEPS**

A Grappler's Guide to Getting from the Guard to the Top Game

Mark Hatmaker explodes the common myth that the guard, also known as the bottom scissors, is a position of strength and shows you how to get from the guard to the top game. Color, approx. 180 min. #CLEANDVD

**2-Disc Set: \$39.95**

## **NO HOLDS BARRED FIGHTING**

The Ultimate Guide to Submission Wrestling by Mark Hatmaker with Doug Werner

Submission wrestling is the underlying fighting skill associated with the Ultimate Fighting Championship, King of the Cage and other no-holds-barred competitions. Find out why. 5/ x 8/, softcover, photos, 256 pp. #NHB\$12.95 For retail sales only.

## **MORE NO HOLDS BARRED FIGHTING**

**Killer Submissions *by Mark Hatmaker with Doug Werner***

This book will help wrestlers learn to apply unbreakable concession holds, master grips, improve takedown defenses and mount escapes that will work under pressure. 5/ x 8/, softcover, 650+ photos, 208 pp.

**#NHB2\$12.95 For retail sales only.**

**MASTERING SAMBO FOR MIXED MARTIAL ARTS**

In this book, Scott Sonnon traces the development of the four types of sambo (self-defense, sportwrestling, combat sambo and Spetsnaz) and then focuses on sambo's mixed martial arts applications. Here he reveals the signature "saddle" techniques that have made him one of the most respected leg-lock coaches in the world. With 101 step-by-step moves — including entries, sweeps, passes, recounters and a host of submissions — this book is a must for all MMA competitors searching for an edge over the competition. 8/ x 11, softcover, photos, 174 pp.

**#MSAMBO\$20.00**

## **ONE STRIKE, ONE KILL**

**The Deadliest of Karate's Deadly Blows *with Vince Morris***

Through rare seminar footage, Vince Morris reveals the secrets of applying karate's most devastating techniques to the body's vital points.

Color, approx. 60 min.

**#ONEDVD\$29.95**

## KISSAKI-KAI KARATE-DO

**Rediscovering the Fighting Function of Karate Form**  
*with Vince Morris, 7<sup>th</sup> Dan*

Kissaki-Kai is a blend of kyusho-jitsu and traditional karate's combat applications. Color, approx. 75 min.

**#KISSDVD\$19.95**

**IN THE EARLY 20TH CENTURY, ONE MAN RULED THE WORLD OF PROFESSIONAL WRESTLING: FRANK GOTCH.**

## THE LIFE AND LEGACY OF FRANK GOTCH

**King of the Catch-as-Catch-Can Wrestlers** *by Mike Chapman*

This book chronicles Frank Gotch's rise to the top of the wrestling world before his untimely death in 1917. It provides little-known details about his earliest matches and his two epic bouts against the "Russian Lion," the great George Hackenschmidt. Author Mike Chapman has unearthed fascinating accounts from wrestling legends, promoters and sports writers, during and after the Gotch era. Close to 80 photos, many of which are being published for the first time in nearly a century, round out this portrait of one of the most influential figures in the history of professional wrestling. 5/ x 8/, softcover, photos, 162 pp.

**#LLFG\$19.95**

## WRESTLING BY FRANK GOTCH, WORLD'S CHAMPION

by Frank Gotch

Frank Gotch's relentless training regimen and ferocious style in the ring has been well documented, but this exclusive reprint shows another important aspect of his success — his unparalleled skill at the art of catch-as-catch-can wrestling. Published soon after Gotch's epic 1908 world championship defeat of George "the Russian Lion" Hackenschmidt, this booklet showcases Gotch performing his signature wrestling moves in some 30 clear, instructional photographs, along with tips on how to make them work against an opponent. 5/ x 8/, softcover, photos, 122 pp.

**#WFG \$18.00**

### CATCH WRESTLING: ROUND TWO

**More Wild and Woolly Tales from the Early Days of Pro Wrestling** *by Mark S. Hewitt*

Take another trip back to the raucous early days of pro wrestling as Mark Hewitt brings you even more blow-by-blow accounts of dozens of the most famous and infamous mat battles of the day, as well as the backstage stories of the colorful characters

who crisscrossed the country from the 1880s to the 1960s in search of fame, glory and cold, hard cash.

From all-comers matches to high-profile card events, from dirt lots and carnivals to packed arenas, from country boys to skilled scientific wrestlers, the fighting lore is packed in here tighter than a Strangler Lewis headlock. Filled with extremely rare photos culled from the libraries of fight fans and historians and the family scrapbooks of the wrestlers themselves, *Catch Wrestling: Round Two* offers up such gems as: • The most notorious double-cross in wrestling history • London's legendary Alhambra Tournament of 1908 • Japanese sensation Matsada Sorakichi's U.S. debut • Wrestler vs. boxer mixed matches • Celebrity referees, celebrity wrestlers and the French Angel • The Gracie brothers and the fight scene in 1930s Rio de Janeiro Read the true stories of Tigerman Pesek, Midget Fischer, Earl Cad-dock, Billy Wicks, Lou Thesz, and all the other grapplers who paid for their place in sports history with blood, sweat and pain. 5/ x 8/, softcover, photos, illus., 426 pp.

#CATCH2\$39.95

## CATCH WRESTLING

**A Wild and Woolly Look at the Early Days of Pro Wrestling in America**  
*by Mark S. Hewitt*

Chronicles the exploits of an elite group of wrestlers who took on all comers in packed arenas, carnivals and dirt lots all across America. Contains a superb collection of old photos, posters and ads. 5/ x 8/, softcover, photos, 296 pp.

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ROUND TWO #CATCHSET\$44.95

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## CHAMPIONSHIP STREETFIGHTING

Boxing as a Martial Art

*by Ned Beaumont*

This hard-hitting manual is the first practical and proven guide to using boxing skills as a martial art, without the "strip mall karateka" mind-set. A highly regarded book. 5/ x 8/, softcover, illus., 206 pp.

#CSF\$21.00

## CHAMPIONSHIP

STREETFIGHTING

## THE SAVAGE SCIENCE OF STREETFIGHTING

**Applying the Lessons of Championship Boxing to Serious Street Survival**  
*by Ned Beaumont*

In this sequel to *Championship Streetfighting*, veteran boxer Ned Beaumont takes a look at the “secret” punches of champs and why they worked in the ring. He also examines the elements of power punching for knockouts, the nuances of counterpunching, advanced defensive skills and how to use boxing against weapons. 5/ x 8/, softcover, illus., 256 pp.

**#SAVAGE\$25.00**

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## THE SANDOW-LEWIS LIBRARY

by Ed “Strangler”\* Lewis and Billy Sandow

Feared inside the ring for his crippling submission holds, Hall of Fame wrestler Ed “Strangler” Lewis was respected outside the ring for his extensive knowledge of wrestling. In 1926 he and his legendary manager and promoter, Billy Sandow, compiled

their vast knowledge of physical conditioning, fighting and wrestling into an eight-volume collection, called the Sandow-Lewis Library. These books were instrumental in teaching the science of wrestling and physical fitness to generations of wrestling aficionados.

Long out of print, copies of individual volumes are hard to find and command such steep prices when they do surface that it is virtually impossible for wrestling or fighting enthusiasts today to own the entire collection. Now they can through this exclusive reprint collection from Paladin Press. Each title is available individually, or you can buy the entire set and save.

## DOWN BUT NOT OUT

**Streetwise Tactics for Fighting on the Ground**  
*with Marc “Animal” MacYoung*

Learn how to avoid

## DYNAMIC CHUX

going to the ground, fall on any surface without being injured, protect your vital areas while on the

ground and get back on your feet. Color, approx. 60 min.

#DOWNDVD

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with Mitch Thomas**

them. Color, approx. 100

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## **STREET SAMBO**

Practical Grappling Skills for Self-Defense with Dr. Brett Jacques

Sambo is an explosive blend of striking, throwing and grappling methods specifically designed to fight and win against armed opponents, physically superior opponents and multiple attackers. Color, approx. 225 min.

#SSDVD

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## **AMERICAN COMBAT JUDO**

by B.J. Cosneck

A lengthy training session in vicious close-in fighting skills, combining elements of jiu-jitsu, boxing, wrestling, savate and plain-old dirty fighting into an easy-to-learn set of practical unarmed combat techniques designed to incapacitate any attacker. 5/ x 8/, softcover, photos, 124 pp.

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## **THE COMPLETE PUGILIST**

**The Definitive Guide to Old-School Boxing, Dirty Boxing, and the Sweet Science** *by Mark Hatmaker*

Get precise, detailed instruction in every major aspect of boxing from no-holds-barred fighting to the sweet science of today. Focusing first on the basics of footwork, ring generalship and body movement to keep your opponent from landing a punch, he then teaches the fundamentals of striking, from such basic punches as shovel hooks and the true cross to “illegal” shots like elbow strikes, foot stomps and hacksaws. From there, he shows you the most effective combinations and how to string them together to maintain an unbeatable offense. In the lengthy trigger punching section, you learn how to best make use of body angling to turn your opponent’s offense against him. Finally, see little-known strategies of clinching, feinting, and infighting. If you’re a boxer looking to hone his game, a beginning student seeking instruction in one of the oldest fighting sports known, or a practitioner of any martial art looking for a proven system of stand-up fighting for self-defense, this video production is tailor-made for you. Color, approx. 600 min.

**#PUGDVD6-Disc Set: \$179.95**

## **ARMOR PLATED**

The Encyclopedia of Defensive Skills for NHB and the Street *with Mark Hatmaker*

Using the most effective defensive tactics from both stand-up fighting and wrestling, Mark Hatmaker begins your instruction with basic techniques that work against any strike and then moves into the specifics of defending against punches, blocking kicks and even stopping elbows, knee strikes and headbutts. He then

teaches you not only how to best protect against a grappler’s ground and pound game, but also how to turn the tables and put him on the defensive. If you want to be a true fighter, you need a good defense. With this video, you’ll not only have that defense, you’ll be armor plated. Color, approx. 150 min.

**#APDVD**

**2-Disc Set: \$39.95**

## SAVAGE STRIKES

**The Complete Guide to Real World Striking for NHB Competition and Street Defense** *by Mark Hatmaker*

Learn the complete NHB striking arsenal — punches, kicks, elbows, head and shoulder butts and forearm shots — as well as unique stance, footwork and mobility considerations as they apply specifically to NHB competition. 5/ x 8/, softcover, 850 photos, 256 pp.

**#SSTRIKE\$12.95**

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A COLLECTION OF SAVAGE PUNCHES, HEAD-BUTTS, ELBOWS & STOMPS

**Hart Cara tannc tar SaM Mmm**

## BOXING MASTERY

Advanced Technique, Tactics, and Strategies from the Sweet Science by Mark Hatmaker, with Doug Werner

Learn ring generalship, offensive and defensive strategies, body work, draws and fakes, clinching techniques with counters, as well as how to throw advanced combos, cut off the ring, fight off the ropes, generate power, corner a foe and more. 5/ x 8/, softcover, photos, 224 pp.

**#BOXM\$12.95 For retail sales only.**

**JOE LOUIS' HOW TO BOX** *by Joe Louis*

In words, diagrams, and action photographs, Joe Louis—who was named the greatest heavyweight of all time by the Interna-

tional Boxing Research Organization in 2005—explains the techniques he successfully used in his boxing career. There can be no greater authority to write a book on this subject than the “Brown Bomber,” who held the World Heavyweight Championship for 11 years and successfully defended the title 25 times, both heavyweight records.

Paladin Press is pleased to offer this classic title, which was originally published in 1948, to a whole new generation of boxing enthusiasts. Starting with the correct mental attitude and basic training rules and equipment, the book proceeds through the proper stance and footwork to all the various punches and knockout blows. Personal experiences and pictures of the legendary champ enliven the instructions and lessons.

This book is for anyone interested in boxing or self-defense. 8/ x 11, softcover, 64 pp.

**#JLBOX\$9.95**

## **STREETFIGHTING ESSENTIALS**

**Combining Western Boxing and Hapkido into an Unstoppable Self-Defense System *with Alain Burrere***

Blend the proven hand techniques of boxing and hapkido's devastating throws and kicks into a streetfighting system that will keep you on top. Color, approx. 150 min.

**#SFEDVD**

**2-Disc Set: \$29.95**

## **MASTERS AND STYLES**

**A Comparative Analysis of SelfDefense Technique *with Loren Christensen,***

***Mark Hatmaker, and Vince Morris***

Three of Paladin's

**#MASTERS1DVD**

TITLES FROM JIM ARVANITIS

## **SECRETS OF PANKRATION**

with Jim Arvanitis

Teach yourself pankration's brutal stand-up fighting skills, its punishing locks and ground skills, and how to combine them into a formidable mixed martial art. Color, approx. 350 min.

**#PANKDVD**

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**Volume 2: Jeet Kune Do Unlimited with Burton Richardson**

**Volume 3: Doce Pares Eskrima with Christopher Petrilli**

The brainchild of Joseph Simonet and Addy Hernandez, Wind and Rock is one of America's premier martial arts training events, and this series features some of the most innovative and unique martial arts instruction ever captured on video. Color, approx. 270 min.

## WATER AND STEEL

Inside Datu Kelly S. Worden's Natural Spirit Training Camp with Datu Kelly S. Worden, Dr. Brett Jacques, and Sifu Joseph Simonet

Get an inside look at the historic gathering of three of Paladin's most innovative martial arts authors at the 1999 Water and Steel training camp. Kelly Worden offers instruction in Filipino espada y daga methods and the ranges of combat. Brett Jacques reveals the secrets of using Sambo to put a decisive end to a fight. Joseph Simonet teaches rarely seen methods of silat stick fighting. Color, approx. 90 min.

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## LA CANNE

The Walking Stick Method of Self-Defense, Vols. 1, 2, and 3

La Canne combines the skills of saber fencing with the tactics of the cut-and-thrust sword, French savate and boxing. *Volume 1* presents detailed instruction in fundamental skills; *Volume 2* teaches two-handed cane fighting techniques; *Volume 3* demonstrates the defensive use of the cane in common attack scenarios. Color, approx. 80 min.

**#CANNEDVD**

## CHOKES 'EM OUT

65 Chokes to End Any Fight Fast

A martial artist or street fighter who believes that he can survive solely on powerful punches and kicks may be in for a rude awakening when the fight ends up in a clinch on the concrete or the attacker turns out to be high as a kite, immune to pain. Simply put, when strikes don't work, you need the one sure fight ender: the choke. This detailed volume shows hundreds of step-by-step photos to teach you the best techniques for ending fights quickly with a wide variety of quick and effective chokes. 8/ x 11, softcover, photos, 250 pp.

**#CHOKES\$35.00**

## HOMEMADE MARTIAL ARTS TRAINING EQUIPMENT

A Do-It-Yourself Guide

*by Michael D. Janich*

Make your own martial arts equipment for a fraction of the cost — from heavy bags and speed bags to focus pads, sparring weapons and more. 8/ x 11, softcover, photos, illus., 112 pp.

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Since establishing its in-house video department in 1994, the Paladin Action Library has produced over 37 hours of self-defense videos, 44 hours of knife fighting videos, 33 hours of combat shooting videos, and more than 205 hours of martial arts material. In the last two years, Paladin has produced more than 50 videos.

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## Self-Defense

### KEEP YOUR PIECE

**Weapon Retention Tactics for Police and Civilian Shooters *with Rich Nance, David Hallford and Aaron Peachman***

*EX* exclus|ve

If you're betting your life on a weapon retention plan that asks you to make a series of split-second decisions under duress and is dependent on remembering a specific counter for a specific angle of attack, you could be making a fatal mistake. You need instinctive, easily remembered techniques that work quickly using your natural body mechanics when an attacker makes his move.

In this DVD and workbook set, WARTAC founders Rich Nance and David Hallford, along with WARTAC instructor and SWAT officer Aaron Peachman, show you their universal retention techniques designed to safeguard the gun in your hand, the gun in your holster or the gun on your shoulder. They teach using a commonality of techniques, ensuring that you will be able to instinctively and effectively protect your firearm under any circumstance.

Whether you're a police officer carrying a firearm on the job or a legally armed civilian carrying one for personal protection, you need to learn this rock-solid retention system. (DVD: color, approx. 107 min.; workbook: 8 1/2 x 11, spiral bound, photos, 62 pp. *DVD and workbook not sold separately.*)

**#KYPDVD\$34.95**

*Rich Nance is a black belt martial artist, with over 25 years of experience. Nance has been a police officer for 13 years and a SWAT team member for six years. He is*

*a firearms instructor, patrol rifle instructor, less-lethal munitions instructor and his department's*

*he began to focus on simple, effective techniques designed to work against real-life assaults. He has traveled across*

*lead defensive tactics instructor. In 2004 Nance and David Hallford founded WARTAC CQC, a company specializing in tactical training for law enforcement and military personnel.*

*David Hallford is a multi-style black belt martial artist, with over 40 years of training. Several years ago,*

*the country for WARTAC, training law enforcement and military personnel in defensive tactics.*

*Aaron Peachman has 20 years of experience in the martial arts. He has been a police officer for four years and is a member of his department's SWAT team. Aaron is an instructor for WARTAC CQC.*

## **STREET KRAV MAGA**

Combat Essentials for Real-World Self-Defense  
EXCLUSIVE

The prevalence of Krav Maga programs taught by frauds wearing BDUs has made it very difficult for the average person to find authentic training in this brutal art used by Israeli Defense Forces personnel. Military veteran and former law enforcement officer Branimir Tudjan tears away the commercialization and hype to reveal the true Krav Maga: a self-defense program designed to save lives in dangerous situations.

Focusing exclusively on street-oriented techniques, Tudjan not only demonstrates the physical aspects of defending yourself, but also teaches you how to be aware of, avoid and deescalate potential violent encounters. From the fundamentals of close-range striking to defenses against the most common street attacks, from groundfighting to full-contact fighting drills, this comprehensive combat system will give you the tactical advantage against any thug you're likely to bump into on the street. Color, approx. 280 min.

**#SKMDVD3-Disc Set:\$79.95**

## **DUELING WITH THE SWORD AND PISTOL**

400 Years of One-on-One Combat

Paul Kirchner researched memoirs, trial transcripts and period newspapers to uncover a wealth of first-person and eyewitness accounts of deadly duels, going back more than 400 years. 5/ x 8/, softcover, illus., 480 pp.

**#DUEL\$35.00**

*Paul Kirchner has worked most of his life as a freelance writer and illustrator. He is also the author of **Jim Cirillo's Tales of the Stakeout Squad** (p. 67).*

## MARTIAL CANE CONCEPTS

A Realistic System of Walking Stick Self-Defense with Michael D. Janich

*Martial Cane Concepts* teaches a self-defense system that is simple, easily learned and easily applied by those with limited physical strength, reflexes and speed. To round out this instruction, Janich also includes material

for people with more physical attributes who choose to carry a cane as the ultimate PC weapon. Color, approx. 70 min.

**#MCCDVD\$39.95**

r PALADIN BEST-SELLER 1

## ONE AGAINST MANY MOSS

Multiple Opponent Survival System with Branimir Tudjan

Most street fights aren't one-on-one; a street predator very likely has allies who will join the fight. A former police officer and security professional teaches you the tactics and strategies he used to keep himself alive in such encounters. You'll learn brutal, fight-stopping strikes to stun your attackers and allow you to use them as shields, hard-hitting drills to develop lightning-fast footwork, how to fight while disoriented and more. A bonus supplement for law enforcement and security professionals deals with armed and resisting opponents. Color, approx. 110 min.

**#MOSSDVD\$39.95**

## The World's Deadliest Combatants throughout the Ages

by Paul Kirchner

Fifty of the greatest warriors of all time, including Alexander the Great, Jim Bowie, Nathan Bedford Forrest, Geronimo, Bat Masterson, Audie Murphy, Shaka, Alvin York and more. 5 / x 8/, softcover, photos, illus., 430 pp.

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SELF-DEFENSE CLASSICS

## THE "WALKING STICK" METHOD OF SELF-DEFENCE

by "an officer of the Indian Police"

Published in the 1920s, this extraordinary manual provides illustrated instruction in stick-fighting technique as developed by Mr. H.G. Lang, Superintendent of Agency Police, Kathiawar, India. 5/ x 8/, softcover, photos, 112 pp.

**#WALK\$15.00**

## **BROADSWORD AND SINGLESTICK**

With Chapters on Quarter-Staff, Bayonet, Cudgel, Shillalah, Walking-Stick, Umbrella, and Other Weapons of Self-Defence by R.G. Allanson-Winn & C. Phillipps Wolley

Published in England in 1890, this fascinating book may be one of the earliest ever to discuss the use of everyday items as weapons of self-defense. A must-read for anyone interested in the arts of stick work, swordplay or the no-holds-barred use of any convenient weapon, whether a cutlass or the leg of an old chair. 5/ x 8/, softcover, illus., 122 pp.

**#BROAD\$16.00**

## **MORE OF THE DEADLIEST MEN WHO EVER LIVED**

by Paul Kirchner

This collection features warriors of such strength, skill, courage and ferocity that they often turned the tide of battle. Each of the warriors fought for blood, not sport, with the weapons of individual combat: fist, knife, sword, bow, pistol, rifle and machine gun. They range from Western lawmen to big-city cops, from crusaders to fighter pilots, from a boy shepherd in Judea to two women ranchers in Kenya. Most of them fought for something beyond survival — a cause, a code, a creed or a country — while others fought solely in defense of their lives, a worthy enough purpose in itself. Some of them are well known; others are not so well known, though they deserve to be. 5/ x 8/, softcover, photos, 466 pp.

**#DMEN2\$39.00**

STICK ATTACKS FOR TAKING DOWN FOES

## **STREET STICK COMBAT**

Stick Takedowns for Hard-Core Self-Defense with W. Hock Hochheim

There are always going to be times when the situation, rules of engagement or circumstances dictate that you can't just clock your opponent in the head with your collapsible baton. It doesn't mean, however, that you can't put him on the pavement and keep him

there until you get to safety.

In this hard-hitting video, military veteran, former cop and world renowned self-defense expert W Hock Hochheim takes decades of street experience, strips away the

theory and brings you a stick takedowns program you can use as a civilian, law enforcement officer or military professional. The point isn't to create a so-called "stick fighter," but a street warrior capable of handling almost any violent encounter using a stick, baseball bat or any other blunt weapon, including less-lethal use of the rifle or shotgun. Color, approx. 180 min.

**#SSCDVD2-Disc Set: \$39.95**

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[www.paladin-press.com](http://www.paladin-press.com)

## **THE BRUTAL ART OF RIPPING, POKING, AND PRESSING VITAL TARGETS: THE VIDEO**

*with Loren W. Christensen*

This is your quick-and-dirty guide to learning dozens of ugly, shocking and painful — yet simple — ways to short-circuit an attacker and give you time to run or make a counterattack. You won't find finesse moves here; there are no complex body mechanics to study or techniques that you'll need weeks of practice to perfect. It's just pure strike, stun and escape.

Loren Christensen was an MP in Saigon during the Vietnam War and then returned home to become a cop on the gritty streets of Portland, Oregon, working among skid row derelicts, violent gangbangers and everything in between. He knows that street fights are unpredictable, going from "no big deal" to fatal in a heartbeat, and need to be stopped quickly and decisively.

The techniques in this video are all designed to deliver a surprising and vicious blast of pain to the attacker, debilitating him temporarily or permanently. Are these tricks dirty? Hell, yes. But in a fight for your life, survival is all that matters. Color, approx. 1 15 min.

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**THE BRUTAL ART OF RIPPING, POKING, AND PRESSING VITAL TARGETS**

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*by Jerry VanCook*

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*by Kit Cessna*

For the first time since World War II, the United States faces an enemy fully capable of defeating it. Contrary to popular belief, this war did not begin with the attacks of September 11,2001, and it will not end in Iraq or Afghanistan or with an election here at home. This fight is going to be with us for a very long time. When you are in a fight for your life, you can either be the winner or the loser — there is no middle ground.

Within these pages, Delta Force veteran Kit Cessna offers his unapologetic, no-punches-pulled assessment of what this war is really about and why we must defeat these radicals. He explains their history and motivations, and outlines their strengths and weaknesses (yes, they do have weaknesses). Most important, he discusses the role and duties all Americans must embrace in this fight for our survival — cultural and physical. If you are an American concerned about the future of our nation, this is a must-read. 5/ x 8/, softcover, 142 pp.

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by Charles C. Nelson foreword by Paul Gerasimczyk

Charles Nelson was revered for his “do- whatever-it-takes” school of self-defense. Many well-known exponents of the fighting arts — Carl Cestari, Bob Kasper and Kelly McCann — learned from Nelson at his school in New York, and thousands more have learned from his famous *Red and Gray Manuals*. The last of Nelson’s manuals, *Self-Defense by Charles C. Nelson*, is less well known but still quintessential Nelson in its sensible, hands-on approach to self-defense. Now a whole new generation can learn about Nelson’s self-defense program from this little booklet, which few people even knew existed. 8/ x 11, softcover, illus., 44 pp.

#SDCN\$9.00

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The Red and Gray Manuals by Charles Nelson foreword by Carl Cestari

When Charlie Nelson left the Marines after World War II, he opened his School of Self-Defense in New York City so that he could teach self-defense to civilians. To reach people who couldn't attend the school, Nelson published two manuals on self-defense, commonly referred to as the "Little Red Manual" and the "Little Gray Manual," both long out of print. Now the two manuals have been combined under one cover. 5/ x 8/, softcover, photos, 102 pp.

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Picking up where his best-selling *Combatives Series* left off, Kelly McCann teaches you how to apply his hard-core methods to react quickly and decisively to a variety of attacks. Find out how to escape headlocks and chokes, foil a weapon draw, stop a streetfighter's "jackknife" technique, counter knife and box-cutter attacks, and more. Color, approx. 90 min.

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weapon in his arsenal: grappling. You need to be prepared to deal with the MMA-enhanced street fighter, and this video with Kelly McCann teaches you how to take out any mixed martial artist, from the wannabe wrestler to the proficient brawler.

Going far beyond the groundfighting material he taught in his best-selling *Jim Grover's Combatives Series*, McCann shows you combatives-oriented defenses against common MMA set-ups such as the devastating triangle choke, the crippling Muay Thai leg kick, the tackle attempt and much more. McCann's lesson is that you don't have to fear the groundfighter: defeat him with simple, brutal techniques proven through the experience of real-world violent encounters, not half-baked martial arts moves taught by Walter Mitya wearing black.

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course in the use of pepper spray. Color, approx. 60 min.

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## 40 YEARS

The first Kelly McCann video produced by Paladin was *Situational Self-Offense*, a companion video to the best-selling *Jim Grover's Combatives* video produced by Kelly himself. It was released in November of 2001. We currently sell 15 Kelly McCann videos, with more on the way.

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Listen to Loren Christensen on The Paladin Podcast, Episode 11.

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Bradley Steiner's self-defense program is a fusion of World War II close-quarter combat, traditional martial arts and realistic self-defense. An exclusive new introduction to this Paladin reprint provides a concise history of the early days of self-defense training in the U.S. 5/ x 8/, softcover, photos, 56 pp.

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### MORE TITLES FROM LOREN CHRISTENSEN

*by Arthur Cohen*

Ft. Hood, Virginia Tech, Main Street, USA.

Hardly a week goes by without another deadly rampage somewhere. We'd like to think it's impossible that the familiar places we visit every day — "comfort zones" such as our mall, church, school or office — could suddenly become twisted into the scene of the latest tragedy. But this alarming epidemic crosses every border and affects everyone. Most people either deny the problem or think that nothing can be done to prevent or survive such an attack. Arthur Cohen, an educator for 33 years who has worked closely with various law enforcement agencies on safety issues, knows better.

In *Surviving a Massacre, Rampage, or Spree Killing*, he analyzes past incidents to define who these killers are and what we can expect from them in the future, and then shows you how to formulate a plan of action for surviving one of these terrifying situations. He focuses on what the average person can do to stay alive in the first deadly minutes, because most incidents end in a matter of minutes, usually before the police arrive, putting the burden of survival squarely on the shoulders of those caught in the rampage. Cohen provides practical tactics and strategies — many derived from what did or didn't work in real-life attacks — to give you the best chance of surviving a spree, rampage or mass killing, wherever the location.

This thoughtful, well-reasoned book goes beyond the hype to provide real answers to a very difficult problem. 5/ x 8/, soft-cover, 190 pp.

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### **A Plan of Action for Parents, Teachers, and Students**

Most books about school violence focus on anti-bullying programs and counseling; this book, by retired cop Loren Christensen, takes a hard, realistic look at teaching kids what they will need to know if a gunman walks into their school.

In this unique guide,

Christensen teaches parents how to work with their children — from elementary schoolers to teens — to develop an age-appropriate plan of action that includes developing an awareness of surroundings and critical thinking skills. He offers ideas and

techniques to teach kids how to feel safer at school; when to tell adults about rumors or threats; how to mentally rehearse a response to a shooting; and what to do when a shooting occurs. 5/ x 8/, softcover, 152 pp.

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**What to Do Before a Violent Incident;  
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**/ VIOLENCE**

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Find out how to evaluate your home tactically to protect your family members from those who seek to harm them, set up a safe room and what to do — and not do — if you hear a bump in the night. Color, approx. 55 min.

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The fighters of the great bare-knuckle boxing era were tough men and skilled combatants. They had to be to endure brutal brawls that could last for hours, testing the skills and guts of both participants.

In this fascinating tutorial on this poorly understood combative art, Lindholm and Karlsson have analyzed the surviving texts and illustrations of the masters of bareknuckle boxing and organized what they've discovered into a complete program for training, conditioning and applying these skills in a real confrontation. In doing so, they show how bare knuckle is an ideal system for real-world self-defense. It contains strikes, throws, parries and a few basic kicks, so it is simple to learn. The techniques are remarkably powerful, which means you get a good payoff for each shot you land. It works regardless of the clothes you wear, the surface you stand on, the space you will fight in or how many attackers you meet. Bare knuckle is also easy to practice alone or with partners, because you need minimal space and equipment to train and enjoy its benefits. 8/ x 11, softcover, photos, illus., 136 pp.

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## **BARROOM BRAWLING**

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A former bouncer reveals the psychology, strengths and weaknesses of a sucker puncher; the characteristics of a real fight and tips for dealing with ambushes. 5/ x 8/, softcover, photos, illus., 264 pp.

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Using principles of angle and leverage rather than brute strength, the authors take you through all types of clinches, from the collar-and-elbow tie to the Muay Thai neck clinch, so that whether you initiate the movement or find yourself in the clinch, you will know how to prevail. Nance and Hallford also cover the most effective strikes from the clinch, showing you how to set your opponent up with short elbow and knee strikes before sending him crashing to the pavement. From there, they teach both firearm and knife acquisition and retention from the clinch, in case deadly force is warranted. Color, approx. 120 min.

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*Marc “Animal” MacYoung knows the ins and outs of American violence. He is the author of numerous books and has appeared in videos on street violence and self-defense for Paladin. Reading his books and watching his videos will save you a lot of hassles — and a lot of hurt.*

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*Bill Kipp is a black belt martial artist and former special forces Recon Marine who worked as a stuntman, bodyguard, bouncer and self-defense instructor before becoming certified to teach scenario-based adrenal stress response conditioning in 1988. As the founder and president of FAST Defense, he now leads workshops and conducts instructor training in his FAST Defense and EZ Defense systems internationally.*

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A student of the late Charles Nelson, Bob Kasper wrote these two volumes of individual close-combat techniques for his students but never published them. The first volume is on principles and tactics while the second volume concentrates on stance and movement. By offering these two volumes to the public for the very first time, Paladin is not only helping to preserve the techniques designed and battlefield tested by World War II combatives pioneers — a task that Kasper dedicated much of his life to — it is also preserving the work of another close-combat legend, Bob Kasper. This book contains an exclusive new foreword by Kelly McCann, who trained in combatives and knife fighting with Kasper. 5/ x 8/, softcover, photos, 78 pp.

#ICC\$15.00

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Datu Kelly Worden teaches you the easy way to use joint locks in a street situation: the destroy, trap, lock (DTL) system. Learn how to intercept and destroy your opponent's attacking limb; trap it to immobilize him; and apply a joint lock to subdue him, throw him or break the joint. For information purposes only. Color, approx. 100 min.

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—Spc. Robert S. Bowen Jr., U.S. Army, Iraq

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**Further Studies in the Combat Use of the Early American Tomahawk by Dwight C. McLemore**

The 2004 book *The Fighting Tomahawk* revolutionized modern study of the combat use of the American tomahawk. Now, author Dwight McLemore presents an expanded course in every aspect of this formidable, iconic weapon.

In *The Fighting Tomahawk, Volume II*, McLemore shares additional details, thoughts and informed speculation on the tomahawk of the American frontier of the 18<sup>th</sup> and 19<sup>th</sup> centuries and the explorers, settlers, long hunters, traders and Indians who used it. He has mined original historical sources from the colonial era to develop more in-depth insight and instruction in such essential areas as cutting, chopping, using the back spike, frontier “rough and tumble” fighting, throwing the hawk and training with and without a partner. As always, the centerpiece of McLemore's latest book is the hundreds of precise illustrations depicting step-by-step details on wielding the hawk in training and combat.

Anyone who uses a tomahawk today — armed professionals, martial artists, historical reenactors and stage combatants — will gain valuable insights into this hallmark weapon of the traditional American blade arts. 8/2 x 11, softcover, illus, 378 pp.

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r PALADIN BEST-SELLER 1

## **THE FIGHTING TOMAHAWK An Illustrated Guide to Using the Tomahawk and Long Knife as Weapons**

The low-tech, high-impact tomahawk has been carried by American soldiers in every conflict since the Revolutionary War. Here Dwight McLemore traces the origins of the tomahawk and the fighting techniques that make it so effective. Then he demonstrates how the tomahawk can be used singly or in combination with the long knife to win in both single- and multipleopponent engagements. 11 x 8/, softcover, illus., 296 pp.

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## **THE FIGHTING TOMAHAWK THE VIDEO**

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## **THE FIGHTING TOMAHAWK:**

### **THE VIDEO**

*by Dwight C. McLemore*

A uniquely American weapon, the tomahawk has been used in warfare from 18<sup>th</sup>-century colonial skirmishes to the modern battlefields of Iraq and Afghanistan. In this groundbreaking video, veteran Dwight McLemore has taken the painstaking research that made his book *The Fighting Tomahawk* such a best-seller and adapted it to video, showing not only how the tomahawk was used during the colonial era, but also how it can be used as an almost unbeatable self-defense tool today.

In addition to the hard-and-fast tactics of tomahawk fighting, McLemore takes you through the history of the weapon and its evolution from the ball-headed war club that

made the American Indians such feared hand-to-hand fighters to the razor-sharp field axe and beyond.

The fighting techniques taught include learning basic grips and angles, mastering footwork that will always put you at the most advantageous position to attack, striking at close range, combining cutting and chopping, surprising your opponent with low-line kicks, and much more. He also includes dangerous live-blade work, sparring and throwing of the weapon to give you the combat skills any frontiersman would have.

The pioneers didn't bother with martial arts dogma, and neither should you — let this video teach you how to fight like a true American warrior. Color, approx. 250 min.

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DWIGHT McLEMORE'S OTHER FIGHTING WEAPONSTITLES  
THE FIGHTING STAFF

In the latest addition to his Fighting Weapons series, Dwight McLemore does for the staff what he did earlier for the Bowie, tomahawk and sword. *The Fighting Staff* is a modern illustrated guide to using one of man's oldest weapons. In keeping with his philosophy on fighting weapons, in this workbook McLemore does not attempt to duplicate methods from a specific period in the past. Rather, he offers an eclectic approach that borrows the most effective techniques from Asian and European martial arts throughout history.

*The Fighting Staff* covers such essentials as footwork, grip, strikes, thrusts, blocks and targeting. But its real value lies in the fighting concepts imparted, which serve as a language for advanced training. As always, your training is greatly enhanced by McLemore's beautifully executed drawings that take you step-by-step through 25 fighting drills. His use of frontal, side and overhead views, as well as his unique "floating staff" perspective, allows you to truly see how your actions correlate with those of your training partner (or opponent), as well as how and where your weapon moves.

The fighting concepts, skills and techniques taught in this book are not limited to the staff. They can also be used effectively with other weapons. *The Fighting Staff* is for martialists of all disciplines. 8/ x 11, softcover, illus., 234 pp.

**#STAFF\$35.00**

## THE FIGHTING SWORD

### Illustrated Techniques and Concepts

The second in Dwight McLemore's Fighting Weapons series provides a crash course in how to balance form and function in a sword and then focuses on tactical techniques and concepts. You will learn how to master cuts, thrusts, blocks and parries, which you can then use for the more advanced techniques of disruption, working the inner circle and single-hand use. 8/ x 11, softcover, illus., 266 pp.

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*Dwight C. McLemore is a retired combat arms officer with the U.S. Army and is an accomplished bladesman and instructor. He is renowned for his vast knowledge of blade fighting and his years of experience in self-defense and martial arts. The founder of the School of Two Swords, McLemore is rated expert level with the Scientific Fighting Congress, is certified in kung fu and holds a first dan in kendo.*

### **BOWIE AND BIG-KNIFE FIGHTING SYSTEM**

Well-known fighting arts instructor, bladesman and Bowie aficionado Dwight McLemore provides insight into Jim Bowie, the “Bowie knife” and the fighting systems that have been associated historically with both. Using more than 200 beautiful pen-and-ink drawings and easy-to-follow training drills for improving skills with big blades. 11 x 8/, softcover, illus., 240 pp.

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## **SLASHING THE LINES Deadly Techniques of Filipino Knife Combat with Christopher J. Petrilli**

In this video, Doce Pares Eskrima Grandmaster Christopher J. Petrilli takes the highly evolved skill set he demonstrated in the best-selling videos *Crashing the Lines* and *Cutting the Lines* in a brutal new direction: knife fighting. The foundation is a blade form that merges slashes, stabs, cuts and throws into a lethal flow of combat effectiveness. Taking the form piece by piece, Grandmaster Petrilli teaches the principles behind each motion and movement, showing a myriad of applications that can be used both offensively and defensively. The material can be applied to any length of blade, from close-range sword and machete techniques to lightning-fast dagger thrusts and cuts. Expanding the curriculum further, he also teaches stick and empty-hand applications, making you almost unbeatable in close-quarter combat. Whether you are armed or unarmed, facing an opponent bearing a knife or stick, this video will teach you a fighting system you can’t afford to be without. Color, approx. 210 min.

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See page 16 for **Cutting the Lines and Crashing the Lines**, also by  
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*American Swordmakers* is the definitive reference volume to American swords from Colonial times to the present. In addition to the men, companies and government facilities that made swords, this reference also contains a huge amount of data on the makers of dirks, naval and infantry pikes, cavalry lances, halberds, tomahawks and bayonets. This book, which contains information formerly found in *American Swords and Swordmakers*, also features:

- all government sword contracts, from the first with Nathan Starr in 1798 to the last in 1916 with Landers, Frary, & Clark
- detailed information on all U.S. and Confederate arsenals and armories that were involved with swords in any way
- a complete list of U.S. military arms inspectors and the initials they used on inspected blades
- a chapter on early silversmiths who hilted swords
- two chapters on all the dealers and retailers that sold swords

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*Richard H. Bezdek has been researching and collecting antique swords for more than 30 years. Since the publication of his books with Paladin, he has become a leading authority on the history of edged weapons in the United States as well as a highly sought after sword appraiser. Visit Richard Bezdek's website: [www.theswordman.com](http://www.theswordman.com).*

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Detailed information on English sword makers from the 14<sup>th</sup> century and Scottish makers from the 16<sup>th</sup> century all the way through the renowned Wilkinson Sword

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See pages 12, 27, 42, 58, and 66 for additional volumes in Kelly McCann's  
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Kelly Worden reveals the secrets of his devastating Natural Spirit knife-fighting system as he leads you through solo training, partner training and then into such advanced combat tactics as knife disarms and strips, double-knife tactics, mixed reverse-grip and standard-grip tactics, and much more. Color, approx. 90 min.

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KELLY S. WORDEN'S

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you through the basics, training you to deflect slashing and stabbing attacks on the high line while disrupting your opponent's base with kicks and foot traps on the low line. You'll learn highspeed attachment techniques that enable you to stick to your attacker so his knife has nowhere to

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draws hard-core applications from the basics, and shows never- before-seen tactics from the Filipino flow drill *sumbrada*, combining them with knife disarms and disabling combative strikes. He also teaches how to adapt these real- world knife tactics to the baton, turning what might have been a deadly technique into something less lethal. Color, approx. 130 min.

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Utilizing principles of instinctive movement, instantaneous counterattack and simple arcs and thrusts, Worden focuses on the nitty-gritty of knife fighting. Learn how to maintain your footing in places you're most likely to wind up in a real fight, as well as how to use your environment to put your attacker at grave disadvantage. Color, approx. 85 min.

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Cassidy**

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E.A. Sykes. 5/ x 8/, softcover, illus, 40 pp.

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**Cassidy**

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**#CBCDVD2-Disc Set: \$59.95**

*The author of a number of Paladin books and videos, Michael D. Janich is an accomplished knife instructor, knife designer and edged-weapons xpert For more information on Michael Janich and his tactical programs, see his website at [www.martialbladeconcepts.com](http://www.martialbladeconcepts.com).*

## COMBAT KNIFE THROWING: THE VIDEO with Ralph Thorn

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throw for long-distance attacks and much more. Thorn also shows various trick throws, including blindfolded throwing, behind-the-back knife tosses and throwing accurately while going at a dead run. Color, approx. 100 min.

**CKTDVD**

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Ralph Thorn shows you how to balance a knife for throwing, design and make your own throwing knives, build targets and practice combat throwing techniques with an emphasis on both safety and accuracy. He also demonstrates the best overhand, underhand and sidearm throws, and discusses the situations where each style works best. 5/ x 8/, softcover, illus., 120 pp.

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translated by James Loriega

*foreword by Maestro Ramon Martinez*

This annotated translation of *Manual del Baratero* provides a window to the methods of knife fighting practiced by the working class, the criminal class and the Gypsies in 19<sup>th</sup>-century Spain. 5/ x 8/, softcover, illus., 174 pp.

**#MANB\$20.00**

*James Loriega is the founder of the New York Ninpokai, the city's premier training academy for the traditional arts of ninjutsu. In 1990, while conducting ninjutsu seminars in Spain, he discovered the acero sevillano knife arts of Andalusia. Since 1996, Loriega has operated a recognized branch of the Escuela Sevillana in New York City known as the Raven Arts Institute.*

## CONTEMPORARY KNIFE TARGETING Modern Science vs. W.E. Fairbairn's Timetable of Death

*by Christopher Grosz and Michael D. Janich*

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*with Joe Maffei*

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**Reverse-Grip Knife Fighting Fundamentals** *with James A. Keating*

Originally released on videotape as *Reverse-Grip Knife Fighting*, this updated DVD teaches you the fundamentals of knife combat using the reverse grip. When the going gets really tough in close-quarters, real-world knife fighters turn to the reverse grip to

win the fight. In this video, Keating reveals reverse-grip knife fighting's secrets, from basic slashing and thrusting patterns to more advanced combat methods that integrate foot traps and live-hand striking to create a virtually unstoppable close-combat system. Keating also shows you advanced training drills and quick-draw methods that will help you hone your reflexes as sharp as your blade. Color, approx. 60 min.

**#DP1DVD\$39.95**

*James A. Keating has been in the field of personal defense for more than 30 years. Best known for his groundbreaking work with edged weapons, Keating is considered a primary resource for state-of-the-art knife and counterknife skills. His videos on the defensive use of edged weapons are the best-selling videos of their kind.*

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who had both *been stung* and *had stung* - something too important to overlook against a backdrop of ever increasing skilled, but perhaps not experienced, instructors. We're all fortunate Bob wrote down his thoughts, beliefs and training methodology regarding edged weapons or his untimely passing would've left an even larger void than it did.” 5/ x 8/, softcover, photos, 120 pp.

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*Garret Machine served as a warrior in the Duvdevan Unit, an elite special forces unit in the Israeli Defense Forces. In addition to participating in the unit's day-to-day combat operations, he was also a field medic and instructor who taught first aid and firearms tactics. He is now in the United States, bringing his knowledge of the field to you firsthand.*

One of the most overlooked aspects of lethal combat is the aftermath: what if you or your battle buddy is gravely injured and needs medical attention before the EMTs arrive? In this video, former Israeli special forces medic Garret Machine teaches you the lifesaving skills he learned on some of the world's most dangerous battlefields.

Machine begins by putting together a basic first aid kit comprised of items anyone can purchase, and from there goes into how each one is used, from personal bandages to tourniquets to airway devices and more. Concentrating on a step-by-step schematic of assessment and treatment of the most severe injuries first,

Machine prepares you for the kinds of medical contingencies you're most likely to encounter as a result of damage in the field: stopping arterial bleeding, providing rescue breathing and prepping your patient for transport. He keeps the focus on tactical situations rather than the perfection of an antiseptic hospital so that if the worst should happen, wherever it is, you'll be prepared and ready. Color, approx. 120 min.

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Also covered are navigating ditches, pits, and gullies; recovering a downed vehicle; driving through narrow forest trails; ascending and descending a steep, slick hill; and more. You never know when weather and circumstance may require you to go from a two-lane blacktop to a dark, tree-lined path: the techniques in this video will give you the tools to get you and your vehicle home safe. Color, approx. 80 min.

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James Ballou, author of the best-selling *LongTerm Survival in the Coming Dark Age*, dramatically expands on the popular workshop material in his first book to present a “makeshifter’s” way of building and repairing things with only a pile of raw or salvaged materials, your hands, and your mind. His fascinating new book is a complete guide to unconventional, remarkably creative home workshop skills, including:

- **HOMEMADE TOOLS**—Make your own hammers, drills, screwdrivers, wrenches, saws, files, vises, clamps
- **EXPEDIENT REPAIRS**—Perform sturdy repairs with ordinary glue, tape, cord, wire, dowels, nuts and bolts
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- **USEFUL PROJECTS**—Build a homemade forge out of an old barbecue grill; handle simple soldering jobs with a road flare; perform quick weld repairs with car batteries, jumper cables, and a pair of pliers

Ballou also gives extensive instruction in makeshift metalworking, practical measuring skills, resourceful salvaging, plus dozens of practical tips for the craftsman or handyman who might need this information in an emergency or who simply enjoys learning about alternative ways to accomplish home workshop projects. 8/ x 11, photos, illus., softcover, 220 pp.

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garage sales, building sites or even the local dump. Survival authority, artisan, and neo-tribal weapons expert Jason Hawk has been forging greatly sought-after blades for years out of both high-quality steel and found materials, and in this video he teaches you how easy, inexpensive, and fun it is to forge weapons that will last a lifetime. He begins by showing you how to make your own forge and anvil out of a few cheap items, and then goes into testing found steel to see if it can be worked with. From there, he teaches basic hammering, shaping, and heat-treating to guarantee that your finished products will hold up under the wear and tear of real use.

Focusing on two projects, a knife and an axe/adze, this video will give you not only vital survival skills, but also the knowledge and confidence to make your own weapons and tools no matter how primitive your surroundings. Color, approx. 220 min.

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Whether you are inadvertently stranded in the wilderness, enjoy trips into the open country or are on the run, you can learn to meet basic survival needs and improvise amenities. Includes precise drawings and complete information on

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# THE CONCERNED CITIZEN'S GUIDE TO SURVIVING NUCLEAR, BIOLOGICAL, AND CHEMICAL TERRORIST ATTACK

## THE CITIZEN'S GUIDE TO STOPPING LIVING WITH TERRORISM SUICIDE ATTACKERS

**Survival Lessons  
Secrets of an Israeli Counterterrorist**

from the Streets of Jerusalem

*by Itay Gil and Dan Baron*

Written in simple, easily understood language, the book covers personal protection equipment, decontamination agents and procedures, portable ready kits, shelters and sealed rooms, air filtration

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In a world where everyone is vulnerable to a terrorist attack, you need a self-defense system specifically designed to defeat armed attackers. Color, approx. 75 min.

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Find out how to fend off airline hijackers, subdue suicide bombers before they can carry out their mission; escape from or disarm gunmen intent on mass murder; respond to a crazed driver bearing down on a crowd; and react correctly during the two most crucial stages of a hostage crisis.

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See p. 28 for *Survival Driving* by Robert Deatherage.

Dozens of harrowing accounts of terrorist incidents in Jerusalem highlight the astonishing sophistication of terrorist intelligence gathering, attack preparation and deadly methods of operation. Learn how to assess where you live to determine whether public mass

shootings, remote-control and suicide bombings, sniper attacks or roadside ambushes might become a reality in your area. 5<sup>1/2</sup> x 8<sup>1/2</sup>, softcover, photos, 288 pp.

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## TIDE OF TERROR America, Islamic Extremism, and the War on Terror by Carl Hammer

An intelligence analyst examines the War on Terror and offers a frank assessment of the potential for eventually eradicating the threat of Islamic extremism. 5<sup>1/2</sup> x 8<sup>1/2</sup>, softcover, 336 pp. #TIDE2\$30.00

## Historical Arms & Combat

### HIGHLAND WEAPONS

Lessons, Drills, and Practices by Christopher Scott Thompson

**Christopher Scott Thompson** is the author of *Lannaireachd: Gaelic Swordsmanship*, a training manual on the use of the Highland broadsword. Thompson is the president of the Ceteran Society, a national organization that promotes historical fencing with Highland weapons.

The lessons in *Highland Broadsword* are designed to help you learn the fundamentals of broadsword fighting, with an emphasis on developing practical skills, not on exploring the esoteric details of broadsword fencing theory.

In the first part of the book, Christopher Thompson — who is the author of *Highland Knife Fighting* and *Highland Martial Culture* — instructs you in the essentials of Highland swordsmanship, including stances, grips, footwork and blade actions. After you've mastered these skills, you can test what you've learned with the free fencing and bouting exercises found in part two before moving on to the disarm maneuvers and advanced fighting techniques in part three.

*Highland Broadsword* can be used as a self-study guide by groups or by individuals with a training partner. While designed for the broadsword, the techniques in this manual also work with the backsword and singlestick. This is a must-read for anyone interested in the historical use of Highland weapons or in the Western martial arts in general. 5/1 x 8/2, softcover, photos, illus., 112 pp.

#HBS\$12.95

## **HIGHLAND MARTIAL CULTURE The Fighting Heritage of Scotland by Christopher Scott Thompson**

This book examines the nature of the Gaelic warrior class and its martial training; the Gaelic duel and how it differed from the duel in continental Europe; and more. 5/ x 8/, softcover, photos, 124 pp.

#HMC\$13.00

## **HIGHLAND KNIFE FIGHTING**

*With the Dirk and Sgian by Christopher Scott Thompson with Louie Pastore*

Traces the historical roots of the dirk and provides instructions and

## **LESSONS ON THE ENGLISH LONGSWORD by Brandon P. Heslop & Benjamin G. Bradak**

Additional Manuscript 39564, Cottonian Titus A XXV and Harleian MS 3542 are believed to be the only surviving martial arts texts of medieval England. Written before 1500, these rare texts on the art and lore of the longsword have now been transcribed, translated and boldly interpreted for modern students of the medieval combat arts. In *Lessons on the English Longsword*, Brandon Heslop and Benjamin Bradak combine dedicated scholarship with years of rigorous training to provide the most complete look yet at the English tradition of the longsword, including:

- Full transcriptions and translations of the three texts, insights into training methods in medieval England and a useful lexicon of terms
- Detailed photographic interpretations of the texts to serve as a visual reference in the study and application of the art of swordsmanship
- A convincing case for a pan-European art of the longsword, linking the techniques and training of the English tradition with the better-known German and Italian traditions
- Focus on two important aspects of medieval swordsmanship found in the English manuscripts but rarely in the numerous German and Italian sources: set training forms and the facing of multiple opponents

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#LEL

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photos in how the Highlanders used it. 5/ x 8/, softcover, photos, 128 pp.

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; *HIGHLAND KNIFE FIGHTING* |

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*by David James Knight and Brian Hunt*

Paulus Hector Mair produced the *Opus Amplissimum de Arte Athletica*, circa 1540. Today only three complete manuscripts of his opus survive. Working from both the German and Latin versions, Knight and Hunt present chapters on combat with the poleax, halberd, spear and shortstaff, and lance and longstaff. 8/ x 11, softcover, illus., 292 pp.

#POLE\$40.00

*Brandon Heslop has been dabbling in the martial arts for 20 years but has focused on the Renaissance martial arts since he discovered them eight years ago. In his training in the European sword, he focuses primarily on the longsword, but he has an abiding interest in sword and buckler, dagger and spear as well. He and Bradak founded the Dragons Tail School of Defense.*

*Benjamin Glen "Casper" Bradak is a lifelong martial artist who has been focusing on the martial arts of medieval/Renaissance Europe for about 10 years. He functioned as a senior instructor in the Association for Renaissance Martial Arts and developed its historical unarmed combatives curricula.*

## THE ART OF MAIL ARMOR

### How to Make Your Own by Mary Brewer

This comprehensive guide features seven original patterns and step-by-step diagrams and instructions for attractive coifs, hauberks, gauntlets and bishop's collars, as well as juggling balls, necklaces, belts, crosses and other jewelry. 8/ x 11, softcover, photos, illus., 168 pp.

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The longsword instruction found in 15<sup>th</sup> century fencing master Sigmund Ringeck's famous manual has been given new life by two modern students of the arts. David Lindholm has translated Ringeck's text and added extensive interpretations and comments on the master's influential work. Peter Svard has created hundreds of instructive drawings capturing every nuance of the

medieval swordsman's art. Also included in this impressive volume is advice for modern practitioners, such as physical training, evaluation of historical resources and the importance of test cutting. 11 x 8 1/2, softcover, photos, illus., 248 pp.

**#SRING2\$39.95**

## **SIGMUND RINGECK'S**

### **KNIGHTLY ARTS OF COMBAT Sword-and-Buckler Fighting, Wrestling, and Fighting in Armor by David Lindholm and Peter Svard**

This lavishly illustrated companion to *Sigmund Ringeck's Knightly Art of the Longsword* examines Ringeck's instruction on fighting with the sword and buckler, fighting in armor with longsword and spear, and wrestling. These disciplines and more are fully explained both by

Ringeck's text (offered in old German and English) and detailed captions for the step-by-step illustrations. 8 1/2 x 11, softcover, illus., photos, 298 pp.

**#KAC\$35.00**

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### **The Fighting Arts of German Chivalry by Jeffrey Hull, with Monika Maziarz and Grzegorz Zabinski**

*Knightly Dueling* is a complete overview of the fighting arts of German chivalric dueling, on horse and on foot, during the late Middle Ages and early Renaissance. Through the words and pictures of original source texts of the great German fight masters of the 14<sup>th</sup> through 16<sup>th</sup> centuries, it reveals knightly dueling for what it truly was: mor

tal combat over some grave matter with battlefield weaponry and armour This important work restores the concept of German chivalry to its rightful martial role and is a must for any serious scholar of the dynamic field of European martial arts. 8 1/2 x 11, softcover, illus., 254 pp.

#KDUEL\$30.00

## **THE ARMORER'S WORKSHOP, VOLS. 1 & 2 Volume 1: A Step-by-Step Guide to Making a Medieval Great Helm**

### **Volume 2: A Step-by-Step Guide to Making Hourglass Gauntlets**

In this phenomenal two-volume video set, Peter Fuller takes you step-by-step through the process of making a medieval great helm and hourglass gauntlets. In *Volume 1*, you will learn how to make a piece coveted by collectors and reenactors alike: a medieval great helm. *Volume 2* teaches you how to weld and sand individual pieces, anneal and shape brass, chase fine lines into your hourglass gauntlets for historical accuracy and polish pieces to achieve the appearance of 16<sup>th</sup>-century armor.

I[[[https://web.archive.org/web/20170201153457/http://www.paladin-press.com/product/The\\_Armorers\\_Workshop\\_Set/Sword\\_Guides\\_and\\_Making](https://web.archive.org/web/20170201153457/http://www.paladin-press.com/product/The_Armorers_Workshop_Set/Sword_Guides_and_Making)]] Both volumes come with full-scale patterns. Color, approx. 375 min.

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## **THE DUELING SWORD by Claude La Marche; translated by Brian House**

Originally published in 1884, Claude La Marche's *L'Epee* was the first book written on the use of the epee. *The Dueling Sword* is the first English translation of *L'Epee*. It delivers not only a valuable treatise on historical sword fighting but extraordinary insights into the psychological stress of individual combat. Through detailed instruction in the guards, attacks, parries, ripostes and counters, this book drives the reader toward the goal of practical combative fencing: the well-directed, surprising thrust to an opponent's body. 5/ x 8/, softcover, 318 pp. #DUELSW\$30.00

## TECHNIQUES OF MEDIEVAL ARMOUR REPRODUCTION

### The 14<sup>th</sup> Century by Brian R. Price

Through more than 1,000 photos and clear textual instruction, Brian Price presents a working handbook for aspiring and active armourers who want to develop and sharpen their skills in the production of medieval armour in the style of the 14<sup>th</sup> century. Taking the aspiring armourer through the construction of a medieval suit of armour from conception to completion, this book is a vital addition to the libraries of serious craftsmen, historians, collectors and researchers. 8/ x 11, softcover, photos, illus., 526 pp.

**\$60.00**

40 YEARS

One of Paladin's best-selling titles year after year, *Techniques of Medieval Armour Reproduction* was first released in 2000.

## MEDIEVAL AND RENAISSANCE DAGGER COMBAT

*by Jason Vail*

Drawing from sources written from 1409–1600), this book uses step-by- step photos and historic illustrations to demonstrate the deadly techniques of European dagger fighting. 8/ x 11, softcover, photos, illus., 234 pp.

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## THE SINGLE SWORD OF HENRY DE SAINT-DIDIER

*by Robert Preston Hyatt and Devin Wilson*

*The Single Sword of Henry de Saint-Didier* (1573) is the earliest surviving French swordfighting manual known to exist. Both lifelong sword enthusiasts, Robert Hyatt and Devin Wilson translated and interpreted this French classic so that modern swordsmen could adapt the Renaissance single sword fighting techniques to their current fighting systems. To make it easier for today's fighting students, they include

an opening chapter explaining the general fighting principles espoused by Didier and others of that period. 8/ x 11, illus., softcover, 204 pp.

**#SSHD\$29.95**

THE SCOTTISH SWORD 1600–1945 *by Harvey J.S. Withers*

The sword has played an important role in Scottish military history, and this new book presents an accessible and highly visual chronicle of that role from the 17<sup>th</sup> through the 20<sup>th</sup> centuries. With more than 1,200 full-color photos and authentic period illustrations, *The Scottish Sword* pays tribute to the swords most associated with Highland soldiers. Full color, 8 1/2 x 11, softcover, 252 pp. **#SCOTSW\$50.00**

## MASTER OF DEFENCE

### The Works of George Silver by Paul Wagner

George Silver's

*Paradoxes of Defence* (1599) and *Brief Instructions upon My Paradoxes of Defence* (ca. 1605) are arguably the most important works ever written on the Western martial tradition. In addition to presenting Silver's original works, Paul Wagner and other scholars put the master and his legacy in context. 8/ x 11, softcover, photos, illus., 352 pp.

**#MASTD2\$29.00**

## Police Science

### MICRONESIAN BLUES

The Adventures of an American Cop in Paradise by Bryan Vila as told to Cynthia Morris

Training competent, independent police forces in developing nations is critical to U.S. efforts to promote democracy and stability worldwide. Yet all too often we simply take American cops or military troops, drop them into the middle of a foreign land and leave them to figure out the enormous challenges of cross-cultural police training on their own.

Three decades ago, in the tropical island setting of Micronesia, Bryan Vila was one of these trainers. *Micronesian Blues* tells the true story of Bryan's six years directing the development of law enforcement in Micronesia during the tumultuous period when this former U.S. Trust Territory was making the transition to independence. Through lively narrative laced with wry humor, it chronicles his adventures and misadventures as he discovers the do's and don'ts of cross-cultural policing through trial and error on Saipan, Ponape, Truk, Palau, Yap, Kosrae and Kwajalein.

An instructive postscript details the ten most important lessons Bryan learned during his time in Micronesia and how they apply to any cross-cultural police training

situation, including today's global hot spots. These lessons make *Micronesian Blues* more than just an entertaining collection of true adventures — it's an eye-opening read for cops, military personnel of all ranks, public policy-makers, academics and general audiences alike. 5/ x 8/, softcover, 298 pp.

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An executive protection specialist with extensive experience in the field describes the reality of protecting celebrities, executives, foreign dignitaries and other clients from physical threats and uncomfortable situations. 5/ x 8/, softcover, 114 pp.

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**#BOUNTY**

## **BEHIND PRISON WALLS**

The Real World of Working in Today's Prisons

*by Tom Martin*

If you want to know what today's murderers, gangbangers, rapists and street predators are *really* like, you need to go behind prison walls. This is an unflinching look at life in a modern prison as seen through the eyes of veteran corrections officer Tom Martin. 5/ x 8/, softcover, 174 pp.

**#BPW\$20.00**

A VIVID PICTURE OF THE ASPHALT WORLD OF FLESH AND FANTASY

## **HOOKERS, TRICKS, AND COPS**

*by Loren W. Christensen*

In this thought-provoking and highly entertaining book, retired police officer Loren Christensen paints a vivid picture of the asphalt world of flesh and fantasy where hookers, tricks, and cops commingle, and sometimes collide.

The stories in this book — told by cops and prostitutes themselves — reveal the dark humor, poignancy, sadness, sordidness and violence that accompany the world's oldest profession. Some will make you laugh out loud, others will make you wince, a few may offend you, but all will educate you about the reality of street prostitution.

One of the most important lessons in here for cops is that, far from being a victimless crime, prostitution (and the other crimes associated with it) affects everyone in one way or another. *You don't learn this stuff in the police academy.* 5/ x 8/, softcover, 188 pp.

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#### 40 YEARS

"I have written 18 books for Paladin Press and have made six instructional DVDs. My first book, *The Way Alone*, was published in 1987. About a year earlier, I had written an article for *Karate Illustrated* magazine on how to train alone in the martial arts. It was a popular piece, so much so that the editor of the magazine contacted me and asked that I write a book on the subject. He was gathering his favorite authors to work on projects that he would put into a five-book package to present to a publisher. By the time I completed mine, the deal had fallen through for him, but he was kind enough to introduce me to Paladin Press. A few months later, *The Way Alone* began its 22- year run.

"I have since published 45 books with five publishers and recently sold my first novel. Without Paladin's guidance during my early years of writing, I wouldn't have the resume I do today.

"I give a deep and respectful bow to Paladin Press for its professionalism, decades of publishing much-needed books and DVDs, and for kindness and friendship to me."

—Loren Christensen

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## RIOT PREVENTION AND CONTROL

**A Police Officer's Guide to Managing Violent and Nonviolent Crowds by Capt. Charles Beene, Ret.**

Capt. Charles Beene's commonsense approach to crowd management shows police officers how to use special tactics, equipment and training to ensure that public gatherings do not degenerate into full-blown riots. 8/ x 11, softcover, photos, illus., 132 pp.

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## Police Science

Paladin Best Sellers

### Death Investigator's Handbook

Expanded and Updated Edition by Louis N. Eliopoulos

This reference quickly became an essential addition to every law enforcement library when it was first published. Ten years later, veteran homicide investigator Louis Eliopoulos updated and expanded it to include the latest scientific and technological advances in the field of death investigation, including DNA, cold cases, bioterrorism, mass-disaster sites, trace evidence recovery, blood spatter, forensic odontology and much more. To make the manual handier for working professionals, we have divided the book into three separate volumes: crime scenes, investigations and scientific investigations, making it easier to take the appropriate section into the field, the interrogation room or the lab. 8½ x 11, softcover, photos, illus.

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**SAVE \$35 WHEN YOU BUY *DEATH INVESTIGATOR'S HANDBOOK VOLUMES 1-3* #DIHSET (1,040 pp.)\$90.00**

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40 YEARS

*Death Investigator's Handbook* is the only Paladin book to appear on a prime-time TV show. Sharp-eyed viewers of CBS' top-rated show, *NCIS*, can spot the Paladin book (the edition where all three volumes were under one cover) on the bookshelf of *NCIS* medical examiner, Dr. Donald "Ducky" Mallard. To play the role of Ducky, actor David McCallum undertook an extensive study of forensic medicine, so when McCallum visited the *NCIS* offices in Washington, author Lou Eliopoulos presented him with a signed copy of *DIH* for research purposes. McCallum was so impressed with the book that he placed it on Ducky's bookshelf, where according to McCallum, *DIH* has a "recurrent role" on the hit series.

Lou Eliopoulos is Chief of the NCIS Forensic Consultant Division and has been involved in thousands of homicide investigations, both military and civilian. *DIH* was first published in 1993 and was updated and revised in 2003.

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## HOW TO BECOME

### A PROFESSIONAL CON ARTIST by Dennis M. Marlock

In this entertaining and eye-opening book, Dennis M. Marlock, a retired cop, takes the reader into the mind and greedy heart of the con man. Learn the mechanics behind famous swindles such as the pigeon drop, the Jamaican switch, the bank-examiner scheme, three-card monte and even fortune-telling. 5/ x 8/, softcover, 152 pp.

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### SURVIVING STREET PATROL by Steve Albrecht;

*foreword by Dave Grossi*

Veteran San Diego police officer Steve Albrecht advises fellow officers of proactive measures they can take on a routine basis to improve their odds of going home in one piece. 5/ x 8/, softcover, 278 pp.

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The brave men and women who make up our nation's EMS system willingly risk their lives every day to save people they don't know and often cannot communicate with. See for yourself how difficult, frustrating and at times heartbreaking this job can be, as lives are lost, scarce medical resources squandered, futures altered, and hope abandoned and then reborn. Despite this, most rescue workers cannot imagine doing anything else. For them, every day is different, every patient is unique and they know

with certainty that they make a difference in people's lives. And, as Lieutenant Morse so eloquently states, sometimes it is the rescuers whose lives are saved by the job they do.

This touching, humorous, life-affirming memoir offers intriguing insight into the human condition and the best and worst of our 911 and healthcare systems. 5/ x 8/, softcover, 164 pp.

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r PALADIN BEST-SELLERS 1

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### **Law-Enforcement Guide to Identifying and Combating Violent Street Gangs by Matthew David O'Deane, Ph.D.**

This comprehensive guide contains dozens of strategies and tips for identifying and suppressing gangs in any community. With more

than 400

photos and detailed

analysis of the gang activity they document, this book is invaluable not only to street cops, specialized gang units and prosecutors but also to criminal justice students, probation and parole agents, corrections officers, judges, counselors, civic leaders, journalists and citizens eager to reduce gang activity in their communities. 8/ x 11, softcover, photos, illus., 336 pp.

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## **GANG**

### **INTELLIGENCE MANUAL**

### **Identifying and Understanding Modern-Day Violent Gangs in the United States by Bill Valentine**

Bill Valentine shares a behind-the-scenes look at where today's gangs come from, how they recruit new members, how they

capitalize on the lucrative drug markets and more. Included are photos and illustrations of such gang identifiers as tattoos, hand signs, emblems and graffiti. 5/ x 8/, softcover, photos, illus., 258 pp.  
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### **Techniques and Tricks to Secure Evidence**

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*by Tony L. Jones*

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Get clear instruction in upsetting a perpetrator's center of gravity, targeting vulnerable spots and breaking the criminal's mind to get control over him. Color, approx. 105 min.  
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## **LICENSE TO STEAL Traveling Con Artists: Their Games, Their Rules — Your Money** *by Dennis Marlock and John Dowling*

This in-depth study of the Gypsy Mafia is based on true stories taken from police records, historical data and interviews with victims. 5/ x 8/, softcover, 304 pp. #STEAL2\$29.00

## **DEADLY FORCE ENCOUNTERS**

### **What Cops Need to Know to Mentally and Physically Prepare for and Survive a Gunfight** *by Dr. Alexis Artwohl and Loren W. Christensen*

This unique book, written by an experienced police psychologist and a veteran cop, reveals the hidden dangers of deadly-force encounters so that officers can survive them. It then gives officers the tools to save their careers, marriages and perhaps their lives from

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#FORCE  
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### **State-of-the-Art Defensive Tactics for Law Enforcement and Security Professionals** *with Loren W. Christensen*

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*by Loren W. Christensen*

Find out what a riot is, why it happens, who participates and what it's like to be in the middle of one.

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40 YEARS

*“Restraint and Control Strategies* was my first video for Paladin Press, a 195-minute DVD on police defensive tactics. I would later do five others on various subjects. I must admit that shooting DVDs isn't my favorite thing to do, as I don't sleep well a week before the shoot, or at all during the two or three days of filming. It's hard to talk and demonstrate for seven hours at a time when you're a walking zombie. However, the Paladin crew makes it a pleasure to do the shoot ... albeit a sleepy one.”

—Loren Christensen

## Firearms

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Totally Revised Second Edition

*by Gary Paul Johnston and Thomas B. Nelson*

The four decades since the original edition of *The World's Assault Rifles* was published have seen exponential advancements in the design and development of this infantry weapon. When the acknowledged dean of military small-arms historians, Thomas B. Nelson, teamed with one of America's top hands-on gun writers, Gary Paul Johnston, to do a complete, decades-long revision of this classic volume, their reputations and professionalism gained them unprecedented access to classified archives, corporate and private collections, and military and museum weapons all around the world. The result is a monumental body of research that may well have been impossible for any other team to assemble. From this wealth of data, the authors present 70 chapters comprising more than 1,200 pages of weapons from more than 50 countries, lavishly illustrated with 2,000 photos and drawings.

With technical and design data starting from the early 1900s to what is on the drawing boards for tomorrow, this encyclopedic volume covers every facet of the assault rifle — all within a lively and detailed historical perspective — to create the best volume ever published on the topic. Just a few of the topics in this massive tome are

World War II German developments, the insider story of the Stoner weapons system, the candid behind-the-scenes story of USSR/Russian weapons developments and a look inside assault weapons production in China. Ten years in the making, this new edition of *The World's Assault Rifles* will become the standard reference on assault weapons for decades to come. Make it a cornerstone volume in your small-arms library. 8/2 x 11, hardcover, 2,000 photos and illus., 1,232 pp.

#WASSR\$69.95

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### 3 New Titles

*Gary Paul Johnston is a highly regarded firearms writer, having authored more than 1,700 articles in dozens of magazines and periodicals worldwide. During his 28-year career in law enforcement he tested hundreds of firearms. This knowledge has served him well as a law enforcement officer and as a student of firearms, their history and ammunition.*

*Noted arms historian Thomas B. Nelson is considered a legend in the field of firearms in general and assault rifles in particular. While in the U.S. Army, Nelson attended the Army Ordnance Technical Intelligence School and later worked in the conventional weapons division of the Technical Intelligence Agency. After military service, Nelson worked at Interarmco (later Interarms) for nine years. In 1963 he published the classic reference *The World's Submachine Guns*, and in 1967 he coauthored the original volume of *The World's Assault Rifles* with Dan Musgrave.*

*Bob Cashner, a former U.S. Army cavalry scout, resides with his family in Montana, where he enjoys the great outdoors whenever possible. He is an avid hunter and shooter, and enjoys writing articles for outdoor and history magazines when the weather keeps him inside.*

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## **POOR MAN'S SCOUT RIFLE Revised and Updated by Bob Cashner**

Until Bob Cashner published the first edition of *Poor Man's Scout Rifle* in 2003, owning a scout/utility rifle was impractical for most people. Commercial versions were rare and very expensive. Using common tools and easy-to-come-by parts, Cashner showed the average shooter how to fashion his own home-built scouts from a variety of tried-and-true, battle-tested military actions. His versions stayed true to Col. Jeff Cooper's original concept of accuracy and durability as the overriding criteria for such weapons, and to qualify as a poor man's rifle, he made sure his scout rifles were affordable to those on a limited budget.

Many things have changed in the firearms world since 2003. The increased popularity of scout rifles — along with the skyrocketing prices for what were once cheap surplus rifles — convinced Cashner to update the original book to meet the needs of today's shooters.

This revised how-to guide contains a variety of long-eye-relief scope-mounting hardware that wasn't even on the market when Cashner completed the first book, as well as information on the newest scout rifle scopes; revised prices for rifles, parts and ammo; and some additions and modifications requested by readers. Each of his creations meets the basic specifications of a scout/utility rifle yet costs less than a quarter of what the commercial models would have. 8/2 x 11, softcover, photos, illus., 178 pp.

**#POOR2\$19.95**

## **THE OFFICIAL SOVIET MOSIN-NAGANT SNIPER RIFLE MANUAL**

*translation by Maj. James F. Gebhardt, U.S. Army (ret.)*

The Mosin-Nagant bolt-action rifle is the most basic of the Russian and Soviet small arms. Before being replaced by the *snayperskaya vin-tovka Dragunova* (SVD) in the 1960s, the selected, scoped version of the rugged Mosin-Nagant was the principal sniper rifle of the Soviet army and of many Eastern European militaries. It is still used in many conflicts because of the large numbers in which it was produced.

This manual, available in English for the first time, is entirely devoted to the sniper version of the 1891/30 Mosin-Nagant rifle with PU scope. It covers disassembly and assembly, cleaning and lubricating, and other general technical information, but its real value lies in the sniper-specific tactics it contains. Instructions and illustrations are included for the following topics: sniper firing positions; battlefield observation points; range estimation; how to fire at stationary, fleeting, moving and aerial targets; two ballistic tables; and much more. This is a must-have reference for Mosin-Nagant rifle and sniper enthusiasts. 8/2 x 11, softcover, illustrations, 124 pp.

**#MNSR\$20.00**

*James F Gebhardt is a retired U.S. Army officer who served as an enlisted infantryman (1966–69), armor officer (1974–83) and Soviet foreign area officer (1984–91). Gebhardt fought in Vietnam, commanded a tank company in Germany, performed military duty in the Soviet Union and escorted numerous Soviet scientific, military and diplomatic personnel on U.S. military installations in the United States. He is a respected military historian and translator of Russian- language military texts.*

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Don't miss this rare opportunity to see Mike Hoare live and uncensored as he describes the harsh realities of mercenary soldiering in Africa. With characteristic candor and humor, Hoare explains what the "golden age of mercenary soldiering" was really like. He opens up about the deep satisfaction of being able to command real men of fighting caliber, as well as how rare those types were. He details his confrontation with Che Guevara, the problem of using white men to fight black men in Africa, the expense of mounting a mercenary army, the need for battlefield justice for prisoners and his own troops, his criteria for choosing mercenary campaigns, and why so many of his 5 Commando officers eventually committed suicide.

This 1969 interview is from various media, so the production quality is not state of the art. Paladin decided to release it because of its historic significance and its entertainment value. It is a special treat for all those who have followed Hoare's exceptional career or who have enjoyed his books. *This product is not available to wholesalers.* Color, approx. 17 min.

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### **THREE YEARS WITH SYLVIA by Mike Hoare**

ings-on between a man and his mistress. In a sense, that is what it is. *Sylvia* is a large ex-Baltic trading yacht who made outrageous demands on her lover's heart and pocket. For three years Mike Hoare and his family made her their home, sailing round the western Mediterranean in

*Sylvia* and visiting many ports in Spain, France and North Africa, seeking and finding romance and adventure, strange places and great people.

*Three Years with Sylvia* is written in a lively style, and interspersed in the narrative are many anecdotes of the sea and sailors, and of earlier voyages undertaken

by Hoare. Scattered here and there are also golden nuggets of truth about sailing and life. 5/1 x 8/2, softcover, photos, 200 pp.

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## **A QUICK AND DIRTY GUIDE TO WAR, 4TH EDITION**

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**Alberto Bayo**

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*by Lt. Gen. David H. Petraeus and Lt.*

### **Gen. James F. Amos**

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40 YEARS

The first batch of copyright requests Paladin filed at the Library of Congress included 25 titles. Five remain in print: *150 Questions for a Guerrilla* (p. 62); *Principles of Personal Defense* (p. 70);

**Get Tough! (p. 63); U.S. Army Sniper Training Manual (p. 80); and Total Resistance (above).**

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Colonel Applegate and Peder Lund first met in the mid-1970s at the Outstanding American Handgunner banquet. They agreed to Paladin reprinting the Colonel's classic *Kill or Get Killed*, which we released in 1976. It remains one of our most consistent sellers. The relationship between Lund and Applegate remained strong until the latter's death in 1998.

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## KILL OR GET KILLED

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Kill or Get Killed by Col. Rex Applegate has always been considered one of the most influential books on close-quarters combat ever published. But most readers are familiar only with the revised 1976 edition, with the distinctive red cover. Now you can study the original, extremely rare 1943 edition, written as America and its Allies

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SHOOT WITH THE COLONEL — SEE P. 69.

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includes certification as a law-enforcement handgun, shotgun, patrol rifle and tactical shooting instructor. The chapters on tactics and skills include detailed line drawings that aid the reader's grasp of the concepts described. A glossary is included for the reader who may be new to the world of firearms. 5/1 x 8/2, softcover, photos, illus., 118 pp.

#DUSE2

*Stephen Wenger has an extensive resume as a firearms instructor, including certification from the NRA Law Enforcement Activities Division, National Law Enforcement Training Center, Lethal Force Institute, Chapman Academy, International Training Consultants and Options for Personal Security. He is a charter member of the International Law Enforcement Educators and Trainers Association and an active member of the International Association of Law Enforcement Firearms Instructors.*

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Now, former law-enforcement officer, practicing attorney and current police trainer Tim Mullin brings *Training the Gunfighter* up to date, combining the time-honored information from the original book with fresh insights on preparing officers — and law-abiding citizens — to use deadly force against today's violent criminals.

Mullin thoroughly discusses selection and use of combat firearms and ammunition for patrolmen, plainclothes investigators, off-duty officers, undercover cops and legally armed citizens. He studies handguns, shotguns, rifles and special-purpose weapons from a tactical and historical perspective — and comes to some surprising conclusions about semiautomatics vs. revolvers, the utility of the venerable .38 Special, the practical value of the 20-gauge shotgun, cost-effective training methods, adequate practice ranges and dozens of other relevant topics. 8/2 x 11, softcover, photos, 214 pp.

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*Timothy J. Mullin is a former infantry officer in the U.S. Army and deputy U.S. marshall. He is a lifelong gun lover and fervent defender of the Second Amendment. He has written extensively on combat handguns, shotguns, rifles and machine guns, and is the author of Letters from Elmer Keith and 100 Greatest Combat Pistols.*

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40 YEARS

See p. 62.

“The first book I bought from Paladin was *150 Questions for a Guerrilla* by Gen. Alberto Bayo, who trained Castro in Mexico. I still have it. If Samworth was the premier book publisher of sporting and military books of the prewar era, certainly Paladin is the best for the postwar era, and has in fact surpassed Samworth, thus making Paladin the best publisher of this type of material of all time in the English language.”

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*Secrets of Mental Marksmanship* is a detailed guide to developing conscious and subconscious powers that will elevate your marksmanship practice, training and performance to the level of expert shooters. Keith Cunningham and Linda Miller — both champion shooters and master instructors, with decades of experience in the field and on the range — provide a set of tools that can be used to acquire and access the mental skills needed to perform to the best of your ability. True stories from military and law-enforcement professionals, seasoned hunters and world-class competitors illustrate key points about marksmanship in the field, on the range and on the streets. By mastering the tools, skills and lessons outlined, you will be able to produce the perfect shot on demand. 8 1/2 X 11, softcover, illus., 222 pp.

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*by Linda K. Miller and Keith A. Cunningham*

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Now, champion shooters Keith A. Cunningham and Linda K. Miller reveal everything they wish they'd known about reading the wind before they started shooting.

Let these champions show you how to put together a simple wind-reading “toolbox” for calculating wind speed, direction, deflection and drift. Then learn how to use these tools to read flags and mirage, record and interpret your observations, and time your shots to compensate for wind. The essential wind-reading basics taught in this book will absolutely improve your shooting skills, whether you’re a target shooter, a plinker, a hunter or a shooting professional. 8/ x 11, softcover, photos, illus., 148 pp.

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This book is packed with practical information that can come only from one who experienced the fear and intensity of an actual shoot-out. Learn how to handle the stress of a gunfight, the qualities of a good gunfighter, how to aim a handgun in the heat of combat, plus hair-raising tales of life in one of America’s most elite law enforcement units. 5/ x 8/, softcover, photos, 136 pp.

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40 YEARS

Relatively few people outside the NYPD and the tactical training community knew of Jim Cirillo before the publication of *Guns, Bullets, and Gunfights* in 1996. Cirillo later appeared in two videos for Paladin.

## **SECRETS OF A MASTER GUNFIGHTER Jim Cirillo’s Advanced Guide to Combat Shooting and Gunfight Survival with Jim Cirillo**

Jim Cirillo reveals techniques of gunfight survival and provides insight into such topics as gunfight tactics, use of cover, low-light shooting techniques, concealed carry methods, the combat drawstroke and many more. A perfect companion to *Guns, Bullets, and Gunfights* and *Jim Cirillo: Modern Day Gunfighter*. Color, approx. 90 min. **#SECRETDVD**

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SAVE \$23.40 WHEN YOU BUY GUNS, BULLETS, AND GUNFIGHTS, JIM CIRILLO: MODERN-DAY GUNFIGHTER, JIM CIRILLO’S TALES OF THE STAKE-OUT SQUAD AND SECRETS OF A MASTER GUNFIGHTER

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Ralph Mroz examines and debunks the many myths and misinformation that plague the shooting community, Find out his take on empty-hand skills, range training vs. real-world training, the problem of range standards, developing startle recovery, and the pros and cons of competitive shooting. 5/ x 8/, softcover, photos, 158 pp.

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**A Critical Analysis of**

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*Ralph Mroz is a police officer in western Massachusetts, currently assigned to his county's narcotics/gang task force. He is a well-known defensive tactics and firearms writer, with more than 250 articles published in professional law enforcement and use-of-force journals.*

**GO INSIDE THE CRUCIBLE WITH KELLY McCANN FOR TRAINING THAT IS PRACTICAL, RELEVANT AND CURRENT.**

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This video series takes you inside Kelly McCann's first major civilian training program — the Individual Protective Measures Course — and gives you the proven, no-

nonsense information you need to stay safe. Based on the same skill set that he has used to train thousands of elite military, law enforcement and corporate security personnel all over the world, this five-day course presents complete instruction in all aspects of armed and unarmed personal combat.

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Step-by-step instruction in such fundamental skills as basic gunhandling, proper grip, the close-quarters “Guard Draw,” point shooting, sighted fire, combat reloading, malfunction clearances, dry-fire training and much more. Color, approx. 90 min.

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Kelly McCann’s in- your-face Individual Protective Measures Course continues. This third volume includes turning the tables on an attacker who has you pinned against the wall; dealing with a straight punch (perhaps the most difficult punch to defend against); and using realistic unarmed defenses against rifles and shotguns. Then, for the first time on video, McCann teach

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McCann takes a hard look at how actual gunfights occur and identifies the skills and abilities that enable real-world gunfighters to survive. Color, approx. 90 min.

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The *Inside the Crucible* series is based on the same skill set that **Kelly McCann** has used to train thousands of elite law enforcement, military and corporate security personnel all over the world.

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In his often irreverent, in-your-face style, Kelly McCann teaches you everything you need to know about the combat use of the tactical carbine. McCann first teaches you how to configure your rifle for maximum performance. He then puts it to work, guiding you through the fundamental skills of combat marksmanship, reloading, immediate action drills, shooting on the move, weapon transitions and pivot shooting. Finally, he shows you how to really push the carbine's performance envelope by using state-of-the-art optical sights to dramatically increase your shooting speed, monitor and engage multiple threats, and even shoot around and over cover without exposing yourself. Color, approx. 1 10 min. **#TCDVD\$79.95**

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### **Jim Grover's Guide to Extreme Close-Quarters Shooting**

Combining the hard-hitting unarmed tactics of his combatives system with his state-of-the-art shooting methods, special operations veteran Kelly McCann has created a frighteningly effective program that will enable you to strike, draw, shoot and win at arm's length and closer. This video shows how these techniques work on live attackers through dramatic demonstrations with a blank-firing pistol, as well as how to practice these techniques on a range with high-speed, live-fire demonstrations on three-dimensional targets. Color, approx. 60 min.

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In this explosive video series, close-combat expert Kelly McCann teaches you every aspect of employing the handgun as a fightstopping defensive weapon, including grip,

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The most convincing case yet for the adoption of point shooting as a vital training doctrine by police, military and civilian shooters. 5/ x 8/, softcover, photos, 120 pp.

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*Col. Rex Applegate left behind a body of work that has instructed and influenced generations of fighting men and women around the globe. During his long career, he studied with W.E. Fairbairn and E.A. Sykes of Shanghai Municipal*

*Commando fame, served as a bodyguard for President Franklin Delano Roosevelt, trained operatives of the Office of Strategic Services (OSS) in close-quarters combat during World War II, acted as a special consultant to the National Bureau of Standards on police riot weaponry and served on the National Rifle Association's board of directors. He was a recipient of the Outstanding American Handgunner Award and was named a member of Blade magazine's Cutlery Hall of Fame.*

40 YEARS

Paladin's very first in-house video production was *Point Shooting*, with an introduction by Col. Rex Applegate. It was released in March 1995.

40 YEARS

*Principles of Personal Defense* was Jeff Cooper's first book for Paladin (1 975, white cover). The first revision (red cover) followed in 1989, and the latest (blue cover) debuted in 2006. *Principles of Personal Defense* is still one of our best-sellers and has never been dropped from our lineup.

## **PRINCIPLES OF PERSONAL DEFENSE by Jeff Cooper, foreword by Louis Awerbuck**

Jeff Cooper is perhaps the nation's foremost authority on defensive weaponcraft. He is renowned not only for his practical instruction on firearms marksmanship mechanics and safety but also for his groundbreaking ideas on proper defensive mental conditioning.

This new edition of Jeff Cooper's classic *Principles of Personal Defense* — with a fitting tribute by firearms expert Louis Awerbuck and all-new drawings by renowned illustrator Paul Kirchner — presents his timeless theory of individual defensive behavior clearly, concisely and practically. All free people who aspire to stay that way should read, study and share the wisdom found within these pages. Considered by many to be one of the greatest books on combat mindset and proper defensive mental conditioning ever written, it deserves a place of honor in every library. 5/ x 8/, softcover, illus., 80 pp.

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### **EARLY JEFF COOPER COLLECTION**

Paladin Press is honored to bring back this series of four shooting books written by Jeff Cooper in the 1950s and 1960s. These important books represent a wide body of knowledge that few shooters today possess. Each book contains an exclusive new foreword by quick-draw expert Thell Reed, a young student of Cooper in the late 1950s, who offers a glimpse of what shooting was like at the time.

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Cooper not only takes the reader through the development of this weapon from its beginnings in mid- 16<sup>th</sup>-century Europe, he also discusses some important aspects of carrying and shooting a fighting handgun under combat conditions. 7 x 10, softcover, photos, 132 pp.

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## **GUNS OF THE OLD WEST**

Details the guns used during, and after, one of the most romanticized and often misconstrued periods in American history. It covers a wide array of firearms, from the Derringer to the the Colt 1911 auto pistol. 7 x 10, softcover, photos, 68 pp.

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Cooper explains the different designs of action, custom barrels, the best types of wood for making stocks and of course the popular calibers of ammunition in use at the time, many of which are still with us today. 7 x 10, softcover, photos, 132 pp.

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Cooper expertly summarizes the various aspects of hunting with handguns in the few dozen pages of this volume. Handguns, cartridges, holsters and shooting small and large game are all thoroughly described and explained here. If the average handgun shooter follows the advice in this book — most of which is still relevant today — he will be well prepared to hunt game with a pistol. 7 x 10, softcover, photos, 68 pp.

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Originally produced in 1986, *Jeff Cooper's Defensive Pistolcraft Tape Series* offers a look at the core concepts that are the foundation of the Modern Technique of Pistolcraft.

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Cooper's five elements of practical shooting and the four safety rules of firearm use.

- *Volume 2: Pistol Readiness and Marksmanship* offers the viewer instruction in making your pistol ready for defensive use, dry-firing and shooting positions. This volume also features Louis Awerbuck teaching loading techniques, malfunction clearance and "reading your target."

- *Volume 3: Mindset* is perhaps the most important of the four volumes. In it Cooper discusses the "problem of doing it," defines the "color code system" and discusses the conditions of firearm readiness.

- *Volume 4: Ammo—Power of the Pistol* covers pistol caliber, ammunition choice and stopping power.

Color, approximately 200 minutes. **#DPCDVD2-Disc Set: \$59.95**

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KALASHNIKOV RIFLE GUNFIGHTING Too Simple to Be Tactical

Gabe Suarez has embraced the Kalashnikov rifle system for its utility, accuracy and ruggedness. In this video, Suarez teaches you the “caveman simple” skills you need to operate the AK rifle platform and win in a combat environment.

He addresses the common myths about the AK and explains why it is one of the best weapon choices for urban and close quarters combat. He teaches you about the AK fire control system, proper use of the sling, zeroing the AK and ready/carry positions. Then you will learn about ambidextrous use of the rifle, snap shooting, CQB shooting and the use of the rifle in movement. Color, approx. 97 min.

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The most complete study of tactical firearm principles ever compiled includes how to search corners, doors and hall

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*by Louis Awerbuck*

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40 YEARS

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This revised and updated edition of the best-selling *How to Become a Master Handgunner* can make any novice or master pistol shooter a better handgunner by taking advantage of the latest techniques, handguns, ammo and gear Using innovative, modern handgun shooting mechanics, champion shooter Charles Stephens shows how to combine checks, tests and other mental tools with the ultra-accurate single-shot target pistol, the hunting handgun, the lightning-fast semiautomatic pistol and an old favorite from the past, the revolver. 5/ x 8/, softcover, photos, 104 pp.

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Relive an earlier spectator shooting sport that hundreds of thousands of older generations of shooters were privileged to personally witness and enjoy. American in origin, exhibition shooting got its start in the early Wild West shows at the turn of the 20<sup>th</sup> century. Fortunately, enough early motion- picture footage has survived to enable this video presentation so that future generations of shooters will know about the kind of shooting skill and showmanship that will never be equaled. This video, produced by the late Col. Rex Applegate, features Bill Jordan, Ed McGivern, Herb Parsons and other well- known Remington Exhibition Shooters. Color and B&W, approx. 76 min.

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**SHOOTING by J. Henry FitzGerald forewords by T.J. Mullin & Kevin Williams**

John Henry (“Fitz”) FitzGerald worked for Colt from 1918 till 1944, giving shooting exhibitions, training police departments and appearing as an expert witness in forensic ballistics. This 1930 Combat Classic was his only book. 5/ x 8/, softcover, photos, 456 pp.

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### COMBAT

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40 YEARS

Have book will travel. Paladin books are distributed worldwide in English, and more than 80 have been translated into 12 different languages, including Russian, Japanese, Romanian, Greek and Hebrew. The first Paladin book to be translated was *How to Kill* by John Minnery, which was released in Japan in 1987. In addition, Paladin has published two books in Spanish, *Ultimate Sniper en Espanol* (p. 78) and *La Pistola Tactica* (p. 71).

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by Lou Chiodo

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Whether you are a police officer, firearms instructor or armed citizen, *Winning a HighSpeed, Close-Distance Gunfight* will help you evaluate your present program and adopt useful training methods to prepare for real-life armed confrontations. Read this valuable book and start training to fight, not just to shoot. 5/ x 8/, softcover, photos, 150 pp.

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Written by U.S. Army Special Operations Command (USASOC) historians to document Army special operations soldiers and units in their role of supporting the conventional force during Operation Iraqi Freedom in 2003. To ensure accuracy in their reporting, the authors received unparalleled access to classified documents and personal accounts from soldiers on the battlefield. 6 x 9, softcover, color photos, illus. and maps, 552 pp.

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r PALADIN BEST-SELLER 1

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The Extraordinary Combat Memoir of a Rhodesian Reconnaissance Specialist  
*by Dennis Croukamp*

The Rhodesian Bush War was a ferocious guerrilla war between the Rhodesian Army and the Communist-backed terrorist groups in the valleys, jungles and bush country of Rhodesia, Mozambique and Zambia. Dennis Croukamp fought in the conflict from its beginnings in the 1960s to the very end in 1979, with the Rhodesian Regular Army, the Rhodesian Light Infantry and the Selous Scouts Reconnaissance Troop. He took part in cross-border reconnaissance operations, HALO jumps behind enemy lines, urban ops in the townships of Salisbury, raids,

## **SHADOW WAR The CIA's Secret War in Laos by Kenneth Conboy**

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ambushes, demolition missions, prisoner snatches and more. This searingly honest, action-packed memoir is sure to become a classic, ground-level account of the "bush wars" of Africa. 6 x 9, softcover, photos, 482 pp.

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"A UNIQUE AND VIVID ACCOUNT OF SPECIAL FORCES AT WAR ..."

## **RHODESIA REMEMBERED by Rhodesian Light Infantry Regimental Association (U.K. Branch)**

This extraordinary DVD contains three films on the Rhodesian War. The main feature, *Rhodesia Remembered*, presents fascinating archival and personal testimonies from members of the Rhodesian Light Infantry, a key weapon in the counterinsurgency

operations. Here soldiers, airmen and other leading figures tell their stories for the first time, and these eyewitness accounts give a powerful insight into the brutal conflict that raged in Rhodesia (now Zimbabwe) from 1965 to 1980. The special feature, *The Troopie*, records the service for the laying up of the Regimental Colours of the Rhodesian Light Infantry and the Rededication of the Trooper Statue in 2008. The DVD bonus, *The Nkomo Assignment*, is a pilot film that tells the true story of a plan hatched by Rhodesian Special Forces to assassinate African terrorist leader Joshua Nkomo. Color, approx. 107 min.

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OUT OF ACTION *by Chris Cocks*

*Out of Action* is the sequel to the best-selling *Fireforce: One Man's War in the Rhodesian Light Infantry*. Part 1, "War," chronicles Chris Cocks's final 16 months of combat in the Rhodesian bush war, as a stick leader in PATU, the Police Anti-Terrorist Unit. It is a time of unbelievable cruelty as the part-time white reservists battle overwhelming odds, without air support and ... without a future.

Part 2, "Peace," recounts the author's painful adjustment to life as a civilian — a 15-year odyssey in the embryonic state of Zimbabwe. In this intensely personal journey, the author pulls no punches as he describes his clumsy attempts to come to terms with the new dispensation of black Africa and himself. It is a *cri de couer*, the story of a young man, brutalized by war, who seeks escape in alcohol and drugs, and who, in the process, causes immeasurable pain and suffering to those around him. These too are the casualties of war. Ultimately, through, it is a story of hope, of a man's triumph over his own demons. 6 x 9, photos, softcover, 310 pp.

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### One Man's War in the Rhodesian Light Infantry by Chris Cocks

The compelling, brutal account of Cocks' service in 3 Commando, the Rhodesian Light Infantry, during Zimbabwe's bitter civil war of the 1970s — a conflict that came to be known simply as "the bush war." The book's title refers to a tactic of total airborne envelopment developed and perfected by the RLI, together with the Selous Scouts and the Rhodesian Air Force,

that became the principal strike weapon of the beleaguered Rhodesian forces in their struggle against the overwhelming tide of the Communist- trained and -equipped ZANLA and ZIPRA guerrillas. 6 x 9, softcover, photos, 320 pp.

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## Sniping

PALADIN BEST-SELLER '

### THE ULTIMATE SNIPER

An Advanced Training Manual for Military and Police Snipers Updated and Expanded Edition by Maj. John L. Plaster, USA (Ret.)

The Ultimate Sniper has been completely updated and expanded for the 21<sup>st</sup> century.

Through revised text, new photos, specialized illustrations, updated charts and additional information sidebars, The Ultimate Sniper thoroughly details the three skill areas of sniping — marksmanship, fieldcraft and tactics. Just some of the material in this new edition includes: • cutting-edge sniper rifles, scopes, ammunition and equipment — everything purpose-designed or adapted specifically for military and police sniping • the latest tactics and techniques from the frontlines of the War on Terror,

including the mountains, deserts and urban areas of the Middle East and Central Asia

- analysis of evolving technologies, including lasers, night vision, FLIR and ballistics programs
- detailed ballistics and trajectory data for sniper ammunition
- an all-new chapter on countersniping “lessons learned” in Iraq and Afghanistan
- an up-to-date listing of U.S.-based sniper training programs.

8/ x 11, softcover, photos, 584 pp.

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*John Plaster, USA (ret.), served three 1-year tours in Southeast Asia with MACV-SOG. After retiring from the military, he combined what he’d learned of stealth, stalking and camouflage with his postwar experiences as a competitive shooter to cofound a Reserve Component sniper training program, which has trained hundreds of students from all military services and many law enforcement agencies. He went on to be a precision rifle instructor at the prestigious Gunsite Training Center, a lecturer for American Special Operations schools and twice served as Chief of Competition for U.S. and Euro pean military and police sniping.*

## **ULTIMATE SNIPER: THE VIDEO**

with Maj. John Plaster and GySgt. Carlos Hathcock

Now, you can receive dramatic visual lessons and master instruction that complement *The Ultimate Sniper* book. In this video, Plaster demonstrates all areas of fieldcraft, marksmanship and tactics, including a review of the best weapons, optics and field gear; practical shooting drills; wind and range estimation techniques; effective use of cammo; principles of stalking; choosing a hide; countersniping and much more. Then, in his first appearance on film, famed Marine sniper Carlos Hathcock recounts some of the field-tested tactics he used to rack up 93 confirmed kills in Vietnam. Color, approx. 90 min.

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Listen to John Plaster on  
The Paladin Podcast, Episode 2.

40 YEARS

“During a phone conversation, Jim Morris asked me what I had been working on since I’d left active duty six months earlier. I told him I’d collected all the bar napkins, notes and handouts I’d used for the past decade instructing snipers, and was writing an instructional handbook. I explained that the Army and Marine manuals lacked a great deal of essential information, and contained much outdated info. My goal was to

write the most complete, up-to-date volume ever assembled on sniping, which would include everything I'd learned and researched, along with personal insights from my combat days. A few days later, out of the blue, Paladin's editorial director, Jon Ford, phoned and asked me about my half-finished manuscript. Apparently Jim, whose book *War Story* had been published by Paladin, had phoned Jon and told him about my manuscript. I sent Jon half my manuscript, and he immediately phoned me — Paladin would be my publisher.

“Especially I must thank Paladin Publisher Peder Lund, because *The Ultimate Sniper* was so huge that the editing and publishing costs had to be considerable — it was a financial risk. The rest is history ... As quickly as the book hit the street, the SWAT, Special Ops and sniping communities adopted it, and it became the most-used sniper training handbook in the world.”

—John Plaster

## **ADVANCED ULTIMATE SNIPER State-of-the-Art Tactics, Techniques, and Equipment for Military and Police Snipers with Maj. John L. Plaster, USA (Ret.)**

Premier sniping authority John Plaster redefines “ultimate” in this sequel to his landmark book and video. Beginning at the prestigious Gunsite Training Center, Plaster first gives you an inside look at the state of the art in sniping equipment with graphic demonstrations of laser range finders, suppressed weapons, ultralong-range .50-caliber sniper rifles and the latest generation of night vision technology. He then takes you to the rugged Rocky Mountains and the tundra of the frozen north for advanced lessons in sniper tactics and fieldcraft, including never-before-seen instruction in the techniques of winter sniping and cold-weather warfare. Color, approx. 120 minutes.

**#ADVULTIDVD**

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In *The History of Sniping and Sharpshooting*, Plaster has assembled the most comprehensive combat history ever published on the subject. It begins in the 15<sup>th</sup> century with the first use of “precision” musket fire in Europe and continues into the 21<sup>st</sup> century with the significant role sniping is playing in Iraq and Afghanistan and the global War on Terror. Detailing major engagements and minor skirmishes over five centuries of warfare, Plaster has unearthed hundreds of incidents where calculated precision rifle fire has changed the course of battles — and, sometimes, of history. He fittingly addresses well-known sharpshooters and snipers — Hiram Berdan, Vassili Zaitsev, Carlos Hathcock — but also pays tribute to forgotten riflemen such as John Burns, Benjamin Forsyth and Arthur Wermuth, to name but a few. He also explains how the evolution of firearms and optical technology has intertwined with sniping on the battlefield and how it has influenced tactics, organization and capabilities — a subject that has never before been addressed ade-

*ance Corporals Joseph Ortez (left) and Obber M Moore, snipers with the 3<sup>rd</sup> Marine Division, on patrol in 1968.*

**A MUST-HAVE FOR HISTORIANS, RE-ENACTORS, AND STUDENTS <sup>1 f</sup>  
OF THE AMERICAN CIVIL WAR.**

## **SHARPSHOOTING IN THE CIVIL WAR by Maj. John L. Plaster, USA (Ret.)**

Here is the single greatest volume ever published about Civil War sharpshooting, from the expert perspective of world-renowned sniping and shooting authority John L. Plaster. Comprehensive in scope, this book details how sharpshooters were recruited, trained and organized. Plaster fully explores their armaments, their tactics and techniques, and how they operated (sometimes decisively) in battle. Discover dozens of accomplished and colorful but forgotten sharpshooters who, until now, had faded into the past.

Exhaustively researched and profusely illustrated, these pages contain more than 160 rare photos, along with original artwork. Excerpted from Plaster’s epic *The History of Sniping and Sharpshooting*, this book is a must-have for historians, re-enactors and students of the American Civil War. 8/ x 11, softcover, photos and illustrations, 166 pp.

**#SCW\$19.00**

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and click on Features & Extras. You can also listen on iTunes or Podcast Alley.

PALADIN IS THE SOURCE FOR MILITARY SNIPING MANUALS  
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## **U.S. ARMY SNIPER TRAINING MANUAL**

An excellent resource for hunting, target or sniping work, this manual covers camouflage, shooting techniques and positions, map and compass reading and field equipment. 8/ x 11, softcover, illus., 196 pp. #**TRAIN\$25.00**

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This reprint of the August 1994 edition of U.S. Army FM 23–10 gives complete details on U.S. military sniping information and doctrine. 5/ x 8/, softcover, illus., 352 pp.

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This highly sought manual contains the complete program by which U.S. Navy SEAL snipers train, equip and operate. It concentrates on the practical application of sniping skills, with an emphasis on “one-shot/one-kill” and has exclusive, clear photos that show stationary and moving targets, camouflage and concealment, night shooting, helo insertions and extraction, range estimation, communications and more. 8/ x 11, softcover, photos, illus., 320 pp.

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*Tom Forbes, an avid outdoorsman, survival expert and backyard builder, is a member of the National Guard in South Dakota. See his PVC books on p. 44.*

## **THE INVISIBLE ADVANTAGE A Step-by-Step Guide to Making Ghillie Suits and Custom Camouflage Accessories with Tom Forbes**

Find out how to make four different types of ghillie suit for a fraction of the cost of commercial suits, plus the secrets of making custom accessories for a state-of-the-art camouflage kit. Color, approx. 60 min.

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## **SNIPER ACE From the Eastern Front to Siberia by Bruno Sutkus**

Throughout World War II, German snipers had to keep an official *Scharf- shutzenheft*, or sniper log, which recorded every kill. Each success had to be verified by a witness and signed by a superior officer. One of only a few such books to have survived the war, the logbook of Bruno Sutkus recorded more than 200 kills, making him one of the war's most successful snipers. *Sniper Ace* contains a large part of Sutkus' journal.

When the war ended, Sutkus was forced to join the Red Army. He deserted to join the Lithuanian resistance fighters but was captured and tortured by the KGB before being sent to a Siberian gulag. It was not until the collapse of the Soviet Union that Sutkus was able to return to Germany in 1997 and find his sniper log, still in the hands of the Red Cross nurse who had treated him in 1945.

This remarkable book provides an honest, detailed, firsthand account of one of Germany's most successful snipers on the Eastern Front and is fully supported by contemporary documents and photographs. 9 x 10, hardcover, photos, illus., 256 pp.

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the various novel mounting systems used to adapt it to optical sights. 8/ x 11, hardcover, photos, 468 pp.

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*Peter Senich was recognized as one of the world's foremost authorities on the history of modern weapon systems and their applications. He was also a leading military historian.*

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*Simple Sniper: Sniper Specific Workout* is the first-of-its-kind workout specifically for snipers. Dr. Craig Sainz, master military fitness trainer, presents his comprehensive workout specifically designed to improve a sniper's handeye coordination and breath control. This video will improve your accuracy and focus your body and mind on the skills necessary for sniping.

*Interview with a Sniper* takes you inside the minds of military and law enforcement snipers. Never before has such a collection of interviews been collected and offered

to the public. These uncensored interviews probe deep into the training and personal experiences of one of the most specialized groups in the world. Color, approx. 105 min.

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## **NOTES OF A RUSSIAN SNIPER**

When Vassili Zaitsev arrived in Stalingrad in October 1942, the average life expectancy of a Red Army soldier was only 24 hours. This number improved gradually during the battle, partly due to the success of a determined group of snipers, the greatest of whom was Zaitsev. He was also one of the lucky ones: he fought at Stalingrad and lived to tell his tale.

Zaitsev provides an outstanding

*vassili Zaitsev* was born in 1915 and spent his early life as a Uuntrr in the Urals. He joined the Russian navy in 1937 and volunteered for Stalingrad after hearing about the appalling losses. Zaitsev's mastery as a sniper became legendary, and he was awarded several times for his skill, including the coveted gold star of the Hero of the Soviet Union. He died in Kiev, Ukraine, in 1991. The movie *Enemy at the Gates* was partially based on a famous incident at Stalingrad involving Zaitsev.

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War Stories and Tactical Tips  
from the Master Sniper *with GySgt. Carlos Hathcock*

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Authored by a sniping instructor with the 1<sup>st</sup> Special Forces Group, this manual covers every aspect of sniping with the .50 caliber, including a professional assessment of heavy-class rifles, supporting technology and equipment for .50 cal's, and special skills for ultralong-distance shooting. This complete course also includes reproducible forms, a military-issue .50-cal cartridge tip color guide, and the author's exclusive Program of Instruction for Special Operations Hard-Target Interdiction Course. 8/ x 11, softcover, photos, illus., 576 pp.

#CCSC\$70.00

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#### 40 YEARS

Paladin rarely publishes titles about individuals, but in the case of *Carlos Hathcock: Marine Sniper*, released in 1993, we made an exception. One of our earliest videos, it soon became one of our best-selling titles. The following excerpt about Carlos Hathcock from Maj. John L. Plaster's *The History of Sniping and Sharpshooting* (p. 79) shows why this video has remained popular for almost two decades.

"At age 17 [Hathcock] joined the Marine Corps and in 1960 was based in Hawaii, where this superb shooter was discovered by Lieutenant Edward 'Jim' Land. Hathcock

fired on Land's rifle team and also attended Land's short-lived Scout-Sniper School, the first Stateside Marine sniper course since World War II.

"By 1965 Carlos Hathcock had made the Marine Corps Rifle Team and competed at Camp Perry, Ohio, in the National Matches. Not only did he earn his Distinguished Rifle Badge there, but he also won the coveted Wimbledon Cup for the 1,000-yard match, making him America's long-range rifle champion.

"A year later he was in Vietnam, initially serving as a military policeman. On his own, he took out an M14 rifle and racked up 14 'unofficial' kills. Then his old shooting mentor, now Captain Jim Land, recruited Hathcock to instruct at his new 1st Marine Division Scout-Sniper School.

"Instructing, however, was not enough for Hathcock. Obtaining his favorite bolt-gun, a Winchester Model 70 in .30-06 with a Unertl 8x target scope and Lake City Match ammunition, he went hunting the enemy, at which he was one of the best, eventually being credited with 93 kills."

---

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- How to escape from the trunk of a car

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Coats' highly praised work as a skilled illusion designer in the magic industry and his understanding of various forms of tactical equipment and combat tactics are combined

on this DVD to bring you an inventive and informative look at equipment that could aid you, or someone you love, in a dangerous or life-threatening situation. Find out:

- How to convert everyday items into useful tactical tools
- How to transform everyday clothing into state-of-the-art urban warrior wear
- How to turn children's toys into useful high-tech tactical tools
- The latest in bulletproof gear and accessories
- The latest in grappling hook technology
- The latest in underwater tactical gear

And much more! Color, approx. 62 min.

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*with James Coats and Dan Hamann*

Law enforcement consultant and illusion designer James Coats is joined by commercial and residential contractor and designer Dan Hamann in *Spook School: Secret Spaces*. Together James and Dan bring you the first of its kind step-by-step instructional DVD that will show you how to create unique secret and hidden spaces in your home and vehicle. *Spook School: Secret Spaces* doesn't focus on the ordinary "secret" locations that have been common knowledge for more than 50 years. Instead it focuses on new cutting-edge, yet simple construction techniques that have been combined with closely guarded illusionary secrets to bring you new and impressive ways to hide weapons, supplies, cash and valuables.

On this DVD you will learn how to:

- Hide items in plain sight without any special containers
- Convert ordinary furniture into secret storage for weapons and supplies
- Walk through your home and find locations for secret spaces
- Use illusion technology to hide items such as handguns and rifles
- Find realistic secret spaces in your vehicle
- Construct a secret space in your home or office in a matter of hours

And much more! Color, approx. 83 min.

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## **Index**

### **A**

ABCs of NHB, Vols. 1–3 (DVD)  
Acquiring New ID  
Advanced Bowie Techniques  
Advanced Dim-Mak  
Advanced Dragon's Touch

Advanced Fighting Folders (DVD)  
Advanced Fighting with Firearms (DVD)  
Advanced Fugitive  
Advanced Lock Picking Secrets  
Advanced Master Handgunning  
Advanced Silat Concepts (DVD)  
Advanced Tactical Marksman  
Advanced Ultimate Sniper (DVD)  
Adventure Travel in the Third World  
Affordable Home Security  
AK47  
All Enemies Foreign and Domestic  
All Roads Lead to Baghdad  
All-In Fighting  
Allied Military Fighting Knives  
Ambush!  
American Combat Judo  
American Rifle  
American Swordmakers  
American Swords and Sword Makers, Vol. II  
Ancient Art of Life and Death  
Ancient Art of Strangulation  
AR-15/M16  
AR-15/M16 Super Systems  
Argument of Movement, Part 1 (DVD)  
Argument of Movement, Part 2 (DVD)  
Argument of Movement, Part 3 (DVD)  
Armor Plated  
Armorer's Workshop, Vols. 1 & 2 (DVD)  
Art and Science of Dumpster Diving  
Art and Science of Money Laundering  
Art and Science of Mook Jong: Slam Set Evolutions (DVD)  
Art and Science of Mook Jong The Blade Set (DVD)  
Art and Science of Mook Jong The Club Set (DVD)  
Art of Mail Armor  
Art of the Rifle  
Art of the Rifle Special Color Edition  
Arwrology  
Avtomat Kalashnikova (DVD)

## B

B and E: A to Z (DVD)  
B and E: A to Z Vol. II (DVD)  
Backyard Catapults  
BAD (DVD)  
Balisong  
Bare-Knuckle Boxer's Companion  
Basic Manual of Knife Fighting  
Bazooka  
Be a Big Time, Big Deal Private Eye  
Behind Prison Walls  
Below the Belt  
BestCredit  
Beyond Brazilian Jujitsu (DVD)  
Beyond Brazilian Jujitsu II (DVD)  
Beyond Kenpo  
Big Book of Secret Hiding Places  
Black Medicine I  
Black Medicine II  
Black Medicine III  
Black Medicine IV  
Black Medicine: The Video (DVD)  
Black Science  
Blowguns  
Bob Kasper's Individual Close Combat  
Bob Kasper's Sting of the Scorpion  
Book on Bookies  
Bouncer's Guide to Barroom Brawling  
Bowie and Big-Knife Fighting System  
Bowies, Big Knives, and the Best of Battle Blades  
Boxing  
Boxing Mastery  
Breath of Death (DVD)  
Broadsword and Singlestick  
Brutal Art of Ripping, Poking, and Pressing Vital Targets  
Brutal Art of Ripping, Poking, and Pressing Vital Targets: The Video (DVD)  
Bug Book  
Building a Log Cabin Retreat  
Bullseyes Don't Shoot Back  
Burmese Boxing (DVD)  
Bush War in Rhodesia

Busting the Legs (DVD)

## C

Carlos Hathcock: Marine Sniper (DVD)  
Catch Wrestling  
Catch Wrestling: Round Two  
Championship Streetfighting  
Charles Nelson's School of Self-Defense  
Cheap Shots, Ambushes, and Other Lessons  
Choke 'Em Out  
Citizen's Guide to Stopping Suicide Attackers  
Classic M1 Garand  
Clean Sweeps (DVD)  
Close Combat  
Close-Combat Files of Colonel Rex Applegate  
Close-Quarter Combat  
Close-Range Gunfighting (DVD)  
Codex Wallerstein  
Cold Steel  
Collapsible Baton Tactics (DVD)  
Collector's Guide to Switchblade Knives  
Combat Conditioning  
Combat First Aid (DVD)  
Combat Knife Throwing  
Combat Knife Throwing: The Video (DVD)  
Combat Rifle Marksmanship Exercises  
Combat Riflecraft (DVD)  
Combat Sanshou (DVD)  
Combat Shotgun (DVD)  
Combat Use of the Double-Edged Fighting Knife  
Combat without Weapons  
Combative Perspective  
Combative Pistol (DVD)  
Combatives  
Combatives for Street Survival  
Complete .50-Caliber Sniper Course  
Complete AR-15/M16 Sourcebook  
Complete Bladesmith  
Complete Book of Combat Handgunning  
Complete Book of Knife Fighting  
Complete Book of Taekwon Do Forms

Complete Book of U.S. Sniping  
Complete Grappler (DVD)  
Complete Guide to Lock Picking  
Complete M1 Garand  
Complete Pugilist (DVD)  
Computer Security Guide for Paranoids  
Concealed Carry  
Concerned Citizen's Guide to Surviving NBC Terrorist Attack  
Congo Mercenary  
Congo Warriors  
Connecting the Systems (DVD)  
Contemporary Knife Targeting  
Counter-Blade Concepts (DVD)  
Counterambush Driving Skills and Evasion Techniques  
Countering Hostile Surveillance  
Counterinsurgency FM 3-24  
Cover Your Tracks without Changing Your Identity  
Crashing the Lines (DVD)  
Critter Control  
Custom Rifles  
Cutting Targets with the Japanese Sword  
Cutting the Lines (DVD)

## **D**

Dacascos Tactical Systems (DVD)  
Dead On  
Dead or Alive: The Choice Is Yours  
Deadliest Men  
Deadly Force Encounters  
Death from the Shadows (DVD)  
Death Investigator's Handbook  
Death Touch  
Deep Inside the Underground Economy 92 Defence of Duffer's Drift  
Defendu  
Defense Dans La Rue (DVD)  
Defensive Shooting for Real-Life Encounters  
Defensive Use of Firearms  
Destroy, Trap, Lock  
Dim-Mak  
Dim-Mak's 12 Most Deadly Katas  
Dirty Dozen

Disguised Weapons  
Ditch Medicine  
Ditch Medicine: The Video Series (DVD)  
Do You See What I'm Saying? (DVD)  
Do-It-Yourself Gunpowder Cookbook  
Do-It-Yourself Medicine  
Do-It-Yourself Submachine Gun  
Don't Get Mad – Get Even  
Down but Not Out  
Dragon's Touch  
Drawpoint: Vol. One  
Drawpoint: Vol. Two  
Drawpoint: Vol. Three  
Drink as Much as You Want and Live Longer  
Drug Smuggling  
Dueling Sword  
Dueling with the Sword and Pistol  
Dumpster Diving: The Advanced Course  
Dynamic Chux (DVD)

## **E**

Eating Cheap  
Encyclopedia of Dim-Mak: Vol. 1  
Encyclopedia of Dim-Mak: Vol. 2  
Equal or Greater Force  
Executive Protection  
Expedient Homemade Firearms  
Expert Lock Picking (DVD)  
Extreme Boxing (DVD)  
Extreme Close-Quarters Shooting  
Extreme Combat Training (DVD)  
Extreme CQB (DVD)  
Extreme Joint Locking and Breaking  
Extreme Self-Defense  
Extreme Shootfighting (DVD)  
Extreme Survival Almanac  
Extreme Wing Chun (DVD)

## F

Fast and Fancy Shooters (DVD)  
Fierce and Female (DVD)  
.50-Caliber Rifle Construction Manual  
Fight at Night  
Fight Like a Girl (DVD)  
Fight Medicine  
Fighter's Guide to Hard-Core Heavy Bag Training  
Fighter's Video Guide to Hard-Core Heavy Bag Training (DVD)  
Fighting Arts of Indonesia (DVD)  
Fighting Dirty (DVD)  
Fighting Folders (DVD)  
Fighting Footwork of Kuntao and Silat, Vols. 1–4 (DVD)  
Fighting Forms of Kuntao-Silat (DVD)  
Fighting Handguns  
Fighting in the Clinch  
Fighting Power  
Fighting Secrets of Muay Thai  
Fighting Staff  
Fighting Strategies of Muay Thai (DVD)  
Fighting Sword  
Fighting Tomahawk  
Fighting Tomahawk, Vol. II  
Fighting Tomahawk: The Video (DVD)  
Fighting with Firearms (DVD)  
Filipino Kuntao  
Firearm Acquisition Tactics  
Firearm Suppressor Patents  
Fireforce  
Fireworks  
Flashlight Fighting  
Floor Bag Workout (DVD)  
Force-on-Force Gunfight Training  
Force-on-Force Handgun Drills (DVD)  
Forensic Analysis of the April 11, 1986, FBI Firefight  
Forging Damascus (DVD)  
4-Wheel Freedom  
Freedom Outlaw's Handbook  
Fugitive  
Full-Auto Conversion of the SKS Rifle

## G

Gang Intelligence Manual  
Gang Investigator's Handbook  
Gangs and Their Tattoos  
German Assault Rifle: 1935–1945  
German Sniper: 1914–1945  
German Swords and Sword Makers  
Gestapo and SS Manual  
Get Even  
Get Even 2  
Get Even: The Video (DVD)  
Get Tough  
Gladiator Conditioning Course (DVD)  
Glock Exotic Weapons System  
Good Booze Recipe and Cookbook  
Great Escapes (DVD)  
Guerrilla Gunsmithing  
Guerrillas in the Mist  
Guge Gongji  
Gunfighters  
Guns of the Old West  
Guns, Bullets, and Gunfights

## H

Hand-to-Hand Combat  
Hand-to-Hand Combat and USMC Combat Conditioning Series  
Handbook for Volunteers of the IRA  
Handgun Stopping Power  
Handgun Stopping Power: The Video (DVD)  
Handguns Afield  
Hapkido Cane (DVD)  
Hapkido Hoshinsul (DVD)  
Hayduke Silencer Book  
Hidden in Plain Sight  
High-Speed Entry (DVD)  
High-Tech Harassment  
Highland Broadsword  
Highland Knife Fighting  
Highland Martial Culture  
History of Sniping and Sharpshooting

Hit or Myth, Revised and Updated  
Home Workshop .50-Caliber Sniper Rifle (DVD)  
Home Workshop Guns for Defense and Resistance: Vol. I  
Home Workshop Guns for Defense and Resistance: Vol. II  
Home Workshop Guns for Defense and Resistance: Vol. III  
Home Workshop Guns for Defense and Resistance: Vol. V  
Home Workshop Guns for Defense and Resistance: Vol. IV  
Home Workshop Knifemaking (DVD)  
Home Workshop Prototype Firearms  
Home Workshop Silencers I  
Home Workshop Spy  
Home Workshop Weaponry (DVD)  
Homemade Guns and Homemade Ammo  
Homemade Martial Arts Training Equipment  
Hookers, Tricks, and Cops  
How to Become a Master Handgunner  
How to Become a Professional Con Artist  
How to Build Military Grade Suppressors  
How to Build Practical Firearm Suppressors  
How to Bury Your Goods  
How to Customize Your Glock  
How to Fight Tough  
How to Get Rich as a Televangelist or Faith Healer  
How to Hide Anything  
How to Make a Silencer for a .22  
How to Make a Silencer for a .45  
How to Open Locks without Keys or Picks  
How to Shoot Your M16/AR-15 in Training and Combat  
How to Start Your Own Country

## I

I.D. Master  
Iaido Sword  
Identity, Privacy, and Personal Freedom  
Improvised Flexible Weapons  
Improvised Lock Picking  
Improvised Modified Firearms  
Improvised Suppressors  
Indonesian Fighting Fundamentals  
Infantryman's Guide to Combat in Built-Up Areas  
Inside Scoop on Football Betting

Inside the Crucible, Vols. 1–5 (DVD)  
Internet Guide to Survival and Self-Reliance  
Interrogation  
Into the Primitive  
Invisible Advantage (DVD)  
Invisible Advantage Workbook  
Invisible Resistance to Tyranny

## J

Jeff Cooper's Defensive Pistolcraft Tape Series (DVD)  
Jim Cirillo: Modern-Day Gunfighter (DVD)  
Jim Cirillo's Tales of the Stakeout Squad  
Jim Grover Defensive Shooting Series (DVD)  
Jim Grover's Combatives Series (DVD)  
Jim Grover's Situational "Self-Offense" (DVD)  
Joe Louis' How to Box

## K

Kalashnikov Rifle Gunfighting (DVD)  
Kata Bunkai (DVD)  
Katana (DVD)  
Keep Your Piece (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 1 (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 2 (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 3 (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 4 (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 5 (DVD)  
Kelly McCann's Crucible High-Risk Environment Training, Vol. 6 (DVD)  
Kelly McCann's Tactical Carbine (DVD)  
KGB Alpha Team Training Manual  
Kill or Get Killed  
Kill or Get Killed (1943 Edition)  
Killshots (DVD)  
Kissaki-Kai Karate-Do (DVD)  
Knife Fighting  
Knightly Dueling  
Knives of War  
Knives, Knife Fighting, and Related Hassles  
Kyusho Jutsu for Law Enforcement and Kyusho Jutsu Street Fighting (DVD)

## L

La Canne, Vols. 1–3 (DVD)  
La Pistola Táctica  
Leading Edge (DVD)  
Legacy of Steel (DVD)  
Legends and Reality of the AK  
Lessons on the English Longsword  
Letters from Elmer Keith  
License to Steal  
Life After Doomsday  
Life and Legacy of Frank Gotch  
Light Him Up! (DVD)  
Live Off the Land in the City and Country  
Living Safely in Dangerous Times (DVD)  
Living Well on Practically Nothing  
Living with Glocks  
Living with Terrorism  
Living with the 1911  
Living with the AR-15  
Living with the Big .50  
Long-Range War  
Long-Term Survival in the Coming Dark Age  
Loveless Legend (DVD)

## M

Makeshift Workshop Skills for Survival and Self-Reliance  
Making Do Vol. 1 (DVD)  
Making It Stick (DVD)  
Mantrapping  
Manual of the Baratero  
Martial Cane Concepts (DVD)  
Martial Marksmanship (DVD)  
Master Bladesmith  
Master Gunmaker's Guide to Building Bolt-Action Rifles  
Master of Defence  
Master of the Blade  
Mastering Fighting Folders (DVD)  
Mastering Sambo for Mixed Martial Arts  
Mastering the Balisong Knife  
Masters and Styles (DVD)

Masters of Medieval and Renaissance Martial Arts  
Medieval and Renaissance Dagger Combat  
Medieval Swordsmanship  
Mega-Gladiator Conditioning (DVD)  
Methods of Disguise  
Micronesian Blues  
Mike Hoare (DVD)  
Mike Hoare's Adventures in Africa  
Mini-14  
Minimum Damage, Maximum Effect (DVD)  
Missing Link (DVD)  
Modern Bounty Hunting  
Modern High-Security Locks  
Modern Identity Changer  
Modern Muzzleloading (DVD)  
Modern Survival Retreat  
Modern Swordsman  
Modern Weapons Caching  
Moment of Truth (DVD)  
Mook Jong Construction Manual  
Mook Jong Slam Set (DVD)  
More No Holds Barred Fighting  
More of the Deadliest Men Who Ever Lived  
More PVC Projects for the Outdoorsman  
More Tactical Reality  
More Workbench Silencers  
Muay Thai Kickboxing  
Myth of the Sword (DVD)

## N

New Bullwhip Book  
No Holds Barred Fighting  
Notes of a Russian Sniper (DVD)

## O

Official SKS Manual  
Official Soviet AK-74 Manual  
Official Soviet AKM Manual  
Official Soviet Mosin-Nagant Rifle Manual  
Official Soviet Mosin-Nagant Sniper Rifle Manual

Official Soviet SVD Manual  
One Against Many (DVD)  
One Strike, One Kill  
100 Greatest Combat Pistols  
150 Questions for a Guerrilla  
1,001 Street Fighting Secrets  
One-Round War  
Only Hits Count (DVD)  
Opening Combination Padlocks  
Out of Action  
Out of Business

## **P**

Pad Man (DVD)  
Paladin Book of Dangerously Fun Stuff  
Pankration  
Partisan's Companion  
Pattern-Welded Blade  
Pick Guns  
Point Shooting (DVD)  
Polearms of Paulus Hector Mair  
Poor Man's Scout Rifle  
Power Breaking  
Power Breaking for Sport and Self-Defense (DVD)  
Practical Hand-to-Hand Combat for the Police Officer (DVD)  
Practical Knife Fighting for Personal Protection (DVD)  
Pressure Point Jujitsu (DVD)  
Principia Discordia  
Principles of Personal Defense  
Privacy Handbook  
Professional's Guide to Ending Violence Quickly  
Professional's Guide to Pyrotechnics  
Pukulan Pentjak Silat (DVD)  
PVC Projects for the Outdoorsman

## **Q**

Quick and Dirty Guide to Learning Languages Fast  
Quick and Dirty Guide to War, 4<sup>th</sup> Edition

## R

Ragnar's Action Encyclopedia, Vol. 1  
Ragnar's Action Encyclopedia, Vol. 2  
Ragnar's Guide to Interviews, Investigations, and Interrogations  
Ragnar's Guide to the Underground Economy  
Ragnar's Ten Best Traps  
Ragnar's Urban Survival  
Ranger Handbook  
Real Fighting  
Real World Self-Defense  
Reality of Edged Weapons (DVD)  
Reflex Action (DVD)  
Renaissance Swordsmanship  
Rescuing Providence  
Restraint and Control Strategies (DVD)  
Revenge Encyclopedia  
Rhodesia Remembered  
Rifle Marksmanship  
Riot  
Riot Prevention and Control  
Road to Kalamata  
Ruger .22 Automatic Pistol  
Ruger 1022 Exotic Weapons System  
Running a Ring of Spies  
Running Recon  
Rural Surveillance

## S

Safe at Home (DVD)  
Safe House  
Safe in the City  
Safe in the Street (DVD)  
Sandow-Lewis Library  
Savage Science of Streetfighting  
Savage Strikes  
Scanners and Secret Frequencies  
Scientific Self-Defence  
Scottish Sword 1600–1945  
Scouting and Patrolling  
Screw unto Others

Seal Sniper Training Program  
Secrets of a Back-Alley ID Man  
Secrets of a Master Gunfighter (DVD)  
Secrets of Dim-Mak (DVD)  
Secrets of Harimau (DVD)  
Secrets of Lightning Scientific Arnis (DVD)  
Secrets of Lock Picking  
Secrets of Mental Marksmanship  
Secrets of Pangamot (DVD)  
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